

School Health Advisory Committee (SHAC)
Meeting Minutes
5/2/16 – 3:40 to 5:00pm
Barre Town Library

Co- Chairs: Tanya Crawford-Stempel and Laura Thygesen
Notes submitted by Leah Finch

“The School Health Advisory Committee creates supports and implements programs and policies that utilize knowledge, skills and experiences to support and sustain life-long healthy choices and connect health and learning for students, parents, staff, and community.”

In attendance: Leah Finch, Bob Hildebrand, PJ LaPerle, Sarah Drohan, Karen Moran, Angie Carpenter-Henderson, Jennifer Nye, Jen Malnati, Lizzy Malnati, Lauralea Curavoo, Jen Trombley, Laura Thygesen, Tanya Crawford-Stempel, Karen Nelson, Lexa Jones

Review April minutes
Meeting minutes approved

Announcements

- Spring Carnival was successful!
 - Positive feedback from students/teachers
 - Idea to possibly not have Winter Carnival but instead Spring Carnival next year
- Boys and Girls Running Club
 - 5K Race: May 21st here at Barre Town School
- District Wellness Policy
 - Nurses created district 'skeletal' Wellness Policy
 - Discussion about having a district wide SHAC committee
 - SBSAS Grant requires that we have a district wide WSCC committee
 - This Wellness Policy will need to be passed by the end of next school year
- School Board Presentation
 - On the agenda for June 1st to share about WSCC
 - There will be a grant for developing WSCC -- this comes out in May
 - Fresh fruit/vegetable grant - Chef Bob & Angie will look into this
 - Walk to School Day is Wednesday!

Old Business

- Before & After School Care
 - Jen Nye & Erica Pearson are meeting with Burlington YMCA to partner with them for before school care - bringing the proposal to the board on Wednesday
 - There is a need for after school activities (21st Century Grant or others?)
- CSL Walk
 - May 28th James Carpenter's class is doing a Family Fun Day

- Wellness ideas: bike safety, informational tick cards, carseat safety, comfort station/family rest stop, DCF resource, preschool information, free & reduced lunch forms, Capstone Community Action, library, Deb Curtis for gardening, USTA, State Parks or Fish & Wildlife
- Awareness for water fundraiser

WSCC 10 Domains:

- Activity

Action Plan Wrap-Up

- All Objectives

Ending Reflections

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