



In Season Broccoli

Broccoli shares cancer fighting, immune boosting properties.

Broccoli contains high levels of both calcium and vitamin k, both of which are important for bone health and prevention of osteoporosis



Monday

This institution is an equal opportunity provider and employer.

Tuesday

Wednesday

Thursday

Friday

Beef/Chicken Nachos 4
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Fish Burger
Chicken Caesar Wrap
Chicken Caesar Salad

Chicken Teriyaki 5
Orange Chicken
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Turkey Gravy with Mashed Potatoes 6
Chicken Nugget Bowl
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Cheese Ripper with Tomato Soup 7
Tortellini
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Beef/Chicken Nachos 1
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Fish Burger
Chicken Caesar Wrap
Chicken Caesar Salad

Beef/Chicken Nachos 8
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Fish Burger
Chicken Caesar Wrap
Chicken Caesar Salad

Beef/Chicken Nachos 11
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Fish Burger
Chicken Caesar Wrap
Chicken Caesar Salad

BBQ Pork Sandwich 12
Baked Potato with Chili
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Chicken Drumstick 13
Buffalo Chicken Tot'chos
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Macaroni & Cheese 14
Meatball Sub
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad
Red Shape Up!

Beef/Chicken Nachos 15
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Fish Burger
Chicken Caesar Wrap
Chicken Caesar Salad

18
No School
President's Day

19
No School
Mid-Winter Break

20
No School
Mid-Winter Break

21
No School
Mid-Winter Break

22
No School
Mid-Winter Break

Beef/Chicken Nachos 25
Beef/Chicken Taco Salad
Beef/Chicken Burrito
Fish Burger
Chicken Caesar Wrap
Chicken Caesar Salad

BBQ Pork Sandwich 26
Chicken Rice Soup
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Chicken Drumstick 27
Buffalo Chicken Tot'chos
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Chicken Tortilla Soup 28
Pork Enchilada
Corn Dog
Chicken Caesar Wrap
Chicken Caesar Salad

Announcements

Offered Daily: Deli Sandwich, Pizza, Cheeseburger, Chicken Burger, Vegetable Burger, Yogurt Lunch AND Hummus Plate.

Included with All Lunches
Fruit & Vegetable Garden Bar
1% White or NF Chocolate Milk

Menu selections may change based on product availability.

*Juliana Fisher, MS, RDN, CD
Director, Food Services*

Meal Prices

Breakfast
Elementary \$1.75
Secondary \$2.00
Reduced K-12 Free
Adult \$2.40

Lunch
Elementary \$3.00
Secondary \$3.25
Reduced K-3 Free
Reduced PK, 4-12 \$0.40
Adult \$4.00
Milk Only \$0.50