HOW TO PICK MEANINGFUL CLASSES

This is your journey after all!
Maintain Balance

- It is important to maintain a balanced course load and to not take too many challenging classes.
- Consider how many hours of homework and studying each class will entail.
Maintain Balance

- Ensure that you will have enough time for studying
- Make sure that you will have enough time for extracurriculars, social activities, family/social commitments, and sleep.
- Keep in mind that there will be 7 periods so don’t take on too much.
Course selections should reflect YOU

- Take classes that align with your interests
- Don’t take a class just because your friend is taking it
- Focus on your strengths
Course selections should reflect YOU

- Consider your future plans and whether you are interested in a 2-year college, 4-year college, joining the military, apprenticeships, vocational school, taking a gap year, or going straight into the workforce.
- Consider classes that align with these goals
You have likely taken one or more assessments on Naviance that helped to determine interests, personality traits, and strengths.

Consider viewing these results when selecting classes.