

Official Minutes of the November 14, 2017 Wellness Meeting
INDEPENDENT SCHOOL DISTRICT 272 ~ EDEN PRAIRIE SCHOOLS
OFFICAL MINUTES OF THE OCTOBER 17, 2017
WELLNESS MEETING

Our Purpose

The school wellness committee is an advisory group including school staff, parents, and community members concerned with the health and well-being of students and staff. We will monitor the implementation and effectiveness of the school district's Local Wellness Policy according the Healthy, Hunger-Free Kids act of 2010 and study and make recommendations regarding wellness related issues.

The regular meeting of the Independent School District 272 Wellness Committee was held on the 14th day of November 2017 in the Mill Creek room, located at 8100 School Road, Eden Prairie, Minnesota.

1. CONVENE

A. Committee members present: Kristin Treptow, Roxann Roushar, Terri Swartout, Jason Mutzenberger, Herman Moncada, Chuck Knuth, Sujata Costello and Zella Sahar

2. MEETING MINUTES:

1. Ideas were discussed for building an information sheet to hand out to the principals and teachers.
2. Ideas were discussed on what content to put on a flyer for the teachers and parents with ideas for healthy snack choices.
3. These information sheets would be focused on birthday parties, holiday parties and better choices for parents sending snacks to school.
4. Discuss how to notify clubs of the healthy foods in school regulations as some clubs are selling candy (example – Gratitude Grams are suckers with notes to friends that is facilitated by a high school club).
5. Discussed what is the consequences of schools or staff not following the guidelines/mandates from the state – examples are Jason talking to principles about infractions or the Foodservice department gets written up by the state for non-compliance of the healthy snack/meals state & federal guidelines.
6. Discussed where to find information on “Smart Snack” guidelines and an on-line calculator – more research needed – we will include this information in the communication sheet.
7. Discussed what main points to put on the policy page (guidelines on compliance, list of examples, facts about the laws, who this involves and who is responsible to implement it).
8. We discussed how to market this wellness/smart snacks information as in flyers but also possibly posters on school entry doors or cafeterias during back to school week.

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9. Lunch menu's topic brought up (nutritional values of each lunch options, how many fried foods on menu, is our high school on the USDA program?) We agreed to table this larger discussion for next meeting as we could spend more time discussing the topic.
10. Next meeting is planned to be 1/3 Communication sheet on wellness/smart snacks review and 2/3 on menu discussion.

Draft of Communication sheet on wellness/smart snacks is due to the committee by December 11th.
Chuck agreed to work with Roxann & Kristen to create a draft.

Next meeting January 9th – same time and location