



**SHAWNEE
MISSION**
SCHOOL DISTRICT

High School Lunch Menu
2018-2019



as of 1/31/19

Served Week of:	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
1/7/2019	Mom's Kitchen 	Spicy Popcorn Chicken with Roll *	French Toast Sticks with Sausage	Chicken Nuggets with Roll *	Chicken Burrito	Mozzarella Sticks
1/21/2019		Chili with Scoops	Sweet & Sour Chicken with Rice	Shrimp Poppers & Cheese with Roll *	General TSO's Chicken with Rice	Honey Sriracha Chicken with Garlic Toast
2/4/2019	Sandwich Station 	Spicy Chicken Sandwich	Chicken Sandwich	Cheeseburger	Chicken Sandwich	Fish Sandwich
2/18/2019		Pork Tenderloin Sandwich	Meatball Sandwich	Cheesesteak Sandwich	Cheeseburger	BBQ Rib Sandwich
3/4/2019	Cold Power 	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich
3/25/2019		Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap
4/8/2019		Chef Salad with Roll *	Garden Chicken Salad with Roll *	Chef Salad with Roll *	Garden Chicken Salad with Roll *	Chef Salad with Roll *
4/22/2019		PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich
5/6/2019		Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels
5/20/2019	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola
	Carb Station Build Your Own	Build Your Own Cheeseburger	Build Your Own Deli Sandwich with Turkey, Ham or Roast Beef	Build Your Own Potato Bar with Cheese or BBQ Pork Specialty Bread	Build Your Own Pasta Bar	Build Your Own Taco or Nachos
	Finger Foods 	Pizza	Pizza	Pizza	Pizza	Pizza
		Nachos	Nachos	Nachos	Nachos	Nachos
		Nacho Grande	Nacho Grande	Nacho Grande	Nacho Grande	Nacho Grande
		Chicken Fingers	Chicken Fingers	Chicken Fingers	Chicken Fingers	Chicken Fingers
		Pizza Hut Pizza	Pizza Hut Pizza	Pizza Hut Pizza	Pizza Hut Pizza	Pizza Hut Pizza
High School Lunch Prices: Paid Student \$2.80 Reduced Student \$0.40 Free Student \$0.00 Adult \$3.70 Visitor \$4.05 Eat fruits & veggies at meals & for snacks	Served with: Scalloped Potatoes * Seasoned Fries Baked Beans * Corn Fresh Fruit Fresh Baby Carrots Fresh Celery Fresh Cucumbers Rosy Applesauce Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Oven Potatoes Edamame Cinnamon Apples Chilled Pears Fresh Fruit Fresh Baby Carrots Fresh Broccoli Fresh Cauliflower Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Mashed Potato w/ Chicken Gravy * Seasoned Fries Steamed Broccoli Cinnamon Roll * Fresh Fruit Chilled Fruit Cocktail Fresh Baby Carrots Mandarin Oranges Fresh Zucchini Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Potato Smiles Stir Fry Vegetables Refried Beans Chilled Pineapple Fresh Fruit Fresh Baby Carrots Fresh Grapes Fresh Red Peppers Frozen Fruit Cup Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Seasoned Fries Tater Tots Cauliflower & Cheese Chocolate Chip Cookie Fresh Fruit Chilled Peaches Fresh Baby Carrots Fresh Apple Slices Black Bean & Corn Salsa Green Leaf Lettuce Fresh Tomato 100% Juice Milk	

Menu subject to change due to availability.

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SHAWNEE MISSION

SCHOOL DISTRICT

High School Lunch Menu 2018-2019



as of 1/31/19

Served Week of:	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday		
1/14/2019	Mom's Kitchen 	Dill Chicken with Roll Macaroni & Cheese with Roll *	Chicken & Waffles Corn Dog	Popcorn Chicken with Roll * Chicken Chow Mein	Chicken Strips with Roll * Country Fried Steak with Roll *	Mandarin Orange Chicken with Rice Cheese Lasagna with Garlic Toast		
1/28/2019		Sandwich Station 	Chicken Sandwich Spicy Chicken Sandwich	Chicken Sandwich Meatball Sandwich BBQ Pork Sandwich	Cheeseburger Cheesesteak Sandwich Spicy Chicken Sandwich	Chicken Sandwich Cheeseburger Veggie Burger	Fish Sandwich BBQ Rib Sandwich Chicken Sandwich	
2/11/2019	Cold Power 		Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Garden Chicken Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Garden Chicken Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	
2/25/2019		Carb Station Build Your Own 	Build Your Own Cheeseburger Veggie Burger Hot Dog	Build Your Own Deli Sandwich with Turkey, Ham or Roast Beef	Build Your Own Potato Bar with Cheese or BBQ Pork Specialty Bread	Build Your Own Pasta Bar Meatballs or Chicken Marinara or White Sauce Garlic Toast	Build Your Own Taco or Nachos Beef or Chicken Soft Shell or Walking Taco	
3/18/2019			Finger Foods 	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza
4/1/2019		High School Lunch Prices: Paid Student \$2.80 Reduced Student \$0.40 Free Student \$0.00 Adult \$3.70 Visitor \$4.05 Fuel up with foods from each food group		Served with: Tater Tots Seasoned Fries Glazed Carrots Chilled Pears Fresh Orange Wedges Fresh Fruit Fresh Baby Carrots Fresh Cauliflower Fresh Cherry Tomatoes Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Oven Potatoes Potato Smiles Green Beans Chocolate Cake * Chilled Peaches Fresh Fruit Mixed Berries Fresh Baby Carrots Fresh Broccoli Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Seasoned Fries Steamed Broccoli Fresh Green Pepper Chilled Pineapple Fresh Fruit Fresh Baby Carrots Fresh Cucumbers Fresh Grapes Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Mashed Potato w/ Country Gravy * Tater Tots Roasted Vegetables Chilled Fruit Cocktail Fresh Apple Slices Fresh Fruit Fresh Baby Carrots Frozen Mangoes Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Seasoned Fries Black Beans Sugar Cookie Chilled Mandarin Oranges Fresh Fruit Fresh Banana Fresh Baby Carrots Fresh Celery Green Leaf Lettuce Fresh Tomato 100% Juice Milk
4/15/2019				High School Lunch Prices: Paid Student \$2.80 Reduced Student \$0.40 Free Student \$0.00 Adult \$3.70 Visitor \$4.05 Fuel up with foods from each food group	Served with: Tater Tots Seasoned Fries Glazed Carrots Chilled Pears Fresh Orange Wedges Fresh Fruit Fresh Baby Carrots Fresh Cauliflower Fresh Cherry Tomatoes Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Oven Potatoes Potato Smiles Green Beans Chocolate Cake * Chilled Peaches Fresh Fruit Mixed Berries Fresh Baby Carrots Fresh Broccoli Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Seasoned Fries Steamed Broccoli Fresh Green Pepper Chilled Pineapple Fresh Fruit Fresh Baby Carrots Fresh Cucumbers Fresh Grapes Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Mashed Potato w/ Country Gravy * Tater Tots Roasted Vegetables Chilled Fruit Cocktail Fresh Apple Slices Fresh Fruit Fresh Baby Carrots Frozen Mangoes Green Leaf Lettuce Fresh Tomato 100% Juice Milk
4/29/2019	High School Lunch Prices: Paid Student \$2.80 Reduced Student \$0.40 Free Student \$0.00 Adult \$3.70 Visitor \$4.05 Fuel up with foods from each food group		Served with: Tater Tots Seasoned Fries Glazed Carrots Chilled Pears Fresh Orange Wedges Fresh Fruit Fresh Baby Carrots Fresh Cauliflower Fresh Cherry Tomatoes Green Leaf Lettuce Fresh Tomato 100% Juice Milk		Served with: Oven Potatoes Potato Smiles Green Beans Chocolate Cake * Chilled Peaches Fresh Fruit Mixed Berries Fresh Baby Carrots Fresh Broccoli Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Seasoned Fries Steamed Broccoli Fresh Green Pepper Chilled Pineapple Fresh Fruit Fresh Baby Carrots Fresh Cucumbers Fresh Grapes Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Mashed Potato w/ Country Gravy * Tater Tots Roasted Vegetables Chilled Fruit Cocktail Fresh Apple Slices Fresh Fruit Fresh Baby Carrots Frozen Mangoes Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Seasoned Fries Black Beans Sugar Cookie Chilled Mandarin Oranges Fresh Fruit Fresh Banana Fresh Baby Carrots Fresh Celery Green Leaf Lettuce Fresh Tomato 100% Juice Milk
5/13/2019		High School Lunch Prices: Paid Student \$2.80 Reduced Student \$0.40 Free Student \$0.00 Adult \$3.70 Visitor \$4.05 Fuel up with foods from each food group	Served with: Tater Tots Seasoned Fries Glazed Carrots Chilled Pears Fresh Orange Wedges Fresh Fruit Fresh Baby Carrots Fresh Cauliflower Fresh Cherry Tomatoes Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Oven Potatoes Potato Smiles Green Beans Chocolate Cake * Chilled Peaches Fresh Fruit Mixed Berries Fresh Baby Carrots Fresh Broccoli Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Seasoned Fries Steamed Broccoli Fresh Green Pepper Chilled Pineapple Fresh Fruit Fresh Baby Carrots Fresh Cucumbers Fresh Grapes Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Mashed Potato w/ Country Gravy * Tater Tots Roasted Vegetables Chilled Fruit Cocktail Fresh Apple Slices Fresh Fruit Fresh Baby Carrots Frozen Mangoes Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Served with: Seasoned Fries Black Beans Sugar Cookie Chilled Mandarin Oranges Fresh Fruit Fresh Banana Fresh Baby Carrots Fresh Celery Green Leaf Lettuce Fresh Tomato 100% Juice Milk	

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