

First and Last Name printed neatly: \_\_\_\_\_ Grade Level: \_\_\_\_\_ LA Teacher: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

**CESIT Selection for Fifth Six Weeks 2018-2019**

Number your first choice with a 1, second with a 2, third with a 3, and so on.....Look at your schedule and only choose a CESIT for the periods your schedule shows a CESIT class or a PE 7/8 Class (This is an Active CESIT).

**MAKE SURE YOU READ THE CLASS DESCRIPTIONS BEFORE CHOOSING A CLASS & GET TEACHER SIGNATURES FOR ASSISTANTS!!!**

First Period Classes	Second Period Classes	Third Period Classes
<p><b>Monday/Wednesday/Friday Classes</b>            _____ Films That Influenced Filmmakers            _____ Trivial Pursuit            _____ Veterinary Medicine</p> <p><b>Tuesday/Thursday Classes</b>            _____ Astronomy            _____ Films That Influenced Filmmakers            _____ Korean Cultures            _____ Trivial Pursuit            _____ Veterinary Medicine</p> <p><b>Everyday classes:</b>            _____ Art            _____ CNN            _____ Glass Fusion            _____ Keyboarding            _____ Pottery            _____ Teacher/Office/Library Assistant            _____ (Teacher Signature Required)</p> <p><b>Active CESITS: (7<sup>th</sup> &amp; 8<sup>th</sup> Grade P.E. Priority)</b>            _____ K-Pop Dance            _____ Weightlifting/Four Square</p>	<p><b>Everyday classes:</b>            _____ Art            _____ Glass Fusion            _____ Hot Shot            _____ Meditation and Dance for Joy            _____ Monopoly            _____ NPR Podcast Challenge            _____ Pottery            _____ Puzzles, Puzzles, and More Puzzles            _____ Save the Planet            _____ Shakespeare Addiction            _____ Teacher/Office/Library Assistant            _____ (Teacher Signature Required)</p> <p><b>Active CESITS: (7<sup>th</sup> &amp; 8<sup>th</sup> Grade P.E. Priority)</b>            _____ K-Pop Dance            _____ Nine Square            _____ Sportzapalooza</p>	<p><b>Monday/Wednesday/Friday Classes</b>            _____ College Dream Life            _____ D&amp;D-Cards-Pokémon and More            _____ Let's Draw            _____ Media Literacy            _____ Philosophy for Middle School</p> <p><b>Tuesday/Thursday Classes</b>            _____ College Dream Life            _____ D&amp;D-Cards-Pokémon and More            _____ Let's Draw            _____ Philosophy for Middle School</p> <p><b>Everyday classes:</b>            _____ Stop Action Lego Shorts            _____ Serious About Science            _____ Pottery            _____ CSA Roar            _____ Teacher/Office/Library Assistant            _____ (Teacher Signature Required)</p> <p><b>Active CESITS: (7<sup>th</sup> &amp; 8<sup>th</sup> Grade P.E. Priority)</b>            _____ Let's Have a Ball            _____ Nine Square            _____ Pilates/Zumba/HITT</p>

# CESIT CLASSES – Fifth Session

## NEW CLASSES THIS SESSION

### **College Dream Life**

In this class, you will explore what your life will be like in college. You will research dorm life, your activities, classes, the surrounding town or city, and what you need to do to prepare in high school. Each student will develop a digital presentation on a different college or colleges. Come learn and become inspired about your future!

### **Films That Influenced Filmmakers**

Students will watch, discuss, and analyze some of the most influential films of the past. Students should be prepared for black and white as well as silent films.

### **Hot Shot**

Enjoy making trick shots? This CESIT will test your skills with the impossible. Grab your camera and bring your ideas as we attempt various trick shots around the school.

### **K-Pop Dance** (*Active CESIT 7<sup>th</sup> & 8<sup>th</sup> Graders requiring PE have priority*)

K-Pop Dance is now all about dance and an active CESIT. Have you ever wanted to learn the dances to K-Pop songs? Join us as we explore intense choreography to the most popular K-Pop songs! Boys are welcome also as some of the most popular K-Pop groups are boy bands.

### **Let's Draw**

Do you love drawing? Want to try your hand at Manga? Cartooning? Zentangles? All of these can be easily learned with just a little practice. Maybe you already know how to do these. Come spend time practicing and honing your skills. Work at your own pace. This class is open to experts and newbies! *Get your daily drawing done here instead of during core classes.*

### **Media Literacy**

Media surrounds us everywhere. Books, television, movies, web sites, and social media are just a few examples. But who is making this media? What messages are they trying to send? How much money is being made off of these products? How can you tell if a "true" story is, in fact, true? In this CESIT, we will look at the basics of communication and becoming a wiser media consumer. We will also discuss strategies that you can use to evaluate different media messages. We will use current events as examples as we look at these topics.

### **Meditation and Dance for Joy**

Meditation (MWF)

Have you ever wondered why people meditate and why it is so good for you? Want to delve deeper into understanding all about this powerful practice and begin practicing it? Learn and experience first-hand the benefits of adding this dimension to your daily life.

Dance for Joy: (girls only class) TTH

This free form class is for people who love to dance their own dance. We will listen to rocking music and experience joy and fun while also getting a great cardio workout. Move your body the way you want to in this judgement free zone.

### **NPR Podcast Challenge**

NPR Student Podcast Challenge: In this class we will create a Podcast to submit to NPR. Our podcast will be entered along with many other from around the country!! We are looking for students who want to help CSA WIN. We will work hard to come up with a competitive and engaging topic. BUT..we will have lots of fun coming up with an engaging and entertaining way to create it. Serious participants only!

### **Philosophy for Middle School**

Learn about some famous philosophers and explore the idea of philosophy, as you learn more about yourself, and what is truly important in life!

### **Serious About Science**

In this class we will discover the many cool aspects of science in our everyday lives to jobs that deal with science on a day to day basis. From mini-labs and experiments, to exploring the latest scientific discoveries, this class will try to hit it all! If you have a love for science or a passion for learning new things this is the class for you.

### **Shakespeare Addiction**

Learn the specifics about theatre during Shakespeare's time, words that Shakespeare invented, and of course, read some friendly versions of Shakespeare's plays!

### **Stop Action Lego Shorts**

Students will work in groups to script and create Lego Stop Action Shorts.

## **REGULAR/CONTINUING CLASSES**

### **Art**

In this class you will be able to experience many different mediums (some perhaps you've never tried before)!

Some will include: soft pastels, oil pastels, water colors and printmaking! We'll focus on different styles used by current artists and artists from the past. Time permitting, a mini sculpture will be included!!!

### **Astronomy**

Check out space through the eyes of NASA and the passion of Rebeca M's father as he takes you out for space explorations.

### **CNN Newscast**

Are you interested in learning how to create videos? Do you want to be a part of the announcements? Are you motivated and a self-starter? Come and learn how to make a really great newscast for the daily school announcements.

### **CSA Roar**

Do you want to write for our school newspaper, "The CSA Roar"? Come and be a part of the CSA Roar team and learn newswriting skills as well as how to do layout and design of the school news.

### **Exploring Korean Cultures**

Learn about Korea from lifestyles, trends, history, and food. Taught by Joanne Kim from the district Bilingual Department.

### **Glass Fusion**

Students will learn the different methods of cutting, fusing and slumping glass in a kiln into works of art. We will complete various projects which may include coasters, bowls, platters, candle holders and student choice using free-form and/or patterns and molds, cut glass and/or frit and tack fuse and full fuse methods.

### **Keyboarding**

Are you tired of trying to type up your class essays with two fingers? Does it take more time to do that and correct errors than it does to write it by hand? Then try this keyboarding class. Let's face it, you will be typing essays and stories throughout your education. You might as well start practicing now. Touch-typing is the act of using the keyboard without looking at your hands.

This class will provide the time and practice for you to learn the keys and the typing skills you will need to write those future essays.

### **Library Assistant**

Students at the end of the six weeks will know and be able to follow library procedures, such as, but not limited to, arrangement and shelving of library materials, use of the library circulation program, and processing procedures for new library the acquisitions. You must have a signature from Mrs. Vergult to be a library assistant.

### **Let's Have a Ball** (*Active CESIT 7<sup>th</sup> & 8<sup>th</sup> Graders requiring PE have priority*)

Rotate between the games of basketball, matball, and kickball. You are sure to have a ball. Please plan to play matball at least twice a week. If you do not like matball, DO NOT sign up for this course.

### **Magic, Pokémon, D&D, and More Card Games**

Do you want to learn a new card game? Do you need some extra time to practice your skills in playing card games you already know? How about some time to research the cards you already own to find their value or discover the most effective way to use them in a game. If so, bring your Dungeon & Dragon, Magic or Pokémon cards and join us third period to share strategies, build decks for play, or challenge each other to epic battles!

### **Monopoly**

Let's get together and play the well-known game that involves both the process of buying land for its development, and also the sale of any undeveloped property. It was also created as a tool to explain the single tax theory and illustrate the negative aspects of concentrating land in private monopolies.

### **Nine Square** (*Active CESIT 7<sup>th</sup> & 8<sup>th</sup> Graders requiring PE have priority*)

Enjoy the game that everyone loves to play at lunch but without the line. Come out and have a blast.

### **Pilates/Zumba/HIIT** (*Active CESIT 7<sup>th</sup> & 8<sup>th</sup> Graders requiring PE have priority*)

Are you looking to get fit? Then this is the place for you. We will work on our entire body with a combination of low-impact and high-impact exercises. This is a great way to condition if you are already participating in an outside sport!

### **Pottery**

We will begin with basic properties of clay, techniques to teach you skills to use on more advanced projects. Some of the projects we will do include: Alien planters, wide mouthed fish candy dish, animal masks and hand built vases. This is such an enjoyable class, who doesn't love clay?

### **Puzzles, Puzzles, and More Puzzles!**

Do you love the challenge of doing jigsaw puzzles, word puzzles, or logic puzzles? Do you love the feel of accomplishment when you place that last piece into a 500 or 1000 piece puzzle you and your friends have been working on for a couple of days? Puzzles are not only fun, they improve your problem solving skills, memory, and concentration so join us second period for Puzzles, Puzzles, and More Puzzles!

### **Save the Planet**

Learn about the issues affecting planet Earth and what you can do to help. We will watch documentaries, movies, and TED talks and share our ideas about these important topics.

### **Sportzapalooza** (*Active CESIT 7<sup>th</sup> & 8<sup>th</sup> Graders requiring PE have priority*)

Are you a sports fanatic?! Come compete in all kinds of sports, such as flag football, soccer, and kickball just to name a few. Who knows, we may even do some tennis, baseball or track. We will be mixing up the sports each day - anything is possible in Sportzapalooza.

### **Teacher/Office Assistant**

Students who want to be office assistants will be expected to assist the staff in clerical duties such as photocopying, filing, running errands, and organizing classrooms. Almost every teacher and the office would love to have dependable and responsible student helpers. You must have a signature from a teacher to be an assistant.

### **Veterinary Medicine**

If you are interested in pursuing a career in veterinary medicine this is the CESIT for you! In this class we will discover all sorts of species and how to maintain their health. We will watch videos on how procedures are carried out and what goes on in the day to day life of a vet.

### **Weightlifting/Four Square** (*Active CESIT 7<sup>th</sup> & 8<sup>th</sup> Graders requiring PE have priority*)

You will lift weights three days a week and play four square the other two. Bulk it up Cornerstone!