

# Parent & Child Activity Calendar

## Elementary School

PENNCREST School District  
Cambridge Springs, Maplewood, Saegertown



THE PARENT INSTITUTE®

## Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>February 2019</b>					<b>1</b> Read a book that you and your child can both enjoy.	<b>2</b> Learn how to say "I love you" in three other languages. Then, teach your child.
<b>3</b> Praise your child for something she did today. Make your praise as specific as possible.	<b>4</b> Look at photos from a year ago. Your child will be amazed at how much he has grown!	<b>5</b> Have each family member write a funny sentence. Put them together to make a story.	<b>6</b> Does your child know whom to call in an emergency? Make a list to post on your refrigerator. Practice what to say.	<b>7</b> Talk about the best and the worst parts of your day. Everyone gets a turn to talk.	<b>8</b> Teach a card game to your child. Play it with the whole family tonight.	<b>9</b> Make a family media plan. Discuss ways everyone can reduce screen time.
<b>10</b> Tuck a valentine in your child's lunch every day this week. Write a special "I love you" message on each.	<b>11</b> Pick a category. Ask your child to pick a letter. How many items from the category begin with that letter?	<b>12</b> Have a Word of the Day. Challenge family members to use it in a sentence. Make this a daily habit.	<b>13</b> Have your child close her eyes. Make a sound, such as jingling keys. Ask her to guess what you are doing.	<b>14</b> At the grocery store, have your child estimate how many apples are in two pounds. Use the scales to check.	<b>15</b> Look for a TV program on science or history. Watch it with your child.	<b>16</b> Visit the library to check out some books to read. Enjoy them together.
<b>17</b> Be creative in the kitchen. See who can invent the greatest-tasting new pizza topping.	<b>18</b> Ask your child to tell you about the nicest thing a friend has ever done for him.	<b>19</b> Create an art gallery. Frame your child's artwork. Rotate the work on display frequently.	<b>20</b> Choose a number, then have your child list all the things she can think of that come in that number.	<b>21</b> With your child, learn to say "hello" in two other languages.	<b>22</b> Let your child stay up a few minutes later tonight to read in bed.	<b>23</b> Challenge family members to write, eat or do other activities with the hand they don't favor.
<b>24</b> Look for ways to involve your child in your hobbies. If you are a runner, take him for a short jog.	<b>25</b> Let your child pick a word. Together, put its letters in alphabetical order.	<b>26</b> Ask your child to describe the most beautiful place she has ever seen.	<b>27</b> If your child gets headaches, squints or holds books too close, have his vision checked.	<b>28</b> For five minutes, both you and your child write a story. Then switch and finish each other's story.		