



Don't forget to eat your vegetables.



St. Joan Antida Breakfast

March
2019

MONDAY

All menus meeting Federal Nutritional requirements. Menus are subject to change but will always meet these requirements.

Whole Grain Muffin w/ Cheese Stick

Vegetable Selection
Chilled Pears
Milk

Great Northern Cinnamon Roll w/Cheese Stick

Vegetable Selection
Applesauce
Milk

Brown Sugar Cinnamon Pop Tart w/Cheesestick

Vegetable Selection
Chilled Apricots
Milk

Great Northern Cinnamon Roll
Cheese Stick

Vegetable Selection
Apple Juice
Milk

TUESDAY

In accordance with federal civil rights laws, the USDA programs are prohibited from discrimination based on race, color, national origin, sex, disability or age.

HOT Egg and Cheese Bagel Sandwich

Hash Brown Patty
Orange Juice
Milk

Hot Tony's Breakfast Pizza

Vegetable Selection
Fresh Orange
Milk

HOT Egg Patty w/Hash Brown*

Vegetable Selection
Orange Juice
Milk

Hot Cheese Omelet w/Hash Brown Patty

Vegetable Selection
Fresh Orange
Milk

WEDNESDAY

Long John w/Cheese Stick

Vegetable Selection
Mandarin Oranges
Milk

Hot Pancake and Sausage Link

Vegetable Selection
Chilled Peaches
Milk

Hot Sausage and Cheese Biscuit

Vegetable Selection
Mixed Fruit
Milk

Hot WG Pancakes w/Syrup

Vegetable Selection
Applesauce
Milk

THURSDAY

Hot French Toast Sticks w/Sausage and Cranberry Sauce

Vegetable Selection
Apple Juice
Milk

WG Blueberry Muffin w/Margarine Cheese Stick

Vegetable Selection
Apple Juice
Milk

Hot Cinnamon Swirl French Toast w/Sausage Patty

Vegetable Selection
Fresh Apple
Milk

Hot Waffle Sticks w/Syrup

Vegetable Selection
Fresh Apple
Milk

FRIDAY

Brekkie Breakfast Cookie

Vegetable Selection
Chilled Apricots
Milk

HOT Egg Patty w/ Cheese on an English Muffin

Vegetable Selection
Fresh Apple
Milk

Hot Waffle w/Syrup and a Cheesestick

Vegetable Selection
Pineapple Tidbits
Milk

Fruit Nutri Grain Bar w/Cheese Stick

Vegetable Selection
Chilled Pears
Milk

Blueberry Loaf w/Cheese stick

Vegetable Selection
Orange Juice
Milk

Contacts

If you have questions or comments, please call Chef Brian at 414-442-5854.

Got Milk?

If you have questions or comments, please call Chef Brian at 414-442-5854. Milk choice of 1% White, Skim or Chocolate Skim is included with Breakfast.

