



Social Emotional Development and the Wellness of the Whole Child

Pillar 3
January 22, 2019



Action Item

Establish a Wellness Committee Task Force that is multi-disciplinary, represents K-12 and focuses on social-emotional wellness.

- Team meets monthly
- Membership from faculty, parents, and community
- Oversees, researches, and recommends various wellness activities K-12

Action Item

Develop systemic and systematic K-12 social - emotional wellness standards and curriculum

- State mandates standards recently issued
- Curriculum review to identify adherence to standards
- Standards and curriculum addressed through Health classes and Counselors/Social Workers at secondary level
- Standards and curriculum addressed through Psychologists and PE teachers at elementary level

Action Item

Promote school environments that are healthy, safe, supportive, engaging and inspiring

- Code of Conduct, Harassment policies, DASA, behavioral expectations
- District Wellness Policy
- PE plan and program
- Safety drills and protocols at all schools
- Whitson's food services and advertising
- Bully Proof Your Classroom Book Study
- Community/Town Meetings

Action Item

Promote school environments that are healthy, safe, supportive, engaging and inspiring

- Mindfulness training (Yoga Project)
- PPS support services
- Trusted adult activities
- “Healthy Balance” initiative
- Student - centered instructional initiatives - Inquiry and project based learning, integrated technology, opportunities for collaboration (Science 21, Math in Focus, Social Studies Framework)
- Student voice and choice- PMHS elective offerings, IB Community Project, Writers Workshop, Science Research

Action Item

Host District-wide celebrations which showcase diversity, acceptance, appreciation and understanding of peers**

- Diversity Showcase
- Diversity speaker series
- Cultural Proficiency Training
- Additional school and curricular based experiences for students

** Denotes action item planned in coordination with District Diversity Committee

Action Item

Create curriculum-based opportunities that foster relationships beyond the school day and the school boundaries**

- Partnership with Pelham Picture House, Pelham Arts Center, PEF, Civics, Pelham Together, PTAs, Lincoln Center, Various Colleges and Universities, Community Projects, Service projects with local charities, etc.

** Denotes action item planned in coordination with District Diversity Committee

Action Item

Implement K-12 systemic programs and experiences designed to foster social emotional growth

- Counseling curriculum
- PBIS and Teaming at PMS
- DBT

Action Item

Create systems for mentoring of pupils: adult to student and peer to peer; every student to have a trusted adult in the Pelham Public Schools

- Identification of trusted adults at all schools
- Targeted mentoring relationships established as needed
- Envisioning of Squads for peer mentoring at PMHS
- PPS staff relationships
- Teaching staff relationships

Action Item

Create an electronic resource bank of information, research and services made available for employees and families

- District website relaunched with focus on user experience and accessibility
- Resources for parents and staff
- Parent Portal for information on students progress
- Google Classroom and Launchpad implemented at secondary level for sharing of information and instructional resources with students, parents, and/or faculty
- Team drives (Google suite) for shared research and resources amongst faculty

Next Steps

- Strengthen alignment and systematic implementation of various initiatives
- Strategic Planning process to define focus of work moving forward
- Review the Wellness policy
- Assess effectiveness of work