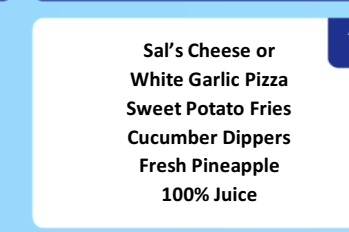


**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**


**Meatless Monday** **4**  
 Mozzarella Sticks  
 Marinara Sauce  
 Garlic Knot  
 Seasoned Broccoli  
 Fruit Cocktail  
 100% Juice

**WW Tortilla** **5**  
 Seasoned Beef or Fajita Chicken  
 Cheddar Cheese  
 Brown Rice  
 Refried Beans  
 Salsa & Lettuce  
 Orange Wedges & 100% Juice

**Spicy Chicken & Waffles** **6**  
 Hash Brown Patty  
 Cinnamon Carrots  
 Frozen Strawberries with  
 Whipped Topping  
 100% Juice

**Cherry Blossom or Firecracker Chicken** **7**  
 Vegetable Fried Rice  
 Oriental Blend Vegetables  
 Applesauce  
 100% Juice

**Sal's Cheese or White Garlic Pizza** **8**  
 Sweet Potato Fries  
 Cucumber Dippers  
 Diced Peaches  
 100% Juice

**Meatless Monday** **11**  
 Waffle Cut Fries  
 3-Bean Chili & Cheese  
 Seasoned Broccoli  
 Dinner Roll  
 Fruit Cocktail  
 100% Juice

**WG Nacho Chips** **12**  
 Seasoned Beef or Fajita Chicken  
 Cheddar Cheese  
 Brown Rice  
 Refried Beans  
 Salsa & Lettuce  
 Orange Wedges & 100% Juice

**French Toast Sticks** **13**  
 Hash Brown  
 Cinnamon Carrots  
 Chicken Sausage or Bacon  
 Egg Patty  
 Frozen Blueberries w/Whipped Topping  
 100% Juice

**"Heart-y" Chicken Nuggets** **14**  
 Roasted Ranch Potato Wedges  
 Steamed Carrots  
 Dinner Roll  
 Kiwi  
 Sidekicks Be Mine Juice Cups

**Sal's Cheese or White Garlic Pizza** **15**  
 Sweet Potato Fries  
 Cucumber Dippers  
 Diced Peaches  
 100% Juice

**18**  
**Presidents' Day**  
**No School**

**19**  
**Early Release**  
**No Lunch Served**

**Mini Chicken Tacos** **20**  
 Spanish Rice  
 Refried Beans  
 Fiesta Corn Cups  
 Frozen Blueberries  
 100% Juice

**Teriyaki Chicken** **21**  
 Vegetable Fried Rice  
 Oriental Blend Vegetables  
 Bananas  
 100% Juice

**Sal's Cheese or White Garlic Pizza** **22**  
 Sweet Potato Fries  
 Broccoli Dippers  
 Fresh Pears  
 100% Juice

**Meatless Monday** **25**  
 Breaded Mini Ravioli  
 Garlic & Herb Breadstick  
 Marinara Dipping Sauce  
 Seasoned Broccoli  
 Frozen Fruit Cup & 100% Juice

**WW Tortilla** **26**  
 Seasoned Beef or Fajita Chicken  
 Cheddar Cheese  
 Brown Rice  
 Refried Beans  
 Salsa & Lettuce  
 Orange Wedges & 100% Juice

**Pepperoni Pinwheel or Broccoli & Cheese Stuffed Croissant** **27**  
 Tater Tots  
 California Blend Vegetables  
 Applesauce & 100% Juice

**Pulled Pork On WW Bun** **28**  
 Roasted Ranch Potatoes  
 Baked Beans  
 Orange Wedges  
 100% Juice



- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Available daily: Chef Salad, Deli Sandwich, Pizza, Pasta, Hot Sandwiches & Wraps
- Menu subject to change as needed.
- WG=Whole Grain, WW=Whole Wheat
- Please contact Becky Fowler, Director of School Nutrition, [becky.fowler@stoningtonschools.org](mailto:becky.fowler@stoningtonschools.org) or (860) 599-0766 with any questions or to discuss meal modifications