

SLOUGH AND ETON REVIEW

JANUARY ISSUE – 31st January 2019

NEW YEAR, NEW TERM

Dear Parents

It seems unbelievable that we are already at the end of January. The first 3 weeks of this term have been busy ones and the cold weather has certainly kept us on our toes this week!

We welcomed some new members of staff to the school this term, Mr Prasher in Maths and Mr Ouedraogo in French. We have also had mocks for Year 11 students and Year 13 parents' evening. Next month we begin our options process for Year 9 students and are now also receiving applications for the Sixth Form.

Some parents have complained about the way others drive into school and don't consider students who are walking in. Please keep this in mind and make sure, where possible, students are dropped off and collected away from the school gates.

We always welcome feedback from parents about our work so if you have any, good or bad, please let us know by emailing the school or calling to tell us about your thoughts.

We always try our best but want everything to be the very best that it can be.

Best wishes

Mr Collins

Headteacher

Thursday 14th February 2019 - Year 9 Parents' Evening

Monday 18th February - Friday 22nd February - Half Term Holidays



Have a story you would like included in next months newsletter ?

Please contact us with your story. Email : sloughandetonreview@slougheton.com

Work Hard - Be Nice - No Excuses

Seniores

Tanmanjeet Singh "Tan" Dhesi -MP



On Thursday 24th January, Seniores were fortunate enough to hear from Tan Dhesi on his life story and his work as an MP.

Tan was born in Chalvey, worked hard at school and studied at UCL, Oxford and Cambridge. He then worked for a construction company for a while before getting involved in local politics and eventually becoming the MP for Slough in 2017.

He said that he has been guided in his life by always following causes that he is passionate about, as well as reading widely about subjects that interest him. One of those passions is languages - in fact he is able to converse in seven languages other than English (French, Hindi, Urdu, Punjabi, Latin, German and Italian).

We managed to avoid mentioning the B-word for about 20 minutes, but that didn't last. Given that Tan has recently voted on some of the most important decisions affecting the future of the UK's relationship with Europe, it was great to hear his own views on the current state of affairs... in case you're wondering, he campaigned for Remain but now thinks it's best to get on with it.

Overall it was a great evening. Tan embodies the message that he shared with us: that no matter what your background is, anyone can make it.



Tanmanjeet Singh "Tan" Dhesi MP is a British Labour Party politician. He was elected as the Member of Parliament for Slough in 2017.

SCHOOL ATTENDANCE MATTERS

School starts at 8.30am

Our end of year **attendance target** is for every student to reach a **minimum of 96%** attendance. Therefore, to help support this please adhere to the following;

Registration: All students **MUST** arrive by **8.30am**.

Punctuality: Any student that arrives in school after 8.30am is marked late and advised accordingly of sanctions in place. If lateness persists, parents/carers will be contacted to discuss this matter further. If no improvement is made then the Attendance Service at Slough Borough Council may issue a Warning/Penalty Notice.

Absence: If a student is absent from school due to illness or has a medical appointment, we will require a parent/carer to contact the school by telephoning the absence line on 01753 486047 ext. 285 by **9.30 am** or emailing: attendance@slougheton.com. On the student's return to school he/she must **bring a signed note with the explanation** of the absence and/or medical evidence.

Appointments: There has been an increased number of appointments this half term. We know sometimes it is difficult to control some appointments, however, if possible please make appointments after school, towards the end of the day, or during the school holidays to minimise absence.

If a student has a medical/dental appointment during the school day, we **must** see proof of this appointment. For safeguarding reasons, students from Years 7 to 11 must be collected by their parent/carer from the school reception as **no** student will be allowed to leave the school site unaccompanied.

Leave of Absence Request: Forms are available from the school, however, **no** holiday will be authorised unless for **exceptional circumstances** in which case evidence may be requested. Unauthorised absence may incur occur a penalty notice.



MINUTES LATE	IMPACT ON YOUR ATTENDANCE IN A YEAR
5 MINUTES A DAY =	3.4 days 98.4% attendance
10 MINUTES A DAY =	6.9 days 97.6% attendance
15 MINUTES A DAY =	10.3 days 94.6% attendance
20 MINUTES A DAY =	13.8 days 92.9% attendance
30 MINUTES A DAY =	20.7 days 89.2% attendance



Headteacher's Commendations

Students met with Mr Collins on Monday 21st January to receive a Headteacher Commendation. Very well done!



Suleiman	Year 7
Yusuf	Year 7
Hamza	Year 7
Zain	Year 7
Vinaay	Year 7
Paris	Year 7
Othman	Year 7
Saad	Year 7
Charlie	Year 7
Apiraami	Year 8
Eunice Fei	Year 8
Amani	Year 8
Maariya	Year 8
Awais	Year 8
Adam	Year 8
Ana	Year 8
Syed	Year 8

for representing the school in a Boccia tournament against other Slough schools, coming 2nd overall.

for their incredible hard work on a 10 week STEM project.

*for her consistent hard work in French lessons,
for his persistent hard work and excellent attitude to
learning in French lessons.*

Author Visit - Matt Dickinson



Matt Dickinson is a film-maker and writer who is best known for his award winning novels and his documentary work for National Geographic Television, Discovery Channel and the BBC. Dickinson was one of the climbers caught in the 1996 Mount Everest disaster.

Our students were very privileged to have a talk on the 18th December by Matt Dickinson who is an author, film maker and Mount Everest summiteer.

Matt enthralled our students with stories from his climb up Mount Everest and had some fabulous slides to show our students'.

All students from Year 7 & 8, our GCSE Geography students from Years 10 & 11 and our Duke of Edinburgh Year 12 students and PE Year 12 students were able to hear about Matt's adventures.





KING'S *College* LONDON



Brilliant Club – Launch Trip to King's College

On 11th of January eight Year 12 Students started their journey with the Brilliant Club, as part of their Scholar's programme. They visited King's College to get a taste of university life, visiting the grounds of their main campus and meeting Lecturers and Student ambassadors as part of their Launch trip.

The Launch Trip involved:

- A tour
- A research skills session
- The chance to meet and ask questions of current students



The students Djellza, Millie-Mae, Rومان, Yasmina, Humza, Umakayar, Yaxye and Awais had a great day at King's College and have well truly started the Brilliant Club brilliantly.





Couch to 5k

No matter
how slow
you go,
you are still
lapping
everybody
on the couch.

COUCH TO 5K
WILL IMPROVE THE
HEALTH OF YOUR
HEART AND LUNGS

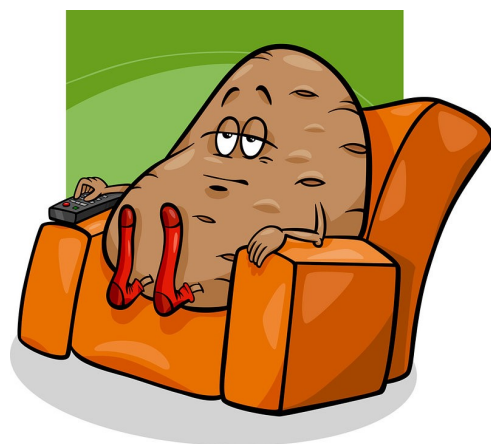
GET UP OFF THAT COUCH AND RUN!

Miss Dale and Mrs Culkeen are running a 'Couch to 5K' extra-curricular club.

It is designed to encourage staff and students who have never run before, be able to run 5km in 6-8 weeks.

The club will run on
Monday,
Wednesday and
Friday from
2.50pm - 3.40pm.

Please bring your PE
attire, a water bottle
and inhaler. We hope
to see you all there.





The Year 9 English Transition class visited the Tower of London on Tuesday 22nd January 2019. The Tower of London, officially Her Majesty's Royal Palace and Fortress of the Tower of London, is a historic castle located on the north bank of the River Thames in central London.

The Tower of London, has, over the centuries, acquired a fearsome reputation as one of England's most notorious prisons, despite being built for a different purpose.

*Students took part in a Crime and Punishment through the ages workshop to understand what it was like to put themselves into the prisoner's shoes, where they might have been locked up, what the Tower was like for a prisoner and what crime might have been committed?
An excellent trip and thoroughly enjoyed by all.*





Medical Room

Medical Room

Our medical room has moved – it is now behind the Food Cube. If students need help with medication or feel unwell they must speak to their teacher in the first instance. They will then be given an '*out of class pass*' to enable them to come out of their lesson. They must knock and wait for Miss Rai to come to the door.



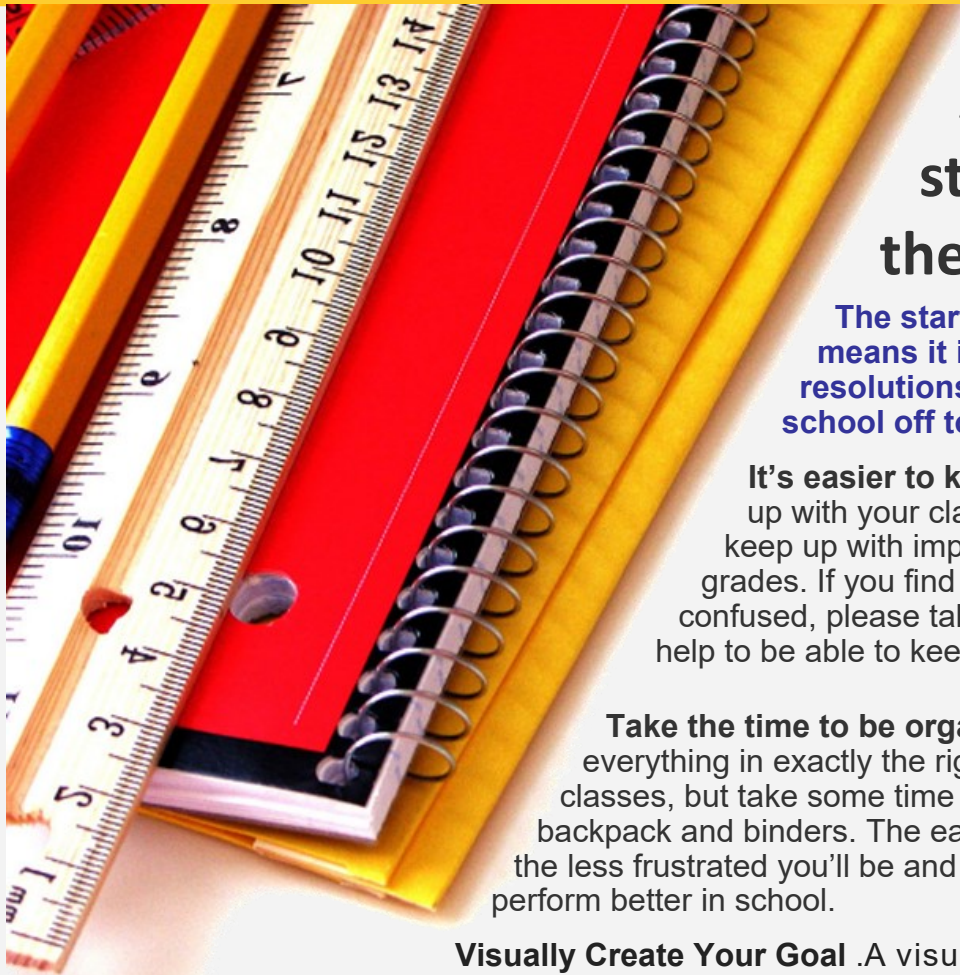
Overdue Library Books

We are concerned about the vast amount of Library books that are overdue - over 400 books!

Students must return or renew their book if it was taken out before the Christmas break.

If students have lost their book, they must pay £3.00 to the Library and their account will be cleared. If students later find the book, their money will be refunded to them.





Advice for students starting the new year

The start of a new academic year means it is time for new year resolutions. Here are a few to help get school off to the best start possible.

It's easier to keep up than to catch up. Keep up with your class work, keep up with studying, keep up with important dates, keep up with your grades. If you find yourself falling behind or getting confused, please talk with your teachers to get some help to be able to keep up.

Take the time to be organised. It's difficult to put everything in exactly the right place when rushing between classes, but take some time at least weekly to clean out your backpack and binders. The easier it is to find what you need the less frustrated you'll be and the more likely it is that you'll perform better in school.

Visually Create Your Goal .A visual reminder is a great way to help students physically see what their goal is. Depending upon what the student likes, visual reminders can be in many forms. For example, students can write down their steps on a ladder worksheet, where their goal is at the top and the steps to reach it is going up the ladder. Or, it can be in the form of a picture where it is literally a goal post with the goal written in the middle and the steps along the side.

Start exploring your post-secondary options so you know how to plan your high school career. If you're going to college, check the admission requirements while you're in middle school to determine if your dream schools require two or three years of foreign language. Will you need to take physics for a career you're considering? If you want to go into medicine then plan on taking science all four years. Advanced planning, well before your senior year, is critical to being admitted to college and succeeding once you get there. If you're not going to college perhaps your high school offers courses to help you prepare for the job market you're interest in joining. Take those classes.

Celebrate Once a Goal is Achieved. Hooray! You have achieved your goal! Now it's time to celebrate. If all students set a goal and had the same end date *and* they all achieved their goal, celebrate with a class party! Then have students set new goals.

Get involved. Have a good time. Don't miss out on something and regret it later. Your school years present opportunities for you to try new activities, take risks, meet new people, and have a lot of fun. If you're curious about something that looks like fun, and it is safe and doesn't break any rules, try it.

Be nice and smile. You'll make more friends, enjoy school more, and make others feel good just simply by being nice. This includes being nice to other students, to the teachers, to other faculty members, to the secretaries, custodians, everyone around you. If you want to make a difference in someone's life, be nice to those students who have few friends, are new to the school, or seem particularly sad. It's never wrong to be nice.

Biology Trip—Mop End Amersham



On the 24th of January our Year 13 BTEC Applied Sciences students accompanied by our science teacher, Mrs Walia, went on a Biology trip at Field Studies Council centre in Mop End, Amersham.

At FSC Amersham, the students undertook vast amounts of field work and completed their required practical work for their second year of BTEC. This included identifying and measuring the woodland biodiversity by investigating the biotic and abiotic factors in thinned vs. coppiced woodland. The investigation involved the use of various sampling techniques, including point and gridded quadrats, followed by statistical data analysis to investigate any links between the two types of woodland.

Despite the cold and snowy weather conditions, the Year 13 students were extremely resilient and polite, with even the site staff commenting on how well behaved they were, a real credit to Slough and Eton School!



Reading Rockets

Reading Rockets will be holding basketball camps this February during the half term break – on Monday 18th February there will be a Miniballers camp from 12.30 – 2.30 at a cost of £12 for anyone from 4 – 9 years old. On Tuesday 19th there will be Rockets community camp for 10 – 16 year olds from 10 – 3pm

at a cost of £25.

ROCKETS



MINIBALLERS CAMP

AGE: 4-9 YEAR OLDS

DAY: MONDAY 18th FEBRUARY

TIME: 12.30-2.30PM

COST: £12

ROCKETS COMMUNITY CAMP

AGE: 10-16 YEAR OLDS

DAYS: TUESDAY 19TH FEBRUARY

TIME: 10-3PM

COST: £25 (£20 for Rockets Squad Members)



JOHN MADEJSKI ACADEMY

NORTHUMBERLAND AVENUE,

READING, RG2 8DF

BOOK ONLINE:

WWW.READINGROCKETS.CO.UK

OR CALL: 0118 926 3040

EARLY BIRD OFFER

**GET A 10% DISCOUNT WHEN
YOU BOOK YOUR PLACE
BEFORE 31ST JANUARY 2019!**

If anyone books before the 31st January there is an Early Bird Discount of 10%. Both camps will be held at the John Madejski Academy Sports Centre, Northumberland Avenue, Reading. RG2 8DF

We would be most grateful if you could publicise these camps among your students.

Both camps give participants the chance to improve their skills and enjoy playing basketball.



We have had a week of Star Reading tests for our students in Years 7, 8 & 9 and the students now have their results to share with their parents. We have seen some remarkable improvement in many of our students' reading ages.

Please encourage your sons and daughters to continue to read for 15 -20 minutes per day to help them improve their vocabulary and achieve even greater success next term.



Please can you ensure your son/daughter has the correct PE kit when outside for their PE lessons. This means students in Years 8 to 12 should be wearing black trousers, a white polo top and a black jumper with no hood. Students can wear a white or black long sleeved top under their white polo top if they desire.

Students in Year 7 must wear the new PE kit as normal. If students in Years 8 to 11 wish to buy our new school PE kit, they must order through Student Reception during lunch or break where they can place an order to be collected at a later date or parents can order during the times below:

Monday 10.30 – 11.30am

Tuesday 3.30 – 4.30pm

Wednesday 3.00 – 4.00pm

VIVO

Please can all VIVO enquiries be directed to Mrs Saldanha by emailing:

nicola.saldanha@slougheton.com

When students come to collect their VIVO orders at Student Reception, please ask for Mrs. Saldanha.

Drinks



A reminder for students, if you are only buying a drink at breaktime you should only be using the food cube servery, you will not be allowed access to the main restaurant. At lunchtime if you are only buying a drink you should only be using one of the outside serveries (food cube, library or pasta king) you will not be allowed access to the main restaurant.

Appointments during School Hours

Students who have appointments during school time, must have this written in their school planner to show their class teacher, this will enable them to leave the class. We cannot guarantee that we are able to get messages to students for their appointments and the school receptionist is unable to leave reception to collect students.

CHRISTMAS COMPETITION



**WE HAVE A
WINNER**



*Congratulations to Adam M
from 8 green!*



COMPETITION TIME

**Crack The
Code**



1 6 2

9 8 5

2 3 4

1 7 3

5 7 4

One Number is correct and
well placed

Nothing is Correct

One Number is correct and
well placed

One Number is correct but
wrong placed

Two Numbers are correct . One
well placed and other wrongly
placed.

Can you solve this?



Responses to

sloughandetonreview@slougheton.com

First 2 correct responses will receive 50 Vivo points each



GIVE HELP

DONATE FOOD

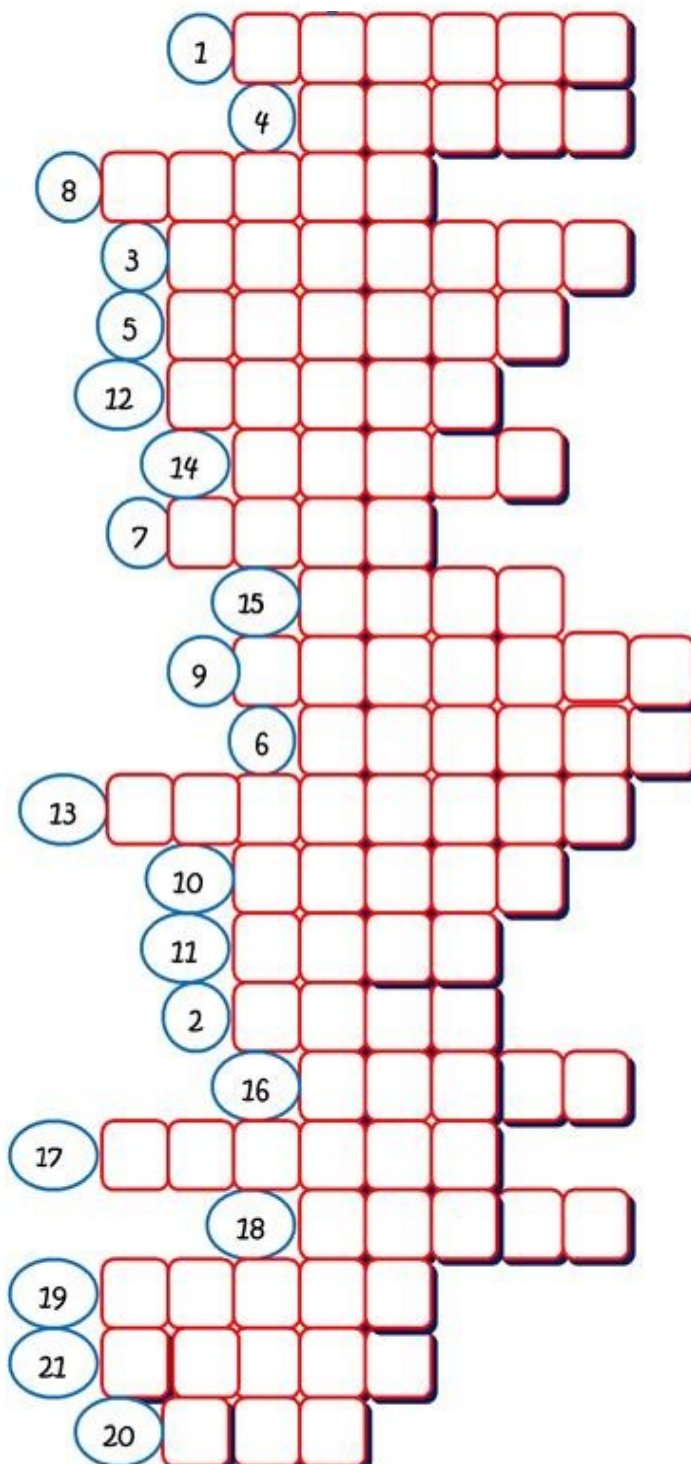
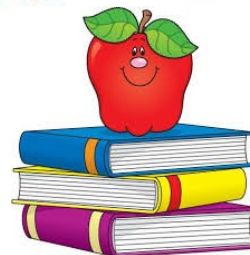
Slough foodbank relies on
your goodwill and support.

www.slough.foodbank.org.uk

Back to School

Clues

1. Something you can use to type on and go online on.
2. Where you find countries on.
3. What a student sometimes wear to school.
4. What you do at school.
5. What you write with.
6. What American people call the break between two lessons.
7. What you have to see how well you have studied.
8. You read in them.
9. A period away from school.
10. What you use to write on the blackboard.
11. A student sits at this.
12. Books are made up of these.
13. What students shouldn't make!
14. You use it in Maths.
15. What is "Bend It Like Beckham"? A
16. What you should take during lessons.
17. American for rubber.
18. You find many of these in books.
19. It is white and comes in sheets.
20. What students often ride to get to school in America.
21. Another word for a group of friends.





UPCOMING SPORTS FIXTURES



Fixtures List

Date	Sport	Year	Opposition	Location	Time to meet at changing rooms	Approximate return time to school
Tuesday 5th February	Netball	10	Westgate, Khalsa + Churchmead	S+E	2.50pm	5pm
Wednesday 6th February	Netball	7 & 9	St. Joe's	St. Joe's	2.50pm	5pm
Tuesday 26th February	Netball	8	All Slough Schools	Khalsa	12.45pm (1.30pm start)	4.30pm
Monday 18th March	Netball	9	All Slough Schools	Herschel	1.45pm (2.30pm start)	4.30pm
Tuesday 26th March	Netball	7	All Slough Schools	Herschel	12.45pm (1.30pm start)	4.30pm



CAREERS ADVICE DROP IN



Are you confused about what to do?
Know where you want to be, but
don't know how to get there?

*Come and speak to our
Careers adviser!*



GET HANDS
ON WITH
YOUR CAREER



Every Monday
and Thursday
at Lunchtime

CONTACT :

careers@slougheton.com

2019

FITNESS CHALLENGE

It's a brand new year, and an important time to encourage students to stay active and lead a healthy lifestyle!

Students are challenged each day to participate in the activities listed on the calendar. For February, the exercises include Reverse Lunges, Squats, Squat Jumps, Knee Raises, Heel Walks, and Tippy Toe Walks. Each week, the number of repetitions for each fitness exercise increases. Wednesdays are themed for the big football game this month, and include two task cards that combine the popular sport plus geography.

We hope that this will be something the family can enjoy doing together whilst staying fit..



FITNESS CHALLENGE

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 20 Knee Raises Tippy Toe Walk (20 seconds)	2 7 Reverse Lunges 8 Squats
3 20 Knee Raises 10 Squat Jumps	4 10 Reverse Lunges Heel Walks (20 seconds)	5 30 Knee Raises Tippy Toe Walk (20 seconds)	6 Refer to NFL STADIUM GEOGRAPHY TASK CARD 1 & MAP	7 10 Reverse Lunges Heel Walks (20 seconds)	8 30 Knee Raises Tippy Toe Walk (35 seconds)	9 10 Reverse Lunges 10 Squats
10 30 Knee Raises 12 Squat Jumps	11 13 Reverse Lunges Heel Walks (35 seconds)	12 40 Knee Raises Tippy Toe Walk (35 seconds)	13 Refer to NFL STADIUM GEOGRAPHY TASK CARD 2 & MAP	14 13 Reverse Lunges Heel Walks (35 seconds)	15 40 Knee Raises Tippy Toe Walk (50 seconds)	16 13 Reverse Lunges 12 Squats
17 40 Knee Raises 14 Squat Jumps	18 16 Reverse Lunges Heel Walks (50 seconds)	19 50 Knee Raises Tippy Toe Walk (50 seconds)	20 Refer to NFL STADIUM GEOGRAPHY TASK CARD 1 & MAP	21 16 Reverse Lunges Heel Walks (50 seconds)	22 50 Knee Raises Tippy Toe Walk (1 minute)	23 16 Reverse Lunges 15 Squats
24 50 Knee Raises 16 Squat Jumps	25 20 Reverse Lunges Heel Walks (1 minute)	26 60 Knee Raises Tippy Toe Walk (1 minute)	27 Refer to NFL STADIUM GEOGRAPHY TASK CARD 2 & MAP	28 25 Reverse Lunges Heel Walks (1 minute)		

Celebrate Football in February

This month we've included a variety of fitness exercises, and football themed geography task cards with a list of activities to choose from. Use this printable calendar to keep the kids in your program active, both in school and at home!

- For Reverse Lunges, do the number listed for each side
- NFL Task Cards – choose one, a combination, or all activities listed

Find the visuals for each fitness activity below.







Special thanks to:



Visit www.healthiergeneration.org for more ideas on how to inspire a healthy, active lifestyle.

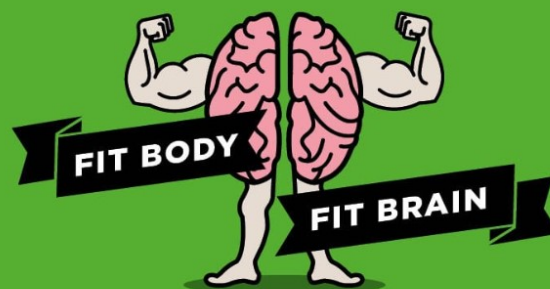
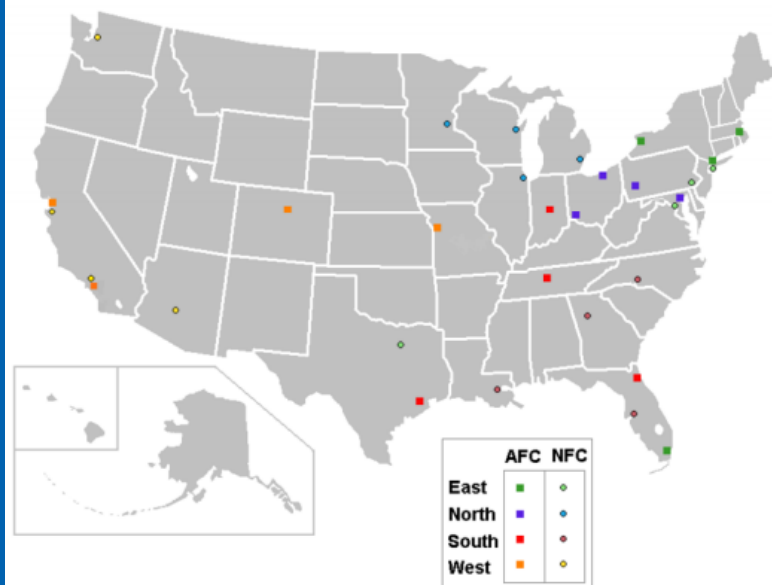
Fitness Exercises

Exercises

<p>FITNESS BREAKS TIP-OFF</p>  <h3>REVERSE Lunges</h3> <p>Facing forward, step one foot back about 18 to 24 inches. Immediately bend the knees and lower onto the front leg, allowing the back knee to come close to the ground. Keep the weight on the front heel and chest upright. Push back up with the back foot. Return to the standing position.</p> <p>HealthierGeneration.org</p>	<p>FITNESS BREAKS PRE-GAME</p>  <h3>Heel WALKS</h3> <p>Lift toes and balls of the feet and walk only on your heels.</p> <p>HealthierGeneration.org</p>
<p>FITNESS BREAKS PRE-GAME</p>  <h3>Tippy TOE WALK</h3> <p>Lift heels and walk on the balls and toes of your feet.</p> <p>HealthierGeneration.org</p>	<p>FITNESS BREAKS OVERTIME</p>  <h3>Squats</h3> <p>Start with feet shoulder width apart. Extend arms in front of the chest. Sit back and down, keeping the knees behind the toes. Contract the gluteal and hamstring muscles to begin extending the legs. Fully extend the legs until you're back to standing position.</p> <p>HealthierGeneration.org</p>
<p>FITNESS BREAKS PRE-GAME</p>  <h3>Knee RAISE</h3> <p>Stand tall, lift one knee up towards the chest and hold. Alternate knees.</p> <p>HealthierGeneration.org</p>	<p>FITNESS BREAKS MVP</p>  <h3>SQUAT Jumps</h3> <p>Start with feet shoulder width apart. Squat down (sit back) with arms extended. Explode up and reach up. Land softly on both feet. Repeat.</p> <p>HealthierGeneration.org</p>

NFL Task

<p>1 TASK CARDS</p> <h3>NFL STADIUM GEOGRAPHY</h3> <p>Assume the front of the classroom is the northern part of the USA</p> <ul style="list-style-type: none"> Skip to the New York Giants stadium: signal touchdown 7 times Jog to the St. Louis Rams stadium: signal start the clock (arm circle) 6 times each arm Walk to the Baltimore Ravens stadium: signal pass interference 5 times Jump to the Denver Broncos stadium: signal incomplete pass or "no good" 4 times Gallop to the Tennessee Titans stadium: signal first down 3 times each arm <p>HealthierGeneration.org</p>	<p>2 TASK CARDS</p> <h3>NFL STADIUM GEOGRAPHY</h3> <p>Assume the front of the classroom is the northern part of the USA</p> <ul style="list-style-type: none"> Gallop to the Arizona Cardinals stadium: pretend to kick a field goal 3 times each leg Jog to the Philadelphia Eagles stadium: pretend to throw 6 touchdown passes each arm Skip to the San Diego Chargers stadium: pretend to punt the ball 3 times each leg Walk to the Minnesota Vikings stadium: jump high in the air and catch 6 touchdown passes Hop to the Seattle Seahawks stadium: pump your arms up in the air 10 times <p>HealthierGeneration.org</p>
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Clubs and Activities

2018 / 2019

MONDAY

M
O
N
D
A
Y

Common Room	All Years	After School / Lunchtime	Common Room	Various
Key Stage 3 HW Support	Years 7, 8 & 9	After School	PS1	Various
Key Stage 4 HW Support	Year 10 & 11	After School	The Hub	Various
Strategy Games Club	Years 7, 8 & 9	After School	iH6	Mr Portch
Beauty and The Beast Rehearsals	All Years	After School	Drama Studio	Miss Miller
Guitar Club	All Years	Lunchtime	Music Room	Mrs Donnet
Fitness Suite	All Years	Lunchtime	Fitness Suite	Miss Dale / Mr Parker
KS3 Girls Football	Years 7, 8 & 9	After School	Field / Pitches	Ms Luterek
KS4 Girls Football	Years 10 & 11	After School	Field / Pitches	Miss Dale
Year 10 Boys Football	Year 10	After School	Field / Pitches	Mr Bradley
Year 8 Boys Football	Year 8	After School	Field / Pitches	Mr Parker

TUESDAY

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Common Room	All Years	After School / Lunchtime	Common Room	Various
Games Room	Year 7	Lunchtime	It4	Mr Samuel
Enterprise Club	Year 7	After School	B5	Miss Thomas
Cooking Club	All Years	After School	Food Room T3	Miss Horn
Girls Science Club	Year 7 & 8	After School	S1	Miss Lewis
Boys Science Club	Year 7 & 8	After School	S6	Mr Dhiraj
Choir	All Years	Lunchtime	Music Room	Mrs Donnet
Table Tennis	All Years	Lunchtime	Sports Hall	Mr Harvey / Miss Dale
KS3 Girls Netball	Years 7, 8 & 9	After School	Netball Pitches	Miss Kelleway & Mrs Luterek
Year 7 Boys Football	Year 7	After School	Field / Pitches	Mr Bradley

WEDNESDAY

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Common Room	All Years	After School / Lunchtime	Common Room	Various
Games Room	Year 7	Lunchtime	It4	Mr Samuel
Key Stage 3 HW Support	Years 7, 8 & 9	After School	PS1	Various
Key Stage 4 HW Support	Year 10 & 11	After School	The Hub	Various
Bhangra Dancing	All Years	After School	Dance Studio	Miss Kumar
Shakespeare's Schools Festival	All Years	After School	Drama Studio	Miss Miller
Magistrates' Club	Years 8 & 9	After School	E6	Mr Bhatti
Fitness Suite	All Years	Lunchtime	Fitness Suite	Miss Dale / Mr Parker
Year 9 Boys Football	Year 9	After School	Field / Pitches	Mr Harvey
Year 11 Boys Football	Year 11	After School	Field / Pitches	Mr Parker

THURSDAY

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Common Room	All Years	After School / Lunchtime	Common Room	Various
Key Stage 3 HW Support	Years 7, 8 & 9	After School	PS1	Various
Key Stage 4 HW Support	Year 10 & 11	After School	The Hub	Various
Up for debate	Years 7, 8 & 9	After School	E6	Mr McCartney
GCSE Badminton	Years 10 & 11	Lunchtime	Sports Hall	Miss Dale / Mr Harvey
6th Form Football	Years 12 & 13	After School	Field / Pitches	Mr Gumbs

FRIDAY

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Common Room	All Years	After School / Lunchtime	Common Room	Various
Key Stage 3 HW Support	Years 7, 8 & 9	After School	PS1	Various
Key Stage 4 HW Support	Year 10 & 11	After School	The Hub	Various
Fitness Suite	All Years	Lunchtime	Fitness Suite	Miss Dale / Mr Parker

YoungMinds Crisis Messenger

The YoungMinds crisis messenger service provides free, 24/7 crisis support across the UK. Students experiencing a mental health crisis and in need of support, can text YM to 85258.

For more information <https://youngminds.org.uk/find-help/get-urgent-help/youngminds-crisis-messenger/>

If you would like to speak to somebody in school about a mental health difficulty you can contact a member of our safeguarding team safeguarding@slougheton.com



CRISIS TEXT LINE |

**DID YOU
KNOW?**



On This Day 31st January

**DID YOU
KNOW?**



Did You Know?

Ham the chimpanzee is 1st primate in space (158 miles) aboard Mercury/Redstone 2

On January 31, **1961**



Event of Interest

1950 US President **Harry Truman** publicly announces support for the development of a hydrogen bomb

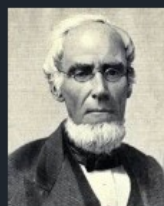


33rd US President
Harry Truman



Historic Invention

1851 American **Gail Borden** announces the invention of condensed milk



Inventor and
Manufacturer of
Condensed Milk
Gail Borden



Bhangra sessions are held every Wednesday from 3pm to 4pm in the Dance Studio. This is a great opportunity to learn the traditional dance of Punjab and widen your knowledge on Indian culture.

Students across all year groups and staff are invited to join the sessions full of fun and fitness! You are advised to change into comfortable clothing and bring a bottle of water.

See you there!



What is bhangra?

Bhangra is a type of folk dance, which was conducted by Punjabi farmers of all creeds, Sikhs, Muslims and Hindus, to celebrate the coming of the harvest season.

VIVO

**ZERO
TO HERO**



WORK
HARD
&
BEHAVE
WELL

TEACHERS
WILL
REWARD
YOU

SPEND
YOUR VIVOS
IN OUR
ONLINE
SHOP

**Top scorers
this month !**



Name	Year	Total
Aaiza	Year 8	388
Simran	Year 7	302
Issa	Year 11	260
Adam	Year 7	229
Hamza	Year 9	226
Danish	Year 10	220
Aleemah	Year 7	217
Monica	Year 7	202
Sehrish	Year 7	192
Anusha	Year 7	176