

Monday
Tuesday
Wednesday
Thursday
Friday


Meatless Monday **4**
 Mozzarella Sticks
 Marinara Sauce
 Seasoned Broccoli
 Garlic Knot
 100% Juice

Regular or Spicy Chicken **5**
 Patty Sandwich on WW Bun
 Smiley Fries
 Frozen Fruit Cup

Breaded Mini Ravioli **6**
 Marinara Sauce
 Carrot Bags
 Applesauce

Hamburger or Cheeseburger **7**
 On WW Bun
 Baked Beans
 Pears

Sal's Pizza **1**
 Cucumber Dippers
 Frozen Blueberries with
 Whipped Topping

Sal's Pizza **8**
 Cucumber Dippers
 Frozen Strawberries with
 Whipped Topping

Meatless Monday **11**
 Waffle Cut Fries
 3-Bean Chili & Cheese
 Seasoned Broccoli
 Dinner Roll
 100% Juice

Taco Tuesday **12**
 WG Nacho Chips
 Seasoned Beef
 Cheddar Cheese
 Brown Rice
 Refried Beans
 Orange Wedges

WG Rotini Pasta **13**
 Meatballs
 Marinara Sauce
 Green Beans
 Diced Pears

"Heart-y" Chicken Nuggets **14**
 Tater Tots
 Baked Beans
 Sidekicks Be Mine Juice Cup

Chicken or Cheese **15**
 Quesadillas
 Cucumber Dippers
 Frozen Blueberries with
 Whipped Topping

President's Day **18**
No School

Early Release Day **19**
 Pepperoni or Cheese Pinwheel
 Baby Carrots
 Apple Slices

WG Penne Pasta **20**
 Meatballs
 Marinara or Alfredo Sauce
 California Blend Vegetables
 Peaches

Hot Dog **21**
 On WW Bun
 Baked Beans
 Grapes

Sal's Pizza **22**
 Broccoli Dippers
 Frozen Strawberries with
 Whipped Topping

Meatless Monday **25**
 Toasted Cheese Sandwiches
 Creamy Tomato Soup
 Seasoned Broccoli
 Apple Grins

Brunch for Lunch **26**
 Pancakes
 Hash Brown
 Chicken Sausage or Chicken
 Bacon
 Egg Patty
 100% Juice

WG Elbow Macaroni **27**
 Meatballs
 Marinara Sauce
 Green Beans
 Diced Pears

Twisted Breadsticks **28**
 With Mozzarella
 Marinara Sauce
 Seasoned Broccoli
 Pineapple



- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Available daily: PB&J, PB&Fluff, or Bone Builder Plate (yogurt, cheese stick, WG cereal or breakfast pastry, fruit or 100% juice).
- Menu subject to change as needed without notice.
- WG=Whole Grain, WW=Whole Wheat
- Please contact Becky Fowler, Director of School Nutrition, becky.fowler@stoningtonschools.org or (860) 599-0766 with any questions or concerns