

Monday
Tuesday
Wednesday
Thursday
Friday


4
Assorted Cold Sandwiches
Or Munchable
Baby Carrots
Fruit Cup

5
Chicken Patty
on Whole Wheat Bun
Baked Beans
Pears

6
Assorted Cold Sandwiches
Or Munchable
Broccoli Dippers
Apple Slices

7
Hot Dogs
On Whole Wheat Bun
Green Peas
100% Juice

1
Assorted Cold Sandwiches
Or Munchable
Cucumber Dippers
Banana

11
Assorted Cold Sandwiches
Or Munchable
Baby Carrots
Fruit Cup

12
Cheese or Pepperoni
Pizza
Crisp Romaine Salad
Frozen Strawberries

13
Assorted Cold Sandwiches
Or Munchable
Broccoli Dippers
Apple Slices

14
"Heart-y" Chicken Nuggets
Corn
Baked Beans
Sidekicks Be Mine Juice Cup

8
Assorted Cold Sandwiches
Or Munchable
Cucumber Dippers
Banana

15
Assorted Cold Sandwiches
Or Munchable
Cucumber Dippers
Banana

18
**President's Day
No School**

19
Early Release
Assorted Cold Sandwiches
Or Munchable
Broccoli Dippers
Apple Slices

20
Assorted Cold Sandwiches
Or Munchable
Baby Carrots
Fruit Cup

21
Chicken Tenders
Mashed Potatoes
Green Beans
Diced Pears

22
Assorted Cold Sandwiches
Or Munchable
Bean Salad
Banana

25
Assorted Cold Sandwiches
Or Munchable
Baby Carrots
Fruit Cup

26
Hamburger or Cheeseburger
On WW Bun
Baked Beans
Fruit Cup

27
Assorted Cold Sandwiches
Or Munchable
Broccoli Dippers
Apple Slices

28
Cheese or Pepperoni
Pizza
Crisp Romaine Salad
Frozen Blueberries



- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Assorted Cold Sandwiches options are Turkey, Ham, PB&J, PB&Fluff, Cheese. Alternate meals include Bone Builders & Munchables.
- Bone Builder Plate with cereal or breakfast pastry, yogurt, cheese stick, and fruit or 100% Juice, and daily vegetable option.
- Munchables WG crackers or pretzels, lean deli meat or peanut butter, low fat cheese, fruit, and vegetable packaged in an easy to grab container!
- Menu subject to change as needed
- WG=Whole Grain, WW=Whole Wheat