

Point of Sale Payment can be made by check or cash, please include your child's name and pin # with all pre-payments. You may also pay on line (www.schoolcafe.com)

\*There is a fee for on-line deposits.

## Haverford School District Middle School Lunch Menu February 2019 to June 2019

Meal Prices	
Paid Breakfast	\$1.75
Reduced Breakfast	\$.30
Paid Lunch	\$3.15
Reduced Lunch	\$.40

\* May contain pork

MILK IS AVAILABLE WITH ALL MEALS 1% White, Skim, Low-fat Chocolate & Low-fat Strawberry - Available Daily: Raisins, Craisins every MWF

	Weeks Of:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	2/1,3/18,4/29	Chicken Fritter Sandwich Meatball Grinder	Hot Dog on a Bun BBQ Chicken Sandwich	Chicken Cheese Steak Dutch Waffle/*Sausage	Chicken Tenders/ Roll Grilled Cheese Sandwich	Pasta w/Meatballs *Turkey BLT
		Oven Baked Fries Baby Carrots/Dip Lettuce /Tomato Juice, Fresh or Chilled Fruit	Baked Beans Sweet Corn Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	Sweet Pot. Fries Red & Green Pepper Strips/Dip Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	Tomato Soup Oven Baked Fries Caesar Salad Juice, Fresh or Chilled Fruit	Fresh Leafy Green Salad Veggie Boat Lettuce/Tomato Juice, Fresh or Chilled Fruit
WEEK 2	2/11,3/25,5/13	Chicken & Mini Waffles BBQ *Rib Sandwich on a Bun	Beef Nachos w/ Salsa Chicken Burrito	Chicken Drum Stick *BBQ Pork Sandwich	Chicken Parm Sandwich Beef and Pasta	*Bacon Cheese Dogs Mozzarella Sticks w/ Sauce
		Steamed Carrots Oven Baked French Fries Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	Pinto Beans Veggie Boat Lettuce/Tomato Juice, Fresh or Chilled Fruit	Seasoned Corn Fresh Leafy Green Salad Mash Potatoes Juice, Fresh or Chilled Fruit	Steamed Vegetables Baby Carrots/Dip Caesar Salad Juice, Fresh or Chilled Fruit	Pasta Salad Veggie Boat Spinach & Tomato Salad Juice, Fresh or Chilled Fruit
WEEK 3	2/18,4/1,5/27	Ford Burger *Italian Stromboli	Two Hard Beef Tacos BBQ Chicken & Cheddar Sandwich	Pizza Cheese Steak Corn Dog	Oriental Popcorn Chicken with Rice BBQ Cheeseburger on a Bun	Spicy Chicken Sandwich Grilled Cheese Sandwich
		Green Beans Italian Bean & Tomato Salad Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	Refried Beans & Salsa Veggie Boat Lettuce/Tomato Juice, Fresh or Chilled Fruit	Oven Baked French Fries Baby Carrots/Dip Caesar Salad Juice, Fresh or Chilled Fruit	Steamed Vegetables Broccoli & Dip Lettuce/Tomato Juice, Fresh or Chilled Fruit	Tomato Salad Bagged Carrots Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit
WEEK 4	2/25,4/8,5/20	Breaded Ravioli Bites BBQ *Pulled Pork on a Bun	Chicken Fajita *Pork Roll and Cheese on Kaiser	Cheese Steak Cheesy Bread Sticks w/Sauce	Chicken Fritter Sandwich *Sausage and Pepper Sandwich	Chicken Tender Wrap Cheese Quesadilla
		Oven Baked French Fries Steamed Peas Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	Black Beans & Salsa Steamed Broccoli Caesar Salad Juice, Fresh or Chilled Fruit	Round Roasted Potatoes Kale Salad Veggie Boat Juice, Fresh or Chilled Fruit	Steamed Cauliflower Baked Beans Lettuce/Tomato Juice, Fresh or Chilled Fruit	Tater Tots Salsa Veggie Boat Juice, Fresh or Chilled Fruit
WEEK 5	3/4,4/15,5/27	White Garlic Cheese Bread Cheese Burger	Beef Nachos *Italian Hoagie/Sun Chips	Turkey Bowl *BBQ Rib Sandwich	Chicken Alfredo Bake Chicken Wings	Grilled Cheese Sandwich Sicilian Pizza
		Oven Baked French Fries Broccoli Florets w/Dip Caesar Salad Juice, Fresh or Chilled Fruit	Pinto Beans & Salsa Kale & Grape Tomato Salad Lettuce/Tomato Juice, Fresh or Chilled Fruit	Mashed Potatoes Steamed Carrots Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	Steamed Broccoli Celery Sticks/Dip Baby Carrots Juice, Fresh or Chilled Fruit	Tomato Soup Veggie Boat Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit
WEEK 6	3/11,4/22,6/3	Buffalo Chicken Mac and Chz Chic. Parm. Sandwich	Walking Taco French Toast Sticks & *Sausage	Pesto Tortellini Buffalo Chicken Cheese St	General Tso Chicken with Rice Potstickers	Tuna Hoagie Melt *Hot Roast Pork Sandwich
		Green Beans Carrot Sticks with Dip Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit	Refried Beans & Salsa Veggie Boat Lettuce/Tomato Juice, Fresh or Chilled Fruit	Oven Baked French Fries Caesar Salad Beet Salad Juice, Fresh or Chilled Fruit	Oriental Vegetables Brown Rice Juice, Fresh or Chilled Fruit	Oven Baked French Fries Cucumber Slices w/Dip Fresh Leafy Green Salad Juice, Fresh or Chilled Fruit
<b>THE ITEMS BELOW ARE AVAILABLE EACH WEEK</b>						
Weekly Specials		<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	Hot Deli	Cheeseburger on a Bun	Cheese Steak	Cheeseburger on a Bun	Cheese Steak	Cheeseburger on a Bun
		Chicken Tenders/ Dinner Roll	Chicken Tenders/ Dinner Roll	Chicken Tenders/ Dinner Roll	Chicken Tenders/ Dinner Roll	Chicken Tenders/ Dinner Roll
	*Assorted	Grab & Go Salads, Wraps	Grab & Go Salads, Wraps	Grab & Go Salads, Wraps	Grab & Go Salads, Wraps	Grab & Go Salads, Wraps
	*Assorted	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
*Italian	Assorted Pizzas	Assorted Pizzas	Assorted Pizzas	Assorted Pizzas	Assorted Pizzas	

\*\*Menu Subject to Change\*\*

/Breakfast available daily in cafeteria/

USDA is an equal opportunity provider and employer.