



OUR LADY of
GOOD COUNSEL
CATHOLIC CHURCH

Fr. Matt's Musings

January 26, 2019

Spiritual Hiccups

During the week, there is no singing at daily mass. There is always a hiccup moment during our celebration. When the new translation of the Mass came to us, the words of the Sanctus - Holy, Holy Holy - were changed. Here are the earlier and current versions:

Holy, holy, holy, Lord, God of power and might.
Holy, holy, holy, Lord God of hosts.

Now, during our celebration some in the congregation say:
Holy, holy, holy Lord (pause) God of hosts...
Others say: Holy, holy, holy (pause) Lord God of hosts.

Hiccups are noticeable and a little disruptive, but they are usually a passing moment. In the spiritual life, there are many hiccup moments. Our resolve to be more patient may be disturbed by the hiccup of an unexpected inconvenience. Our prayer life may be interrupted by a period of spiritual dryness. Our grateful heart may be attacked by a jealous or selfish spirit. These are hiccup moments because they pass as we catch ourselves in them and pray for the grace to return to the person we are called to be. In the Salesian tradition, these are abjections. They are part of being a lovable, gifted but also weak and limited person. St. Francis tells us to embrace our abjections because they are meant to lead us to God to ask for the grace to live them well.

Live Jesus!

Fr. Matt

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