



Kindness Week begins next Monday! The following events will be put on by the Kindness Club throughout the week to spread kindness throughout the school from Kindergarten to Grade 5.

Events will take place in the classroom as well as during morning, snack, and lunch recess times. Books with the theme of Kindness will also be put on display in the library throughout the week.

Be sure to share your week of kindness with the hashtag #CISKindKids

Make a Difference Monday - Random acts of kindness.

- Caught Being Kind Hearts: Come make a heart if you want to recognize someone for being kind, this will then be put up in the library to our kindness tree. Every day add leaves to our kindness tree and watch it bloom! This activity runs all week long.
- Start working on the week-long Kindness Challenge
- Community Puzzle: Come help us put a piece or two in our community puzzle.

Treat Others with Kindness Tuesday - Be a kind friend to everyone.

- Kindness Bookmarks: Create a Kind bookmark to give to a friend or to have us place in a random book at the library to brighten someone's day.
- Meet some new friends for lunch: During lunchtime today, students will be mixed up at the tables to have an opportunity to meet some new friends in different classes!
- Caught Being Kind Hearts
- Community Puzzle

What Can I Do to Help Wednesday - Showing empathy.

- Kindness Jar Challenge: Come pick a kindness challenge card out of the Kindness Jar and see if you can complete the challenge!
- Caught Being Kind Hearts
- Community Puzzle

Thank You Thursday - Showing appreciation.

- Kind Notes for Teachers: Brighten a teacher's day by creating a kind note for one or more of your teachers at the appreciation station. Don't forget to turn in your Kindness Challenge forms!
- Caught Being Kind Hearts
- Community Puzzle