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Page 2: School Health Advisory Council (SHAC) Information

Q1 Name of your LEA: **Mooresville**

Q2 Please indicate the LEA SHAC contact person as appointed by the Superintendent.

First Name	Tanae
Last Name	Sump-McLean
Title	Chief Communications Officer/Title IX Coordinator/District SHAC Coordinator
Address	305 N Main Street
City	Mooresville
State	North Carolina
Zip Code	28115
Phone	7046582543
Email Address	tmclean@mgsd.k12.nc.us

Q3 Please list the names and titles of your SHAC members.

Debbie Marsh, Ed. D., MGSD Board Member; Jessica Rinaman, MMS teacher; Kim Killian, EMIS teacher; Kourtney Mohorter, LKN Regional Med Center Corporate Wellness Consultant; Ryan Villiard, MIS Asst Principal; Laurel Andrews, MHS Med Sciences Teacher; Reena Hathcock, School Nurse; Sandy Albert, Exec Dir of Student Services and EC; Abby Dunlap, Iredell Health; Brenda Johnson, School Nurse; Bart Mays, PVES PE Teacher; Carmen Johnson, Parent; Charles Hopkins, MHS Teacher / Coach; Cheryl Fellores, EMIS Teacher; Erin Stutts, MHS Teacher; Heather Roybal, Parent; Kara Kerley, EMIS PE Teacher; Kim McCall, Director of School Nutrition; Lisa McFarland, South PE Teacher; Mitzie McCurdy, LKN Regional Medical Center; Rachel Alcantara, School Nurse.

Q4 Please use the slider tool to indicate the number of members on your SHAC. **22**

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Q5 Regarding the composition of your SHAC, please indicate if you have members that represent each of the coordinated school health components of the Whole School, Whole Community, Whole Child (WSCC) model listed below. (select all that apply)

- Community Involvement Representative,**
- Health Education Representative,**
- Health Services Representative,**
- Counseling, Psychological, & Social Services Representative**
- Nutrition Environment & Services Representative,**
- Family Engagement Representative,**
- Physical Education & Physical Activity Representative,**
- Employee Wellness Representative**

Q6 How often did your SHAC meet in the past year?

Other, please specify:
We met 6 times during the 2017 - 2018 school year.

Q7 Does your SHAC provide reports to any of the following? (select all that apply)

- Local Board of Education,**
- Superintendent,**
- Community/Public**

Q8 Policy is defined as a definite course or method of action developed to guide and determine present and future decisions that will produce a specific outcome. Please list below the key Policy successes your SHAC achieved during the 2017-2018 school year.

Staff wellness programs were followed at schools throughout the district. Met nutrition standards and guidelines for food and beverages

Q9 Program and practice is defined as the way(s) that a plan or system is implemented in order to reach a specific goal. Please list below the key Program and Practice successes your SHAC achieved during the 2017-2018 school year.

We did surveys for both staff and students district wide to establish baselines regarding mental/emotional health and physical health so we would be able to begin measuring whether the practices we implement are having an effect on our constituents.

Q10 Has your SHAC used any of the following assessment tools for your LEA? (select all that apply)

- NC SHAC Manual Assessment Tool,**
- Local Wellness Policy Checklist**

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Q11 Does your SHAC use any of the following to inform their work? (select all that apply)

School Health Profiles Survey,
Healthy Active Children Policy Report

Other (please specify):

Input to survey issues to staff and students.

Q12 From the following areas of focus, please select the top three priorities from your SHAC's work over the course of the past year. Areas of focus include: Alcohol and Other Drugs; Family and Community Involvement; Health Education; Health Services; HIV/STD/Teen Pregnancy Prevention; Injury and Violence Prevention; Mental Health, Counseling, Social Work; Nutrition; Physical Activity; Physical Education; Safe School Environment; Staff Wellness; Tobacco

	Priority #1	Priority #2	Priority #3
Areas of focus:	Mental Health, Counseling, Social Work	Staff Wellness	Physical Activity

Q13 Does your SHAC use an Action Plan to guide its work?

Yes

Q14 Please let us know of specific resources and/or additional assistance you need. (select all that apply)

Evaluation,
Needs Assessment,
Successful Fundraisers,
Web-Based Resources

Q15 If your SHAC needs resources/assistance other than those listed in the previous question, please specify those needs here.

Respondent skipped this question

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Q16 In order to promote student health and reduce childhood obesity, does your Local Wellness Policy include:

Appropriate, evidence-based goals for nutrition education.	Yes
Appropriate, evidence-based goals for nutrition promotion.	Yes
Appropriate, evidence-based goals for physical activity.	Yes
Appropriate, evidence-based goals for other school-based activities designed to promote student wellness, reduce childhood obesity and address child hunger.	Yes
Nutrition guidelines for all foods and beverages sold on each school campus during the school day that are consistent with Federal regulations for school meal nutrition standards and the Smart Snacks in School nutrition standards.	Yes
Nutrition guidelines for all foods and beverages provided but not sold on the school campus during the school day, such as foods and beverages brought into the classroom for parties and events.	Yes
Policies for food and beverage marketing that restrict marketing and advertising to only those foods and beverages that meet Federal regulations for school meals nutrition standards and Smart Snacks in Schools nutrition standards.	Yes
Involvement of families, students, representatives of the school nutrition program, teachers of Physical Education, school health professionals, the school board, school administrators and the public in the development, implementation and periodic review and update of the Local Wellness Policy.	Yes
Communication to the public about the content and implementation of the Local Wellness Policy.	Yes
A plan for measuring implementation of the Local Wellness Policy, including designation of an LEA official to maintain responsibility for Local Wellness Policy implementation, compliance and reporting to the public.	Yes
Periodic measurement and assessment, available to the public on Local Wellness Policy implementation, including the extent to which schools are in compliance with the Local Wellness Policy, the extent to which the Local Wellness Policy compares to statutory requirements, and a description of the progress made in attaining the goals of the Local Wellness Policy.	Yes

Q17 Please use the slider tool to estimate the percentage of schools in your LEA that provide staff wellness programs. **100**

Q18 Please describe the types of staff wellness activities that are offered in your LEA.

Yoga classes, aerobics classes, walking groups, on-site Flu Shots, Employee Assistance Programs, Safety Trainings, Weight Loss groups.

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Q19 Please estimate the percentage of elementary students in your LEA that currently receive 150 minutes per week of Physical Education taught by a licensed Physical Education teacher. **0**

Q20 Please describe any challenges/barriers to providing all of your elementary students with 150 minutes of Physical Education per week.

While our students receive 150 minutes of physical activity a week, they are not all with a "licensed Physical Education Teacher." This is due to lack of funding for the amount of licensed PE teachers it would take to meet this goal.

Q21 Please estimate the percentage of middle school students in your LEA that currently receive 225 minutes per week of Healthful Living taught by licensed Health and Physical Education teachers. **0**

Q22 What percentage of the middle school Healthful Living courses in your district are divided into 50% Physical Education and 50% Health Education? **0**

Q23 Please describe any challenges/barriers to providing all of your middle school students with 225 minutes of Healthful Living per week.

Time and licensed teachers.

Q24 Does your LEA require daily:

Physical Education classes for students in all elementary schools in your district? **No**

Healthful Living classes for students in all middle schools in your district? **No**

Q25 Within your LEA, are there any teacher(s) that have withheld recess, intramurals, physical education, or other physical activity as a punishment? (This includes missing physical activity to make up work or to do extra work.) **No, there have been no teachers that have withheld any physical activity as punishment.**

Page 5: Compliance Regarding Withholding Physical Education

Q26 If one or more teachers in your LEA withheld physical activity (including physical education, recess, intramurals) as punishment, please indicate how you plan to bring such teachers into compliance with the Healthy Active Children Policy. Include barriers and successful strategies for compliance. **Respondent skipped this question**

Page 6: Physical Activity

Q27 ALL elementary schools in our LEA currently provide 30 minutes of daily moderate to vigorous physical activity.

Yes

Q28 Which of the following resources are used in your LEA to meet the physical activity requirement at the elementary school level? (select all that apply)

Classroom ,
Energizers
Physical Education,
Recess,

If other resources are not listed, please specify::

Dance and exercise videos.

Q29 ALL middle schools in our LEA currently provide 30 minutes of daily moderate to vigorous physical activity.

Yes

Q30 Which of the following resources are used in your LEA to meet the physical activity requirement at the middle school level? (select all that apply)

Classroom ,
Energizers
Intramurals,
Physical Education,
Recess

Q31 Within your LEA, the Healthy Active Children Policy is incorporated into which of the following: (select all that apply)

Safe Schools ,
Plan
School Improvement ,
Plan
Local Wellness
Policy

Page 7: Nutrition Environment & Services

Q32 Please indicate whether your LEA provides the following:

Offer a variety of healthful, appealing food and beverage options for students.	Yes
Demonstrate a commitment to utilizing non-food related strategies to recognize and reward students.	Yes
Offer nutrition education that aligns with national dietary guidelines.	Yes
Offer nutrition education that adheres to state academic standards.	Yes
Offer nutrition education that utilizes integrated instruction.	Yes
Offer nutrition education that is grade-specific.	Yes
Offer nutrition education that is sequential in building skills for students to choose, prepare and consume healthy foods and beverages.	Yes
Offer nutrition education that connects the classroom, cafeteria and community with involvement from teachers, school staff, School Nutrition professionals, families, students and the community.	Yes

Page 8: Coordinated School Health Programs (CSHP)

Q33 Does your LEA have a written community use of facilities policy that allows use of school athletic facilities or other school facilities by community members outside of school hours or when school is in not in session?	Yes, we have a written community use of facilities policy.
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Page 9: Community Use of Facilities Policy Publicity

Q34 You indicated that your LEA does have a written community use of facilities policy. Please select all of the methods that are used to publicize the policy.	Website
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Page 10: Technical Assistance

Q35 Please check the ways in which your LEA has received technical assistance in implementing Coordinated School Health Programs, the School Health Advisory Councils, and the Local Wellness Policy. (select all that apply)

Did not receive technical assistance	Coordinated School Health Programs, School Health Advisory Councils, Local Wellness Policy
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Page 11: Program Challenges and Overall Successes

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Q36 Please share any barriers that your LEA has encountered implementing the Healthy Active Children Policy during the 2017-2018 school year.

Time, resources, and interest.

Q37 Please take this time to highlight any other successes regarding the Healthy Active Children Policy in your LEA that were not mentioned before.

We established baselines for both student and staff emotional/mental wellness, physical wellness, and social wellness. This will allow us to see how our SHAC program is growing and helping our staff and students.

Page 12: Healthy Youth Act

Q38 Do you have a local policy that reflects the Healthy Youth Act (Reproductive Health and Safety Education)? **Yes**

Page 13: Policy Update: Healthy Youth Act

Q39 You indicated that your LEA has a local policy that reflects the Healthy Youth Act (Reproductive Health and Safety Education), when was the policy last updated? **Date** **02/13/2018**

Page 14: School Violence Prevention Act

Q40 Do you have a local policy that reflects the School Violence Prevention Act (Bullying and Harassment)? **Yes**

Page 15: Policy Update: School Violence Prevention Act

Q41 You indicated that your LEA has a local policy that reflects the School Violence Prevention Act (Bullying and Harassment), when was the policy last updated? **Date** **02/13/2018**
