

INDEPENDENT SCHOOL DISTRICT 272 ~ EDEN PRAIRIE SCHOOLS OFFICAL MINUTES OF THE
JANUARY 9, 2018 WELLNESS MEETING

Our Purpose

The school wellness committee is an advisory group including school staff, parents, and community members concerned with the health and well-being of students and staff. We will monitor the implementation and effectiveness of the school district's Local Wellness Policy according the Healthy, Hunger-Free Kids act of 2010 and study and make recommendations regarding wellness related issues.

The regular meeting of the Independent School District 272 Wellness Committee was held on the 9th of January 2018 in the Mill Creek room, located at 8100 School Road, Eden Prairie, Minnesota.

1. CONVENE
 - A. Committee members present: Kristin Treptow, Roxann Roushar, Jason Mutzenberger, Hernan Moncada, Zella Sahar, Sujata Costello, Chuck Knuth, Sue Frei, Jane Lough and Sheryl Keeley

2. MEETING MINUTES:
 1. Jason gave a recap of our agenda today and brief history of our past meetings.
 2. Chuck and Kristin explain their thoughts on how and why they chose their content for their different drafts.
 3. The group discussed combining the two drafts and or updating the simpler one that Kristin and Roxann created by adding a few extra notes. The thought is that the 3-page detailed draft of the wellness policy outline would be for our teachers, principals and staff and the simple one for parents & teachers.
 4. Jason spoke about what format/process to communicate to the levels of staff throughout the year regarding wellness information
 5. Both Kristin and Jason spoke about a new on-line order guide for classroom parties that EP Schools is about to launch.
 - a. The idea was well received in the group as it provides nutritious options for classroom parties and nutritional information would be readily available on all snack options (allergies)
 - b. Sujata brought up the idea of having parents be able to order individual snacks for their kids. This was discussed as possible but a year or two out as the Foodservice department needs to first get the classroom snacks order system going smoothly and waste and product availability was discussed

6. Kristin spoke about launching a food survey to ask kids about how they felt about the current menu's (what options do the students want to see / what are their least and favorite foods on the menu)
7. The topic of fried foods on the menu was brought up. The Elementary students do have less choices than the High School so having less pre-fried menu options while balancing participation is tricky but Kristin and Roxann have made some menu adjustments for future menu's.
8. There was discussion about if the current system could limit what foods the kids chose for ala carte options. There is no current limit, but a parent can limit a child to just the main lunch reimbursable means options or to a dollar amount per day and parents can see what a child has purchased every day, so the parents are empowered to have discussions with their kids about healthy choices.

Next meeting March 13th – same time and location – meeting focus will be Food Choices on Menu's, also the committee will review the final versions of the Wellness information sheets.