

## Parent/Guardian Consent Form Maturation Instruction for 5<sup>th</sup> Grade Students

Dear Parent/Guardian:

As part of your child's education, he/she will be invited along with their parents/guardians to attend a maturation program of instruction.

The maturation instruction program will be held at \_\_\_\_\_, \_\_\_\_\_  
Location  
 \_\_\_\_\_, \_\_\_\_\_  
Date Time

The 30-minute video presentation covers the objectives below:

- Identification of body changes that accompany puberty which includes a description of the basic structures of the male or female reproductive systems and functions.
- Identify behaviors that contribute to healthy body image (posture, hygiene, exercise, diet).
- Recognize fluctuations in emotions and discuss ways of dealing with emotional changes.
- Recognize physical changes that occur during puberty including the reproductive system.
- Identify characteristics of teasing, bullying, harassment, and inappropriate contact.

PARENTS: Under State Law, your child cannot participate in the maturation instruction specified unless and until this signed letter of permission is returned to your son/daughter's teacher. All information that will be presented to the students in the maturation presentation has been approved by the District Curriculum Review Committee and the Davis School District Board of Education. It is available online for you to preview. <https://www.davis.k12.ut.us/academics/physical-education/elementary>

**Options:**

1. \_\_\_\_\_ I grant permission for my child \_\_\_\_\_ to participate in the scheduled maturation instruction program as described above.
2. \_\_\_\_\_ I deny permission for my child \_\_\_\_\_ to participate in any part of the scheduled maturation instruction program as described above.

**Please Sign and Return this form to your child's school**

I have read this form and have chosen (checked) one option indicated above.

Parent/Guardian  
 Signature \_\_\_\_\_

Phone Number \_\_\_\_\_ Date \_\_\_\_\_

TEACHERS: Parents must receive this form no later than two weeks prior to the beginning of the maturation presentation at your school.