

Eden Prairie Schools Wellness meeting notes:

Date of meeting 3-13-18 (3pm (Mill Creek room in Admin. Building)

Attending: Kristin Treptow, Roxann Roushar, Terri Swartout, Jason Mutzenberger, Herman Moncada, Zella Sahar, Jane Lough, Sujata Costello, Chuck Knuth,

1. Discussed (Kristin) and presented the Foodservice promotional video
 - a. The video highlights the fresh fruits and vegetables offered every day, how the bakery makes almost all the breads fresh daily and the cook chill system for in-house made soups and sauces.
 - b. Discussed how we can push this video out to all the parents and possibly students to show how fresh the food is that Foodservice provides.
 - c. There is a Super Hero Day in May that may be a good theme to send out this video and the new wellness flyer. Foodservice staff can be our “super hero”
2. Tours of the kitchen at the high school was brought up
 - a. Roxann and Kristin informed us that there were one or two tours each week and if the “Foods Class” at the high school wanted a tour they were open to that opportunity
3. Does the MN version of the wellness program allow exceptions was brought up – Terri did not think there were any exceptions but Chuck thought there were, so he will research it some more
4. Discussed Wellness Guide:
 - a. 4 main themes of this guide – Snacks/Celebrations/Rewards/Fundraisers
 - b. Discussed how to send it out after the principles and cabinet look at it (parent &/or staff post.
 - c. What to call it – final name may be “Wellness Nutrition Summary”
 - d. Discussed that next year this committee will invest more time into the activity portion of the wellness program thus possible creating a “Wellness Activity Summary” hand out
5. Discussed K-12 upcoming student survey (12 questions – Food/on-line learning/internet access)
6. The meal planning handouts we received will be further discussed in the April 24th meeting
7. Hernan brought up if teachers could get included in the online lunch payment system, so they could more easily buy lunches with funds already deposited into their account.
 - a. The current system has teachers having to cut a check and bring it to school to deposit funds verses the ease of using a credit card on-line like parents can currently use
 - b. This is being reviewed and requested of the current on-line vender.
8. Terri is stepping down from being on this committee since she is on the School Board. The committee will look for a replacement “community member”.

Next meeting will be in April – Date TBA– same time. The location will be at the high School for a tour of the kitchen and some samples of food plus a discussion & examples of how the menu meets the nutritional guidelines.