



Eton Porny C. of E. First School

Lunch Menu: February 2019 – July 2019

| | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------|----------------------|--|---|---|--|--|
| WEEK 1 | MEAT/FISH | Barbeque Chicken and Rice | Beef Bolognaise Pasta Bake with Garlic Bread | Beef with Yorkshire Pudding and Roast Potatoes | Chicken Goujons with Potato Wedges | Battered Cod Fillet and Chips |
| | VEGETARIAN | Pepper Pizza with Mixed Salad | Vegetarian Burger in a Bun with Herb Diced Potatoes | Roast Quorn, Yorkshire Pudding and Roast Potatoes | Tomato and Vegetable Pasta | Jacket Potato |
| | JACKET POTATO | Cheese, Baked Beans or Tuna Mayonnaise | Cheese, Baked Beans or Tuna Mayonnaise | Cheese, Baked Beans or Tuna Mayonnaise | Cheese, Baked Beans or Tuna Mayonnaise | Cheese, Baked Beans or Tuna Mayonnaise |
| | VEGETABLES | Green Beans | Mixed vegetables | Peas and Carrots | Sweetcorn | Peas or Baked Beans |
| | DESSERT | Cocoa and Mandarin Sponge | Blackberry and Apple Flapjack | Orange and Mandarin Jelly | Pear Crumble and Custard | Lemon and Courgette Sponge |
| WEEK 2 | MEAT/FISH | Salmon Finger with rice | Beef Lasagne with Garlic Bread | Roast Pork, Roast Potatoes and Stuffing | Cottage Pie | Battered Cod Fillet and Chips |
| | VEGETARIAN | Cheese and Tomato Pizza with salad | Vegetable Curry with Wholegrain Rice | Vegetable and Cheesy Enchilada | Macaroni cheese with Garlic Bread | Jacket Potato |
| | JACKET POTATO | Cheese, Baked Beans or Tuna Mayonnaise | Cheese, Baked Beans or Tuna Mayonnaise | Cheese, Baked Beans or Tuna Mayonnaise | Cheese, Baked Beans or Tuna Mayonnaise | Cheese, Baked Beans or Tuna Mayonnaise |
| | VEGETABLES | Green Beans | Broccoli | Carrots and Cauliflower | Peas | Peas or Baked Beans |
| | DESSERT | Pineapple Upside Down Cake and Custard | Carrot Cake | Ice Cream and Fruit | Ginger and Orange Biscuit | Cheese and Biscuits |
| WEEK 3 | MEAT/FISH | Chicken Curry and Yellow Rice | Beef Burger with Herb Diced Potatoes | Roast Chicken, Roast Potatoes and Stuffing | Pork Sausages, Mash and Gravy | Battered Cod Fillet And Chips |
| | VEGETARIAN | Sweetcorn Pizza with Mixed Salad | Quorn Dippers With Herb Diced Potatoes | Sweet and Sour Quorn With Wholegrain Rice | Vegetarian Sausages, Mash and Gravy | Jacket Potato |
| | JACKET POTATO | Cheese, Baked Beans or Tuna Mayonnaise | Cheese, Baked Beans or Tuna Mayonnaise | Cheese, Baked Beans or Tuna Mayonnaise | Cheese, Baked Beans or Tuna Mayonnaise | Cheese, Baked Beans or Tuna Mayonnaise |
| | VEGETABLES | Broccoli | Sweetcorn | Carrots and Cabbage | Peas | Peas or Baked Beans |
| | DESSERT | Banana Sponge and Custard | Apricot Flapjack | Strawberry Mousse | Apple Crumble and Custard | Cocoa and Beetroot Sponge |

Available Daily:



