

## CHILD NUTRITION BOOKS

TITLE / SUBJECT	AUTHOR / PUBLISHER
<b>Child of Mine: Feeding With Love and Good Sense</b>	Ellyn Satter, Bull Publishing, April, 2000
<b>Children's Quick &amp; Easy Cookbook</b> (Superb illustrations for real meals, snacks, and desserts)	DK Publishing
<b>How To Get Your Kid To Eat but Not Too Much</b>	Ellyn Satter, Oct 1987
<b>Multicultural Meals, and other Kid Power titles</b> (Loads of healthy recipes like Japanese tofu steaks, vegetable curry, Greek salad and spinach quiche)	Crabtree
<b>The Children's Step-by-Step Cookbook</b> (Perfect for beginners)	DK Publishing
<b>The Cooking Book</b> (Its emphasis is on desserts and snacks appealing to toddlers and preschoolers)	DK Publishing
<b>The Young Chef's Chinese Cookbook</b> (Step-by-step guide for popular dishes and some cultural history too. The series also includes French, Italian, and Mexican cuisines)	Crabtree