

DPS 2018-19

1-Feb

Dalton High School

**International
Friday**

Chicken Tender w/ Toast
Steamed Broccoli
Carrot Raisin Salad

**Southern Chow
Friday**

Chicken Tender w/ Toast
Steamed Broccoli
Carrot Raisin Salad

**Hot & Spicy
Friday**

Beef Nachos
Fresh Pico
Lettuce / Cheese
Pinto Beans

**Grill
Friday**

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Stick w/ Dip
Yogurt Box Choice

Feb 4-8

Monday

Quesadilla
Spanish Rice
Black Bean Salad
Pico de Gallo

Monday

Loaded Taco Potato
Fresh Pico
Jalapeno Pepper
Pinto Beans

Monday

Quesadilla
Spanish Rice
Pinto Beans
Pico de Gallo

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Baked Beans
Slaw
Yogurt Box Choice

Tuesday

Walking Taco
Steamed Corn
Pico de Gallo
Shredded Lettuce

Tuesday

Roasted Chicken w/ Roll
Mac & Cheese
Steamed Broccoli

Tuesday

Cheese Nachos
Fresh Pico
Shredded Lettuce
Refried Beans

Tuesday

Pizza
Marinara Sauce
Steamed Corn
Boxed Sandwich

Wednesday

Cheese Sticks
Marinara Sauce
Steamed Corn
Cucumber Salad

Wednesday

Cheese Sticks
Marinara Sauce
Steamed Corn
Cucumber Salad

Wednesday

Fajita Nachos w/ Rice
Salsa
Sauteed Peppers & Onions
Shredded Lettuce

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Cucumber Salad
Yogurt Box Choice

Thursday

Chili Fries
Garlic Toast
Pico de Gallo
Steamed Broccoli

Thursday

Hot Dogs
Baked Beans
Slaw
Pickle Relish

Thursday

Pork BBQ Nachos
Pico de Gallo
Corn
Shredded Lettuce

Thursday

Pizza
Marinara Sauce
Steamed Broccoli
Leafy Green Salad
Boxed Sandwich

Friday

Chicken Tender w/ Toast
Pinto Beans
Sweet Potato Fries

Friday

Chicken Tender w/ Toast
Pinto Beans
Sweet Potato Fries

Friday

Beef Nachos
Salsa
Lettuce / Cheese
Refried Beans

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Stick w/ Dip

Yogurt Box Choice

Feb 11-14

DHS

Monday

Chicken Alfredo w/ Roll
Steamed Broccoli
Leafy Green Salad
Fresh Fruit

Monday

Hamburger Patty w/ Gravy
Roll
Creamy Mashed Potato
Green Beans
Fresh Fruit

Monday

Chicken Fajita
Rice
Sautéed Onion/Pepper
Salsa
Fresh Fruit

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Black Bean Salad
Fresh Fruit
Yogurt Box Choice

Tuesday

Sweet & Sour Chicken
Rice, Egg Roll
Oriental Veggies
Leafy Green Salad
Fresh Fruit

Tuesday

Sweet & Sour Chicken
Rice, Egg Roll
Oriental Veggies
Leafy Green Salad
Fresh Fruit

Tuesday

Walking Taco
Shredded Lettuce/Cheese
Pico de Gallo
Fresh Fruit

Tuesday

Pizza
Marinara Sauce
Cucumber Salad
Leafy Green Salad
Fresh Fruit
Boxed Sandwich

Wednesday

Boneless BBQ Wings
Fresh Broccoli w/ Ranch
Celery/Carrot Sticks
Baked Beans
Fresh Fruit

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Boneless BBQ Wings
Fresh Broccoli w/ Ranch
Celery/Carrot Sticks
Baked Beans
Fresh Fruit

Wednesday

Cheese Nachos
Pinto Beans
Fresh Pico
Shredded Lettuce
Fresh Fruit

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit
Yogurt Box Choice

Thursday

Spaghetti Bake
Garlic Toast
Steamed Corn

Thursday

Country Fried Steak w/Gravy
Biscuits
Mac & Cheese
Green Beans

Thursday

BBQ Nachos
Pico de Gallo
Slaw
Corn

Thursday

Pizza
Marinara Sauce
Leafy Green Salad
Rosted Garbanzo Beans
Boxed Sandwich

Feb 19-22

DHS

Tuesday

Walking Taco
Shredded Lettuce/Cheese
Pico de Gallo
Refried Beans

Tuesday

Chicken Casserole
Roll
Glazed Carrots
Steamed Broccoli

Tuesday

Cheese Nachos
Pinto Beans
Fresh Pico
Shredded Lettuce

Tuesday

Pizza
Marinara Sauce
Broccoli Salad
Leafy Green Salad
Boxed Sandwich

Wednesday
Corndog
Potato Fries
Green Beans

Wednesday
Country Fried Steak
Biscuits & Gravy
Mac & Cheese
Green Beans

Wednesday
Fajita Nachos
Rice, Salsa
Sauteed Pepper & Onion
Pinto Beans

Wednesday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/onion/Pickles
Veggie Fries
Yogurt Box

Thursday
Cheeseburger
Lettuce/Tomato/Onion
Sweet Potato Fries
Leafy Green Salad

Thursday
Hot Dog
Baked Beans
Slaw
Sweet Potato Fries

Thursday
BBQ Nachos
Pico de Gallo
Slaw
Corn

Thursday
Pizza
Marinara Sauce
Roasted Garbanzo Beans
Leafy Green Salad
Boxed Sandwich

Friday
Chicken Tenders
Roll
Roasted Squash
Pinto Beans

Friday
Chicken Tenders
Roll
Roasted Squash
Pinto Beans

Friday
Beed Nachos
Shredded Lettuce/Cheese
Salsa
Refried Beans

Friday
Chicken Sandwich
Cheeseburger
Potato Fries
Yogurt Box

Feb 25-28

Monday
Spaghetti w/ Toast
Steamed Corn
Leafy Green Salad

Monday
Chicken Patty w/ Gravy
Garlic Toast
Steamed Broccoli
Mashed Potato

Monday
Cheese Nachos
Pico de Gallo
Steamed Corn
Shredded Lettuce

Monday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Glazed Carrot
Yogurt Box Choice

Tuesday
Sweet & Sour Chicken
Rice, Egg Roll
Oriental Veggies
Leafy Green Salad

Tuesday
Sweet & Sour Chicken
Rice, Egg Roll
Oriental Veggies
Leafy Green Salad

Tuesday
Walking Taco
Shredded Lettuce/Cheese
Pico de Gallo
Black Bean Salad

Tuesday
Pizza
Marinara Sauce
Carrot/Celery Stick w/dip
Leafy Green Salad
Boxed Sandwich

Wednesday
Country Fried Steak w/Gravy
Biscuits
Mashed Potato
Glazed Carrots

Wednesday
Country Fried Steak w/Gravy
Biscuits
Mashed Potato
Glazed Carrots

Wednesday
Fajita Nachos
Rice
Sauteed Pepper & Onion
Salsa

Wednesday
Chicken Sandwich
Cheeseburger
Lettuce/Tomato/onion/Pickles
Steamed Broccoli

Pinto Beans

Yogurt Box Choice

Thursday
Lasagna
Garlic Toast
Steamed Broccoli

Thursday
Lasagna
Garlic Toast
Steamed Broccoli

Thursday
Pork Carnita w/ Soft Tortilla
Cilantro,Lime,Onion
Pico de Gallo
Shredded Lettuce

Thursday
Pizza
Marinara Sauce
Steamed Corn
Leafy Green Salad
Boxed Sandwich