Cupertino High School

10th Grade Spring Parent Night - Breakout Sessions Wednesday, February 13, 2019

	Times & Locations	Bob Gomez Theatre	College and Career Center	Cafeteria	Library
	6:30- 7:00	General Session in Bob Gomez Theater			
Session 1	7:05-7:30	College Admission 101	Student/Teen Wellness	Prepping for College Level Courses	Career Pathways
Session 2	7:35-8:00	College Admission 101	Student/Teen Wellness	Prepping for College Level Courses	Career Pathways
Session 3	8:05-8:30	College Admission 101	Student/Teen Wellness	Prepping for College Level Courses	Career Pathways

Workshop Descriptions

<u>College Admission 101 (Theater)</u>: An introduction to the college systems, eligibility guidelines, and the college admission decision process and trends.

Presented by: Gregg Buie

Student/Teen Wellness (CCC): An introduction to ways students can be healthy and balanced, what you can do as a parent to effectively communicate with your student and support them, trends at CHS, and an overview of our new social-emotional school-wide curriculum.

Presented by: Lisa Sheehy

<u>Prepping for College Level Courses (Cafeteria)</u>: Review the AP/Honors demands your student will experience in the upcoming year(s). Discuss time management and study skill tips for rigorous courses and schedules.

Presented by: Andy Walczak and Davina Santos

<u>Career Pathways (Library)</u>: Learn about job trends and what it means for your student's future and how they can prepare themselves. This includes an overview of concurrent enrollment at our local community colleges and other ideas for students to explore possible career pathways.

Presented by: Belinda Olson