

Transition/Life Skills
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MH 303

**Course
Description:**

Transition/Life Skills: This class is designed to teach and develop work readiness skills and allow students the opportunity to explore various career paths. The course also considers students specific skill needs and adapts content and instruction that will assist in the transition from school life to adult life. Transition/Life Skills also focuses on positive work habits, self-determination, and adult living skills. This is a course for high risk students under an IEP.

**Course
Objectives**

- Demonstrate self-advocacy skills.
- Develop self-awareness.
- Investigate careers of interest.
- Analyze work skills and habits.
- Practice work skills at community work sites.
- Develop and practice adult living skills.

Transition/Life Skills is a hands-on, practical application type class that combines lecture with authentic practice of learned skills. Students will develop self-awareness and soft skills for the workplace by learning and practicing in a classroom setting then have the opportunity to practice in authentic settings. Students will participate in various hands-on activities, some lecture, guest speakers, field trips, presentations, role-play, and non-paid community based transition experiences. Students will learn how to become an entrepreneur with making items such as bake goods, jewelry items, and Christmas decorations that they will sell for fundraising purposes. My goal as a teacher is to prepare each student to have a successful life after high school and to become a productive citizen in their community.

Classroom Rules

Treat others the way that they want to be treated.

Give personal space to others at all time.

Refrain from using bad language or any negative words.

Always use good manners, even with other students.

Cell phones are to be out of sight at all times unless the teacher gives permission for them to be out.

Quarters 1 - 4

Standards/Objectives & Topics/Activities:

- These are based on each students goals.
- Each student will learn and demonstrate self advocacy skills
- Learn and demonstrate knowledge of household management and community awareness skills.
- Each student will gain how to become successful after high school with training in the classroom.
- Students will gain experience about the community and what it offers through field trips.
- Students will learn how to be productive citizens by learning skills needed to be successful while working with or without others on a job.
- Students will gain communication skills needed to be successful in life.
- Students will learn skills such as doing laundry, baking and cooking, sewing, making crafts.