


Shepaug Valley School Breakfast Menu

February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Milk Served Daily: Fat Free Chocolate Skim 1% Ala Cart Milk Price: .35	Daily Price of Breakfast: Full Price 2.00 Reduced: .30 Adult Breakfast Price: 2.75				1 WG Yeast Raised Donut Fruit Yogurt Chilled Peaches 100% Fruit Juice Milk Choice	2
3	4 Whole Grain French Toast Sticks Syrup Chilled Fruit Cocktail 100% Fruit Juice Milk Choice	5 Whole Grain Pizza Sausage Chilled Pears 100% Fruit Juice Milk Choice	6 Egg & Sausage & Cheese On WG Croissant Chilled Mix Berries 100% Fruit Juice Milk Choice	7 WG Maple Waffle Syrup Fruit Yogurt Chilled Applesauce 100% Fruit Juice Milk Choice	8 WG Chocolate Chip French Toast Syrup Chilled Blueberries 100% Fruit Juice Milk Choice	9
10	11 Assorted WG Muffin or WG Danish String Cheese Chilled Applesauce 100% Fruit Juice Milk Choice	12 Whole Grain Breakfast Pizza Chilled Mix Berries 100% Fruit Juice Milk Choice	13 Whole Grain French Toast Sticks Syrup Chilled Pears 100% Fruit Juice Milk Choice	14 Whole Grain Pancake Syrup Chilled Peaches 100% Fruit Juice Milk Choice	15 Assorted WG Cereal Fruit Yogurt Fresh Banana 100% Fruit Juice Milk Choice	16
17	18 	19 No School PDD	20 Yogurt Parfait WG Corn Muffin Chilled Pears 100% Fruit Juice Milk Choice	21 Egg, Sausage & Cheese on WW Croissant Chilled Applesauce 100% Fruit Juice Milk Choice	22 Whole Grain French Toast Sticks Syrup Chilled Peaches 100% Fruit Juice Milk Choice	23
24	25 WG Maple Waffle Syrup Fruit Yogurt Chilled Fruit Cocktail 100% Fruit Juice Milk Choice	26 WG Pancake Syrup Fruit Yogurt Chilled Mixed Berries 100% Fruit Juice Milk Choice	27 Whole Grain Yeast Raised Donut String Cheese Chilled Fruit Cocktail 100% Fruit Juice Milk Choice	28 Yogurt Parfait WG Corn Bread Chilled Peaches 100% Fruit Juice Milk Choice		Daily Alternate: WG Bagel & Cream Cheese: Assorted Cereal: Muffin or Danish or Strudel WG