



Week 1:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/7/19	Choice of: BBQ Pork Sandwich Chicken Sandwich PBJ Sandwich	Choice of: Chicken Strips with Garlic Toast PBJ Sandwich	Choice of: Stuffed Crust Cheese Pizza Chicken Sandwich PBJ Sandwich	Choice of: Chicken & Waffles Cheeseburger PBJ Sandwich	Choice of: Nachos Spicy Chicken Sandwich PBJ Sandwich
2/4/19	Served with: Baked Beans Green Leaf Lettuce	Served with: Mashed Potatoes with Chicken Gravy Green Beans	Served with: Potato Smiles Roasted Vegetables	Served with: Oven Potatoes Glazed Carrots	Served with: Refried Beans Fresh Red Peppers
3/4/19	Fresh Baby Carrots Chilled Pears	Green Leaf Lettuce Fresh Grapes	Green Leaf Lettuce Fresh Fruit	Fresh Cauliflower Green Leaf Lettuce	Green Leaf Lettuce Fresh Apple Slices
5/6/19	Fresh Orange Wedges Frozen Fruit Cup	Chilled Peaches Giant Grahams	Chilled Pineapple Rice Krispie Treat	Chilled Mandarin Oranges Fresh Banana	Chilled Fruit Cocktail Chocolate Chip Cookie
Week 2:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/14/19	Choice of: Chicken Nuggets with Banana Bread Cheeseburger PBJ Sandwich	Choice of: Stuffed Crust Pepperoni Pizza Chicken Sandwich PBJ Sandwich	Choice of: Cheese Lasagna with Garlic Toast Cheeseburger PBJ Sandwich	Choice of: Corn Dog Chicken Sandwich PBJ Sandwich	Choice of: Nacho Grande PBJ Sandwich
2/11/19	Served with: Mashed Potatoes with Country Gravy Broccoli & Cheese	Served with: Corn Green Leaf Lettuce	Served with: Tater Tots Stir Fry Vegetables	Served with: Seasoned Fries Baked Beans	Served with: Potato Smiles Black Beans
3/18/19	Fresh Celery Green Leaf Lettuce	Fresh Cucumbers Fresh Grapes	Fresh Broccoli Green Leaf Lettuce	Green Leaf Lettuce & Sliced Tomatoes Fresh Apple Slices	Green Leaf Lettuce & Diced Tomatoes Fresh Baby Carrots
5/13/19	Chilled Mandarin Oranges Fresh Fruit	Chilled Applesauce Cheetos	Chilled Pineapple Fresh Fruit	Chilled Fruit Cocktail Chocolate Cake	Chilled Pears Fresh Fruit
Week 3:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/21/19	Choice of: BBQ Rib Sandwich Chicken Sandwich PBJ Sandwich	Choice of: Mozzarella Sticks Cheeseburger PBJ Sandwich	Choice of: Chicken Strips with Cinnamon Roll PBJ Sandwich	Choice of: Fiestada Pizza Chicken Sandwich PBJ Sandwich	Choice of: Macaroni & Cheese with Garlic Toast Cheeseburger PBJ Sandwich
2/18/19	Served with: Tater Tots Baked Beans	Served with: Scalloped Potatoes Steamed Edamame	Served with: Mashed Potatoes with Chicken Gravy Corn	Served with: Seasoned Fries Fresh Cherry Tomatoes	Served with: Potato Smiles Green Beans
3/25/19	Green Leaf Lettuce Fresh Celery	Green Leaf Lettuce Chilled Mandarin Oranges	Fresh Baby Carrots Green Leaf Lettuce	Green Leaf Lettuce Fresh Baby Carrots	Green Leaf Lettuce Chilled Peaches
4/22/19	Chilled Pears Fresh Orange Wedges	Fresh Baby Carrots Fresh Grapes	Fresh Fruit Chilled Fruit Cocktail	Chilled Pineapple Mixed Berries	Fresh Apple Slices Fresh Green Peppers
5/20/19					
Week 4:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/28/19	Choice of: French Toast Sticks and Sausage Cheeseburger PBJ Sandwich	Choice of: Country Fried Steak with Cinnamon Roll Chicken Sandwich PBJ Sandwich	Choice of: Walking Taco PBJ Sandwich	Choice of: Chicken Nuggets with Biscuit Cheeseburger PBJ Sandwich	Choice of: Spicy Popcorn Chicken with Garlic Toast PBJ Sandwich
2/25/19	Served with: Oven Potatoes Cinnamon Apples	Served with: Mashed Potatoes with Country Gravy Fresh Baby Carrots	Served with: Tater Tots Black Beans	Served with: Seasoned Fries Steamed Broccoli	Served with: Potato Smiles Fresh Cauliflower
4/1/19	Green Leaf Lettuce Fresh Baby Carrots	Green Leaf Lettuce Fresh Broccoli	Fresh Celery Green Leaf Lettuce	Fresh Red Peppers Green Leaf Lettuce	Green Leaf Lettuce Fresh Apple Slices
4/29/19	Chilled Peaches Chilled Fruit Cocktail	Fresh Fruit Rosy Applesauce	Chilled Pineapple Fresh Grapes	Chilled Pears Frozen Mangoes	Chilled Mandarin Oranges Sugar Cookie

Offered Daily
100% Juice
Milk

Menu is subject to change due to availability.

This institution is an equal opportunity provider.

Welcome to School Lunch!!

Eat Smart
to Play Hard



Eat fruits & veggies
at meals & for snacks

Lunch Prices:

Paid Student - Elementary	\$2.65
Paid Student - Secondary	\$2.80
Reduced Student	\$0.40
Free Student	\$0.00
Adult	\$3.70
Visitor	\$4.05



Fuel up
with foods
from each
food group

Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at least one component must be a 1/2 cup of fruit or vegetable. Components include **protein**, **grain**, **fruit**, **vegetable**, and **milk**.

No a la carte items may be purchased at this time. For more info visit <http://foodservices.smsd.org>