

## *Emotional Intelligence: What it is and why it matters*

Does emotional intelligence really matter more than IQ? And if so, what does this mean for teachers and learning? If these questions intrigue you, this is the session for you.

***John Sanville ~ February 5, 2019***

## Why EI is of interest to me

---



*Once upon a time . . .*



## Looking for “emotional intelligence” in a coach paid off for the Eagles

Posted by Josh Alper on January 22, 2018, 3:28 PM EST

After the Eagles fired Chip Kelly before the end of his third season as the team’s head coach, Eagles owner Jeffrey Lurie said that “**emotional intelligence**” was a trait he was looking for in the next man to fill the job.

It’s not the kind of thing that normally comes up during a discussion of what a football team is looking for in a head coach, but it came up again on Sunday night when Lurie spoke to the media after his team advanced to Super Bowl LII. He acknowledged that people laughed about that phrase, but said he felt even more certain that



Getty Images



## Think about your personal experiences

---

- Your favorite vs. your not so favorite supervisors - no names please!
- What was it about these two individuals that made them memorable - their actions, behaviors, and how they made you feel

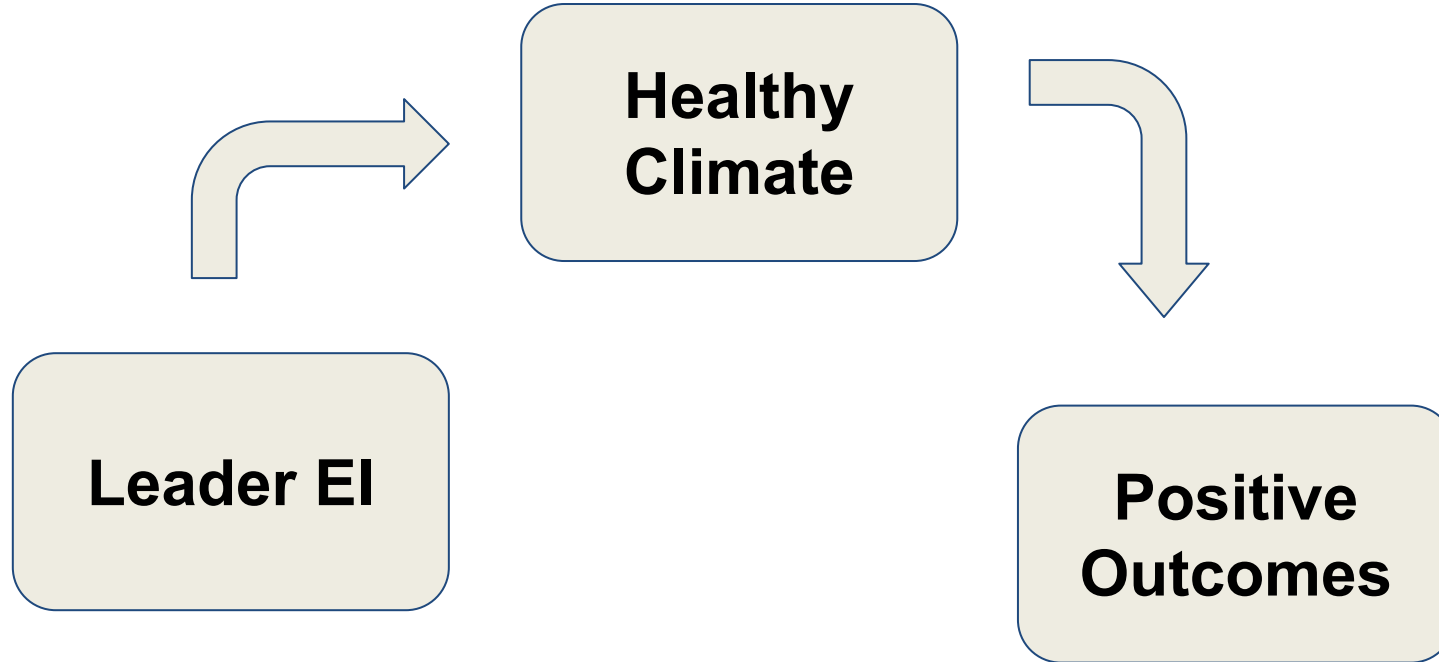
## Emotional Intelligence

---

*One's ability to  
manage emotions and  
handle relationships*

## My Hypothesis

---



## EI ~ The Goleman Construct

---

- ***Self Awareness Cluster*** - concerns knowing one's internal states, preferences, resources, and intuitions. The Self Awareness Cluster contains three competencies.
- ***Self Management Cluster*** - refers to managing one's' internal states, impulses, and resources. The Self Management Cluster contains six competencies.
- ***Social Awareness Cluster*** - refers to how people handle relationships and their awareness of others feelings, needs, and concerns. The Social Awareness Cluster contains three competencies.
- ***Relationship Management Cluster*** - concerns the skill or adeptness at inducing desirable responses in others. The Relationship Management Cluster contains six competencies



## The ECI 2.0

---

- Designed as a 360 survey
- Provides us examples of the behaviors, actions, and habits of the emotionally intelligent person

## Three Threes

---

- On the back of your supervisor reflection sheet
- This is a self reflection/awareness exercise that is for your eyes only
- Choose three areas of your life that are of importance to you
- In each of the three areas identify three actions/behaviors/skills related to EI that may enhance, improve, grow your relationships in these areas

## Resources

Consortium for Research on  
Emotional Intelligence in Organizations

Home About Us Videos Site Map Links Contact Us **DOCTORAL PROGRAMS**

<http://www.eiconsortium.org/>

**Yale** *Center for Emotional Intelligence*

Who We Are What We Do Real Stories Publications Media & Events

<http://ei.yale.edu/>

## Questions or Comments?

---

