

Monta Vista High School

Course Selection Night – 10th Grade

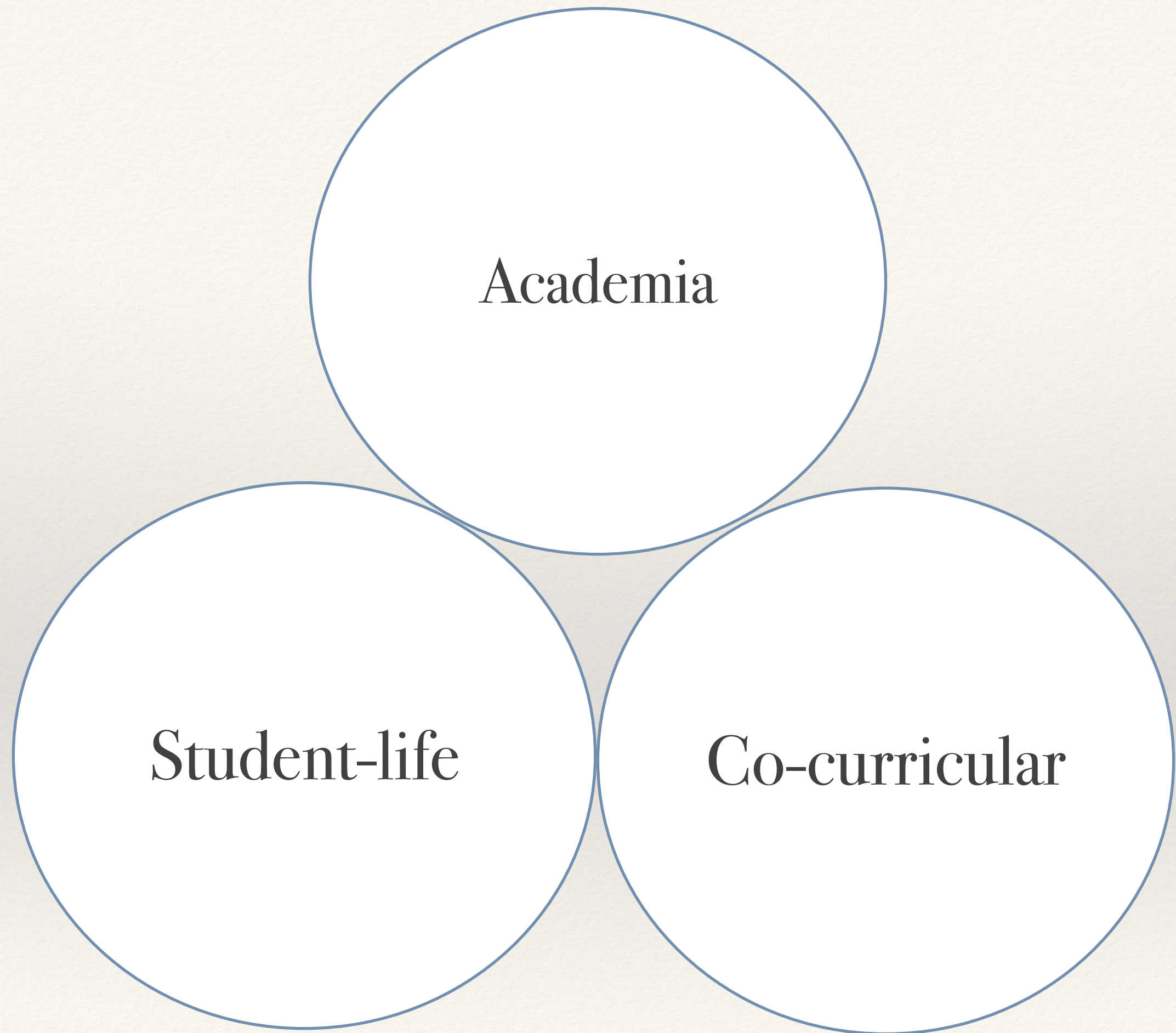


Tonight's agenda

- ❖ Introductions
- ❖ Graduation & college requirements
- ❖ Course selection process
- ❖ Things to consider for 11th grade
- ❖ Q & A

Guidance teams

Alpha	Counselor	Administrator
A — Gou	Monique Balentine 366-7615	Michael Martinez 366-7603
Gov — L	Jessica Coscia 366-7616	Nico Flores 366-7609
M — Sha	Sylvia Lann 366-7626	Janice Crier 366-7607
She — Z	Clay Stiver 366-7614	Mike White 366-7647



High school requirements

Requirement	Graduation	UC/CSU eligibility
English	4 years	4 years
Science	2 years	2 years
Math	2 years (through Geometry)	3 years (through Algebra II)
Social Science	3 years	2 years
PE	2 years	
Electives	<u>2 out of 3 of:</u> 1 year Applied Academic 1 year Fine Art 1 year World Language	1 year Fine Art 2 years World Language 1 year College Prep Elective
Total Credits	220	15 subject units

4-year timeline

9th Grade

Getting to know yourself & school

- Transition from middle to high school
- Identifying your learning style & solidifying study techniques
- Develop self-advocacy & independence
- Naviance — interest inventories

10th Grade

Exploration

- Explore — take risks & try new things
- Find out what interests you & what you are passionate about
- Naviance — career & major exploration

11th Grade

Honing in

- Go deeper in your areas of interest (both academic & extra-curricular)
 - Seek balance
 - Naviance — college exploration
- ◆ Tests — AP, CAASP, PSAT, SAT/ACT

12th Grade

Putting it all together

- Go deeper in your areas of interest (both academic & extra-curricular)
 - Seek balance
 - Naviance — college applications
- ◆ Tests — AP, SAT/ACT

Selecting courses

- ❖ Junior year = lots of student choices
- ❖ Select courses that are right for you
- ❖ Good rule of thumb — match rigor with interests!
- ❖ Informed decision making — seek information from teachers, guidance staff, current & former students, parents etc.
- ❖ Don't buy in to the Junior Year "*Trap*" — balance is key

11th grade core course offerings

English	Social Science
<ul style="list-style-type: none">American LiteratureAmerican Literature HAmerican Studies	<ul style="list-style-type: none">American StudiesUS HistoryAP U.S. History

11th grade elective offerings

Art	Athletics
Career Technical Ed.	General Electives
Math	Music / Theatre Arts
Science	World Language

MVHS math pathways

AP Statistics*

AP Calculus AB

AP Calculus BC

**Applications of
Advanced Math**

Pre - Calculus

Pre-Calculus H

Algebra 2

**Algebra 2 /
Trigonometry**

Geometry

Algebra 1

***AP Statistics
may be taken
upon successful
completion of
any upper level
math class**

Course selection support

- ❖ MVHS website
- ❖ Student Course Information Fair – February 1st
- ❖ Core Elective Night – February 5th @ 7pm

Selecting courses

- ❖ Collect information and data from your resources
- ❖ Request your top 6 courses academic courses
- ❖ Open periods - 1st / 7th / Sport
- ❖ No two classes within the same curricular department (e.g. Chemistry & Physics)
- ❖ Balance school and co-curricular activities

Grit and growth mindset

- ❖ The more you stick with an activity, the higher you move up the grit scale while developing your growth mindset:
 - ❖ Dig deeper into areas of interest
 - ❖ Learn with purpose
 - ❖ Have fun
 - ❖ Be a kid!
- ❖ Clubs
- ❖ Leadership
- ❖ Music
- ❖ Theatre
- ❖ Spirit
- ❖ Dance Team
- ❖ Color Guard
- ❖ Athletics

Striking balance

- ❖ Consider your options and time commitments carefully!
- ❖ **Time Management Tool**
 - ❖ [Form](#) is on the MVHS website
 - ❖ Purpose is to facilitate a conversation at home:
 - ❖ Daily living hours
 - ❖ Course workload expectations
 - ❖ Extra-curricular hours

Course selection timeline

- ❖ Infinite Campus Portal Open: 2/1 - 3/1
- ❖ Course Request Forms due: March 1
- ❖ Course Request Verification: March & June
- ❖ Pick up schedule first day of school — 8/19

Top 5 for 11th graders

1. Maintain balance
2. Choose courses that are right for *you*
3. Continue to explore and deepen *your* areas of interest
4. Foster independence & encourage self-advocacy
5. Be courageous and fuel your bus with positive energy

Next steps

- ❖ See you Tuesday, February 5th
at Core Elective Night!
- ❖ Q & A