

January 14, 2019

Dear Parent or Guardian,

Welcome to NDA! Enclosed are health forms that are required to be on file at the NDA Health Office. Compliance by all students is mandatory and forms should be mailed no later than **June 15, 2019.**

Your daughter's physical exam must be current or have been completed within 13 months from the start of the 2019-2020 school year. It should be noted that all athletes are required to have a current physical exam at the start of the season of participation. Immunizations must be current, complete and be included or attached to the physical exam form. If you object to immunizations for your child on the basis of religious beliefs or it is medically contraindicated, you must present written and signed documentation detailing such objections.

Attached you will also find the **Non-Prescription Medication Administration Permission Form**. Please indicate your preferences for medication administration during the school day and return this form to the NDA Health Center by mail, fax, or email. Please note the **Non-Prescription Medication Administration Permission Form** needs to be updated **ANNUALLY**.

If your daughter requires prescription medication to be administered during school hours, please complete the attached **Prescription Medication Permission Form**. Please note that a **physician's signature** is required for all medication to be administered at school.

If your daughter has an allergy or a medical condition, please call the Health Office to discuss how we can best care for your daughter during the school day. There is a link on the NDA Parent Portal Health button to Anaphylaxis Action Plan and Asthma Action Plan documentation to be completed by your daughter's physician.

All health forms can be completed and mailed to the NDA Health Office or faxed (339-200-3631) to the attention of the school nurse.

Please direct any questions or concerns to the NDA Health Office at 781-749-5930 ext. 2250 or email **dvazza@ndahingham.com**. Thank you in advance for your cooperation.

Thank you,

Deborah Vazza, RN, BSN P'13 '15