



SHAWNEE MISSION

SCHOOL DISTRICT

High School Lunch Menu Grab 'n Go Lunch 2018-2019



Highlighted items are available at other serving locations.

Served Week of:	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
1/7/2019	Mom's Kitchen 	Spicy Popcorn Chicken with Roll *	French Toast Sticks with Sausage	Chicken Nuggets with Roll *	Chicken Burrito	Mozzarella Sticks
1/21/2019		Chili with Scoops	Sweet & Sour Chicken with Rice	Shrimp Poppers & Cheese with Roll *	General TSO's Chicken with Rice	Honey Sriracha Chicken with Garlic Toast
2/4/2019	Sandwich Station 	Spicy Chicken Sandwich	Chicken Sandwich	Cheeseburger	Chicken Sandwich	Fish Sandwich
2/18/2019		Pork Tenderloin Sandwich	Meatball Sandwich	Cheesesteak Sandwich	Cheeseburger	BBQ Rib Sandwich
3/4/2019	Cold Power 	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich
3/25/2019		Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap
4/8/2019	Build Your Own 	Chef Salad with Roll *	Garden Chicken Salad with Roll *	Chef Salad with Roll *	Garden Chicken Salad with Roll *	Chef Salad with Roll *
4/22/2019		PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich
5/6/2019	Finger Foods 	Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels
5/20/2019		Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola
	Carb Station	Build Your Own Cheeseburger Veggie Burger Hot Dog	Build Your Own Deli Sandwich with Turkey, Ham or Roast Beef	Build Your Own Potato Bar with Cheese or BBQ Pork Specialty Bread	Build Your Own Pasta Bar Meatballs or Chicken Marinara or White Sauce Garlic Toast	Build Your Own Taco or Nachos Beef or Chicken Soft Shell or Walking Taco
	Finger Foods	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza
	High School Lunch Prices:	Served with:	Served with:	Served with:	Served with:	Served with:
		Scalloped Potatoes *	Oven Potatoes	Mashed Potato w/ Chicken Gravy *	Potato Smiles	Seasoned Fries
		Seasoned Fries	Edamame	Seasoned Fries	Stir Fry Vegetables	Tater Tots
		Baked Beans *	Cinnamon Apples	Steamed Broccoli	Chilled Edamame	Cauliflower & Cheese
		Corn	Chilled Pears	Cinnamon Roll *	Chilled Pineapple	Chocolate Chip Cookie
		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
		Fresh Baby Carrots	Fresh Baby Carrots	Chilled Fruit Cocktail	Fresh Baby Carrots	Chilled Peaches
		Fresh Celery	Fresh Broccoli	Fresh Baby Carrots	Fresh Grapes	Fresh Baby Carrots
		Fresh Cucumbers	Fresh Cauliflower	Mandarin Oranges	Fresh Red Peppers	Fresh Apple Slices
		Rosy Applesauce	Green Leaf Lettuce	Fresh Zucchini	Frozen Fruit Cup	Black Bean & Corn Salsa
		Green Leaf Lettuce	Fresh Tomato	Green Leaf Lettuce	Green Leaf Lettuce	Green Leaf Lettuce
		Fresh Tomato	100% Juice	Fresh Tomato	Fresh Tomato	Fresh Tomato
		100% Juice	Milk	100% Juice	100% Juice	100% Juice
		Milk		Milk	Milk	Milk



Menu subject to change due to availability.

*These items are only available with a school meal and cannot be purchased a la carte.

This institution is an equal opportunity provider.



SHAWNEE MISSION

SCHOOL DISTRICT

High School Lunch Menu Grab 'n Go Lunch 2018-2019



Highlighted items are available at other serving locations.

Served Week of:	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	
1/14/2019	Mom's Kitchen 	Dill Chicken with Roll Macaroni & Cheese with Roll *	Chicken & Waffles Corn Dog	Popcorn Chicken with Roll * Chicken Chow Mein	Chicken Strips with Roll * Country Fried Steak with Roll *	Mandarin Orange Chicken with Rice Cheese Lasagna with Garlic Toast	
1/28/2019							
2/11/2019	Sandwich Station 	Chicken Sandwich Spicy Chicken Sandwich	Chicken Sandwich Meatball Sandwich	Cheeseburger Cheesesteak Sandwich	Chicken Sandwich Cheeseburger	Fish Sandwich BBQ Rib Sandwich	
2/25/2019			BBQ Pork Sandwich	Spicy Chicken Sandwich	Veggie Burger	Chicken Sandwich	
3/18/2019	Cold Power 	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll *	Deli Sandwich Crunchy Chicken Wrap Garden Chicken Salad with Roll *	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll *	Deli Sandwich Crunchy Chicken Wrap Garden Chicken Salad with Roll *	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll *	
4/1/2019							
4/15/2019			PBJ Sandwich Hummus & Pretzels	PBJ Sandwich Hummus & Pretzels	PBJ Sandwich Hummus & Pretzels	PBJ Sandwich Hummus & Pretzels	PBJ Sandwich Hummus & Pretzels
4/29/2019			Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola
5/13/2019							
	Carb Station Build Your Own	Build Your Own Cheeseburger Veggie Burger Hot Dog	Build Your Own Deli Sandwich with Turkey, Ham or Roast Beef	Build Your Own Potato Bar with Cheese or BBQ Pork Specialty Bread	Build Your Own Pasta Bar Meatballs or Chicken Marinara or White Sauce Garlic Toast	Build Your Own Taco or Nachos Beef or Chicken Soft Shell or Walking Taco	
	Finger Foods 	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	
High School Lunch Prices:		Served with:	Served with:	Served with:	Served with:	Served with:	
Paid Student \$2.80		Tater Tots	Oven Potatoes	Seasoned Fries	Mashed Potato w/ Country Gravy *	Seasoned Fries	
Reduced Student \$0.40		Seasoned Fries	Potato Smiles	Steamed Broccoli	Tater Tots	Black Beans	
Free Student \$0.00		Glazed Carrots	Green Beans	Fresh Green Pepper	Roasted Vegetables	Sugar Cookie	
Adult \$3.70		Chilled Pears	Chocolate Cake *	Chilled Pineapple	Chilled Fruit Cocktail	Chilled Mandarin Oranges	
Visitor \$4.05		Fresh Orange Wedges	Chilled Peaches	Fresh Fruit	Fresh Apple Slices	Fresh Fruit	
		Fresh Fruit	Fresh Fruit	Fresh Baby Carrots	Fresh Fruit	Fresh Banana	
		Fresh Baby Carrots	Mixed Berries	Fresh Cucumbers	Fresh Baby Carrots	Fresh Baby Carrots	
		Fresh Cauliflower	Fresh Baby Carrots	Fresh Grapes	Frozen Mangoes	Fresh Celery	
		Fresh Cherry Tomatoes	Fresh Broccoli	Green Leaf Lettuce	Green Leaf Lettuce	Green Leaf Lettuce	
		Green Leaf Lettuce	Green Leaf Lettuce	Fresh Tomato	Fresh Tomato	Fresh Tomato	
		Fresh Tomato	Fresh Tomato	100% Juice	100% Juice	100% Juice	
		100% Juice	100% Juice	Milk	Milk	Milk	
		Milk	Milk		100% Juice		
					Milk		



Menu subject to change due to availability.

*These items are only available with a school meal and cannot be purchased a la carte.

This institution is an equal opportunity provider.