



Don't forget to eat your vegetables.

# School Name Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

February  
2019

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



29

30

31

**National Wear Red Day** 1  
Walking Taco  
or Chicken Fajita  
Or Munchable  
Roasted Broccoli

4  
Corn Dog  
OR Cheesy Italian Flatbread  
Or Deli Ham Sub  
Garden Salad

5  
French Bread Pizza  
OR Hot Ham & Cheese Sandwich  
Or Deli Ham Sub  
Green beans

6  
Chicken Nuggets Dinner Roll  
OR BBQ Riblet Sandwich  
Or Deli Ham Sub  
Corn

7  
Roasted Hot Dog  
Or BBQ Chicken Sandwich  
Or Deli Ham Sub  
California Blend Veggies

8  
Cheeseburger  
OR Italian Meatball Sub  
Or Deli Ham Sub  
French Fries

11  
Chicken & Cheese Quesadilla  
OR Ham & Cheese Flatbread  
Or Deli Turkey Sub  
Spiced Pinto Beans

12  
Crispy Chicken Sandwich  
OR Sloppy Joe  
Or Deli Turkey Sub  
Roasted Broccoli

13  
Beefy Nachos Cheese sauce  
OR Pulled Pork Sandwich  
Or Deli Turkey Sub  
Corn

**Valentine's Day** 14  
Love Me Chicken Tenders  
OR Sweetheart Salisbury Steak \*\* V Day Treat\*\*  
Or Deli Turkey Sub  
Be Mine Mashed Potatoes, Roll

**HOM Cilantro** 15  
Chicken Enchilada Bake and Cilantro Lime Rice  
OR Pizza Parlor Pizza  
Or Deli Turkey Sub  
Green Beans

18  
Pancakes, syrup  
Sausage patty  
OR Ham, egg on Biscuit Sandwich  
Or Ham and Cheese Wrap  
Breakfast Potato Bake

19  
Roast Turkey and Gravy  
Or Corn Dog  
Or Ham and Cheese Wrap  
Mashed Potatoes & Soft Pan Roll

**National Muffin Day** 20  
Chicken Nuggets  
OR Tuna Melt  
Or Ham and Cheese Wrap  
Roasted Cauliflower Muffin

**HOM Bell Peppers** 21  
BBQ Meatball Sub  
OR Philly Flatbread  
Or Ham and Cheese Wrap  
Calico Beans

22  
Chicken Alfredo over Penne and Garlic Toast  
OR Classic Cheeseburger  
Or Ham and Cheese Wrap  
Garden Green Beans

25  
Homemade Chili in a bread bowl  
OR Hot Dog  
Or Turkey BLT Wrap  
Seasoned Ranch Potato Wedges

26  
Crispy Chicken Sandwich Basket  
OR Fish Sandwich Basket  
Or Turkey BLT Wrap  
Kettle Chips and Pickle Slice

27  
Chicken Bacon Ranch Melt  
OR Grilled Cheese Sandwich  
Or Turkey BLT Wrap  
Garden Salad

28  
Beefy Nachos with Homemade Cheese Sauce  
OR Chicken Fajita  
Or Turkey BLT Wrap  
Refried Beans



**PRICES**

|              |        |
|--------------|--------|
| Regular      | \$2.20 |
| Reduced      | \$0.00 |
| Adult        | \$3.95 |
| Milk         | \$0.45 |
| Extra Entrée | \$1.75 |



**EXTRA INFO**

Milk choice of 1% White, Skim or Chocolate  
Skim is included with lunch.  
Entree Salads are served with Dinner Roll  
For questions or comments, contact  
Gwen McCauley at 507-867-4210 ext 5171  
or email gmccauley@chatfieldschools.com

