

LYME-OLD LYME HIGH SCHOOL
Parent Advisory Board Minutes
Wednesday, October 17, 6:30-8:45
Library Media Center

James Wygonik, Principal, Jeanne Manfredi, Assistant Principal, Dottie Wells and Jess Videll, Co-Presidents, Lori Montazella-Secretary, Guest Speaker: Crystal DePietro, Mary Seidner, LYSB

SUICIDE PREVENTION:

Crystal DePietro spoke about the stats of High Schoolers considering suicide. Suicide is the 3rd leading cause of death among 10-24 year olds. She also discussed what can be done, such as: Talking about it with your child. This WILL NOT give them ideas, stressed Crystal and Mary. Parents are by far the most important people in their children's lives, according to a recent survey. Ways to influence your child include being healthy yourself, teaching social skills, check in daily with your child, and be aware of the 5 kids who surround your child-you know who they are and their influence is great. Kids want you to say "NO"! Set rules for them. The good news is that 84% of LOL students surveyed said their lives are going in a positive direction. There is a counselor available at LYSB.

National Suicide Prevention Hotline: 800-273-8255.
Crisis Text line: text START to 741-741.
Call 211 for Mental Health Services (available 24/7)

CASFY is now LOL Prevention Coalition. They recently received a grant to study Suicide Prevention.

SPECTRUM CLUB:

This is a club at school that has many different activities which promote DIVERSITY of all kinds among students. This club aims to help the school provide a safe and welcoming environment and that EVERYONE is accepted in the building. They will be handing out buttons saying "What Do You Stand For".

ADVISORY REVAMPED:

Advisory has received feedback from kids and is being revamped to better serve students' needs. The teacher assigned to your student is the same HR teacher that they will consistently have for the 4 years of HS.

CLASS DUES:

\$25 each year goes mainly towards Senior expenses, such as Cap and Gown, Senior Banquet and the Senior Trip.

SAFETY PROCEDURES AND "ALICE" TRAINING:

You may have heard that there has been a change in procedure regarding Critical Incidents at LOLHS. Students are now encouraged and drilled to take a more proactive response to help ensure their safety as well as others. No more hiding. The children are taught to GO! GET OUT! RUN! if possible. They are taught to disperse/distract/counter

the aggressive person in the building as the situation permits. This gives students and teachers options and changes the mindset to “DO SOMETHING”. This is based on studies of recent school shootings as well as other acts of terror. The mindset now is MOVE.

FYI, EVERY piece of glass in the school building has a 3M shatterproof coating.

SAFE GRAD IS NOW GRAD NIGHT:

Please consider buying a pie for Thanksgiving or attending the Jonathan Edwards Winery night, which costs \$35 per ticket and includes 1 glass of wine and lots of food. Tickets are available. Please email lori.montazella@cbmoves.com or tracymcglinchey@comcast.net for more info and tickets. Wine will be available for sale (gifts for the holidays, anyone?) and 20% of any wine bought that evening, including additional glasses of wine, will be donated to Grad Night. Grad Night is the new name for the evening formerly known as SAFE GRAD, where the seniors go after graduation to have a safe and fun filled night. 95% of Seniors do attend this graduation night soiree. Please support this if you can and buy a pie or enjoy a fun night at Jonathan Edwards!