

School Health Advisory Committee (SHAC)
Meeting Minutes
3/7/16 – 3:40 to 5:00pm
Barre Town Library

Co- Chairs: Tanya Crawford-Stempel and Laura Thygesen

“The School Health Advisory Committee creates supports and implements programs and policies that utilize knowledge, skills and experiences to support and sustain life-long healthy choices and connect health and learning for students, parents, staff, and community.”

In attendance: Tara Simpson, Bob Hildebrand, Tanya Crawford-Stempel, Karen Moran, Lauralea Curavoo, Laura Thygesen, Karen Nelson, Molly Forte, Angie Carpenter-Henderson, PJ LaPerle

Review February minutes
February meeting minutes approved
Introductions

Announcements:

Winter Carnival Postponed until Spring (April 19)

Smoothies served, PTO will sponsor Smoothies for Spring Carnival

PTO - Bingo/Snowshoe - Dances/games in lieu of snowshoeing due to weather. Same attendance than last year, younger students.

Evening dance event being planned for March 25th, Contra Dance and Dessert Through Abbey Group. Requested funds from PTO, school will also support through local funds.

K-8 District Wellness Policy

PTO movie Night coming up

Awareness Walk- 4 CSL students met with SHAC members for planning around awareness walk/run to be hosted during Family Fun Day in May. Will continue to provide advisement to students for this project.

Old Business:

Food repurposing: Chef Bob assessed current food available for repurposing. Found not much usable food to repurpose.

Explore share table and redistribution of school lunch program food within the school. Look into food safety issues, areas of school who need food, cleaning and storing food for redistributing.

WSCC 10 Domains: reviewed what was brainstormed at prior staff mtg (what we have, what we want)

Family Engagement: Consider grandparent and special friend meal. Consider a potluck for middle school families, or other middle family events. Consider collaboration with Student Council for family event planning. Discussed advertizing current accessible events. Subcommittee to discuss balancing school security measures with inviting parent participation w/ admin. More parent education opportunities for families within the school.

Health Services: Sustainability of Responsive Classroom and social curriculum, Tooth Tutor, Trauma Training

Action Plan Update: tabled until April. mtg

Respectfully submitted, Tanya Crawford-Stempel, RN