

FEBRUARY 2019

High School



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Available Daily (depending on location): Grill Line— Cheeseburger, Veggie Burger, Chicken Patty, Spicy Chicken Patty, Fish Patty Pizza Line— Cheese, Pepperoni, Buffalo, French Bread Main Line— Featured Entrée on Monthly Menu Entrée Salads— Chicken Caesar, Garden, Taco, Summery Berry Sandwiches (M-TH w/Baked Chips)— Turkey, Turkey-Ham, Roast Beef, Egg Salad, or Tuna Salad PB&J and Yogurt Meals</p>				1
				<p>Breakfast Whole Grain Maple Bar</p> <p>Lunch Grill/Pizza Line</p> <p>Roasted Broccoli</p>
4	5	6 Washington Wednesday	7	8
No School—Snow Days		<p>Lunch BBQ Beef Rib Sandwich Baked Potato Wedges</p>	<p>Breakfast Berry Apple Crisp Bar String Cheese</p> <p>Lunch Chicken Eggroll Oven Fried Rice & Fortune Cookie</p>	<p>Breakfast Egg & Cheese Sandwich HOT Chocolate Milk</p> <p>Lunch Grill/Pizza Line</p>
11	12	13 Washington Wednesday	14 Valentine's Day	15
No School—Snow Days			<p>Breakfast Breakfast Quesadilla</p> <p>Lunch Sweet Chili Thai Chicken & Brown Rice or Chef's Choice *Strawberry Milk*</p>	Mid Winter Break
18 Presidents' Day	19	20 Washington Wednesday	21	22
Mid Winter Break	<p>Breakfast Whole Grain Cereal & Strawberry Grahams</p> <p>Lunch Nachos Grande With Shredded Lettuce & Salsa</p>	<p>Breakfast Vanilla Greek Yogurt Parfait with Granola</p> <p>Lunch Roasted Chicken & Garlic Toast</p>	<p>Breakfast Cocoa Cherry Bar & String Cheese</p> <p>Lunch Cheese Breadsticks Marinara Sauce or Chef's Choice</p>	<p>Breakfast Homemade Cinnamon Roll</p> <p>Lunch Grill/Pizza Line or Chicken Alfredo & Garlic Toast</p>
25	26	27 Washington Wednesday	28	<p>Harvest of the Month: DAIRY</p> <p>There are approximately 460 dairy farms in Washington, making it the 10th largest dairy-producing state in the US! Grab a locally-sourced milk every day to balance out your meals at school.</p>
<p>Breakfast Mini Cinnis</p> <p>Lunch Teriyaki Beef Dippers & Brown Rice</p>	<p>Breakfast Cinnamon French Toast & Turkey Sausage</p> <p>Lunch Nachos Grande With Shredded Lettuce & Salsa</p>	<p>Breakfast Chicken Biscuit Sandwich HOT Chocolate Milk</p> <p>Lunch Pulled Pork Sandwich with Crunchy Coleslaw</p>	<p>Breakfast Buttermilk Bar</p> <p>Lunch Mac & Cheese with Corn Dog</p>	

BREAKFAST: Served every morning before school with fruit, 100% juice and milk. Choice of cereal & graham crackers offered daily in addition to a hot entrée choice.

LUNCH: Salads, fresh fruit & vegetables & milk offered daily with lunch. A vegetarian choice is offered daily. No pork is served at elementary schools.

Washington Wednesday is our way of highlighting delicious local foods. We are proud to serve local dairy, whole grains, beans, fruits & vegetables.

QUESTIONS? Call the Nutrition Services Office at 206-631-3010. Menu subject to change.
This institution is an equal opportunity provider. Updated 02/13/2019

