

# WIS Middle Upper SCHOOL MENU

## February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1  Grill Team Lunch
4 Chicken Parmesan Sandwich Steamed Red Potato Green Peas & Carrots Garden Salad W/ Cherry Tomato Autumn Vegetable Soup Vegetarian Rice And Black Bean Burger	5 Taco Chili Bar Mexican Brown Rice Vegetarian Black Beans Vegetarian Bean & Cheese Burrito  Soup of the Day	6 Cheese Tortellini Marinara Sauce Zucchini Toss Herb Bread Sticks Garden Salad  Soup of the Day	7  PIZZA Team Salad Bar Soup of the Day	8  Grill Team Lunch
11 General Tso's Chicken Seasoned Brown Rice Marinated Asian Vegetables Vegetarian Soba Noodle Salad Minestrone Soup	12 Sloppy Joe Sandwich Oven Roasted Potato Wedges Fresh Steamed Broccoli Vegetarian Garden Burger on Salad Carrot & Celery Sticks Soup of the day	13 Penne Pasta & Meat Sauce Steamed Zucchini Squash Garlic Bread Vegetarian Spaghetti Pasta  Soup of the Day	14  PIZZA Team Salad Bar Soup of the Day	15  <b>Professional Day</b>
18  <b>Holiday</b>	19 Herb Roasted Chicken Breast Saffron Rice Pilaf Fresh Green Beans Vegetarian Veggie Burgers Garden Salad Soup of the Day	20 Bowtie Pasta w/ Marinara Roasted Ratatouille Herb Seasoned Garlic Bread Spring Garden Salad Soup of the Day	21  PIZZA Team Salad Bar Soup of the Day	22  Grill Team Lunch
25 Oven Baked Fish Scalloped Potato Sauteed Kale Vegetarian Vegetable Samosas Cream of Tomato Soup	26 Philly Cheese Steak Roasted Latin Potato Wedges Glazed Fresh Carrots Vegetarian Eggplant Submarine  Soup of the Day	27 Chicken Alfredo w/ Broccoli & Cheese Breadsticks Greek Salad Vegetarian Alfredo Pasta W/ Broccoli Cheese Soup of the Day	28  PIZZA Team Salad Bar Soup of the Day	