

## **Minutes from District Health/Wellness Committee Meeting on Friday, January 18, 2019**

Attendance: Diane Northrup, Amy Riker, Veronica Bolhuis and Jillayne Krogel

Diane approved the minutes from our last meeting, Amy second it.

### **Food Service, Diane Northrup**

Diane has purchased \$600 in supplies for the hydroponics in the High School. Two small units are in the media center and one is in Alpuche's classroom. Two students from the Environmental Club are heading this project.

Diane has taste testing events scheduled during lunch at Kellogg Elementary and Ryan Intermediate towards the end of January. She plans to schedule more in the second half of the school year.

Chef Jet Tila from the Food Network will be at the Middle School on April 24<sup>th</sup> to present healthy eating and cooking tips to the students during lunch.

Diane has more potatoes to donate to the Ryan Garden Club.

**Correction: Diane will order more potatoes when the time is right along with other items of interest.**

Haven Church and Kellogg Elementary School will be the two locations for this summer's Meet Up to Eat Up program. This past summer they served 8,000 more meals than the year before.

Chartwells staff has had zero turnover this year!

### **Nurse/ Youth Depression Advisory Committee, Megan Asper**

Megan is teaching handwashing classes to the lower elementaries.

Is working on revising the school's lice policy.

Mobile dentist visits went well and they will return in April

Sherman Lake YMCA is going a different route this year, so instead of hosting an Interactive Health Fair they will be having a Sherman Lake YMCA Community Day that will showcase their facility and what they have to offer. We discussed planning a Fall Festival towards the beginning of the next school year. We would like to incorporate the Ryan garden somehow, have school/family activities and give families information on all programs Gull Lake Community Schools have to offer.

### **School Gardens and Outdoor Classrooms, Amy Riker**

Amy has proposed that the Ryan have grade level teacher leads to head up the garden for their grades.

Wenke Greenhouse has contacted her and they want to get involved in the schools and offered to help with garden curriculum. They have Wacky Wednesday sales and offered to pass on what is left over from that sale to the teachers at a very low price. They also have Good Neighbor Days and would like to have the teachers participate.

**Correction: Wacky Wednesday sales are completely free to teachers. Teachers pay nothing and get different plants. I will know what's available to have in classrooms on each Thursday following the Wacky Wed. sales. I will send out a weekly email to those teachers interested (I will send out an initial email to teachers detailing the deal) to see if they want the selections being offered.**

Amy is teaching a class at the partnership on gardening, food, cooking, etc. She is taking a class to become a certified phenologist – an expert on how plants and animals relate to the climate.

Correction: There is not a formal agreement in place for Amy to teach at the Partnership yet. So, at the moment, it's an offer on the table.

#### **Other Business**

Veronica presented information on the Native Bee Challenge, this year's 4H AG Innovators Experience. On February 23 and 24 they will be training teens to present a 90 minute science and engineering activity on bee keeping to 3<sup>rd</sup>-8<sup>th</sup> graders. Once the teens have been trained, they will start presenting working with the students.

**Meeting Adjournment: 10:40 am. The next meeting is scheduled for Friday, February 15<sup>th</sup> at 10:00am at the GL High School.**