

School Health Advisory Committee (SHAC)  
Meeting Minutes  
2/1/16 – 3:40 to 5:00pm  
Barre Town Library

Co- Chairs: Tanya Crawford-Stempel and Laura Thygesen  
Notes submitted by Leah Finch

“The School Health Advisory Committee creates supports and implements programs and policies that utilize knowledge, skills and experiences to support and sustain life-long healthy choices and connect health and learning for students, parents, staff, and community.”

**In attendance:** Leah Finch, Bob Hildebrand, Lauren Singer, Mariel Adsit, PJ LaPerle, Sarah Drohan, Karen Moran, Angie Carpenter-Henderson, Lauralea Curavoo, Jennifer Nye, Jen Malnati, Lizzy Malnati, Jen Trombley, Laura Thygesen, Deb Curtis

### **Review January minutes**

### **January meeting minutes approved**

### **Announcements**

- Winter Carnival
  - New this year-
    - Big rigs will be outside on display
    - Race car to read outside
  - Junior ROTC will be here to help
  - Smoothies offered to all students, PTO support along with Chef Bob!
  - Question: Why can't we do it inside if the weather doesn't cooperate?  
Answer: Space -- if the weather isn't good in April then there is a back up
- Fuel Up to Play 60
  - Lizzy M & Nathan R have spoken to all 5th and 6th grade TA's to get them involved
  - 5 of 6 steps to get to "Touch Down School" are completed
    - 5th & 6th grade TA's got students signed up
  - Working with student council to participate in the school dance coming up
- Family Snowshoe & Bingo Event (SHAC and Barre Town PTO) planned for Saturday, February 13th
- Course being offered through Castleton about WSCC

### **Old Business**

- Repurposing of the food
  - Chef Bob sent an email to Jen & Tim about next steps
  - Researched cryovac machine
  - Courtney L is interested in taking this on as her 8th grade project
  - Karen is looking at funding options for the machine

## Introductions

### WSCC 10 Domains:

- **Social Emotional Climate**

- Reviewed “What We Have” and “What We Want” based on staff feedback
  - Reviewed the PBIS model
  - Reviewed mentoring program
  - Discussed the need for small group social/emotional interventions
    - Is this something that Lexa Jones could do?
    - What if Lexa took over Rob’s teaching and he would be free to meet with more small groups?
  - *Second Step* is the program we currently use
    - How can we make this more student centered? Incorporate role playing, etc.
    - Should we look at other programs or what other schools are doing?
  - YRBS - results should be out in March
    - Pj shared- It will be interesting to see if any of the programs we have in place have made an impact.
  - How can we get more cross age activities happening in the school?
    - 5th grade team worked to get students involved in cross grade activities quarterly (5-8)
  - We are looking at getting a clinician for elementary students. Chris Stellar currently works with students in grades 5-8.
  - Discussion of more collaboration across grades regarding students (Special Educators & Classroom Teachers)
    - Looping?
  - We are starting the Trauma Informed Training (with NFI)
  - Garden Club is planned for the Spring
  - Boys & Girls Running Club
  - Student Council

- **Physical Environment**

- Reviewed “What We Have” and “What We Want” based on staff feedback
- Some PK rooms are replacing carpet
- Walls - is this something we can look into further? (K in particular)
- Has anyone looked into the colors and the correlation to moods in the school?
- Garden
  - Can we have more space for the garden or have some beds in a more informal setting (i.e. near the playgrounds)?
  - Kindergarten & PK would be interested in helping to maintain the gardens if they are close to their classrooms
  - Growing something more hearty would be important so that students could interact with it during their recess

- Sunflowers?
- Would we need to think about fencing for this?
  - Berlin Elementary have raised beds on their playground that is not fenced in
  - Could we try this out and get fencing if necessary?
- What do we have for funding options if Crops by Kids cannot cover this?
  - There are grant opportunities if someone is willing to write the grant
  - There needs to be shade offered on the playground- could the raised garden beds somehow be incorporated in this?

### **Action Planning Status**

- Objective 1- making progress on this by going through all 10 domains during the SHAC meeting
  - The plan is to go back through the 10 domains and make an action plan based on this information
- Objective 3- Surveyed parents at Open House
  - Two parents offered classes on sewing/cooking
  - PTO Snowshoe Event
  - 2 students will be participating in the CLS Awareness Walk
  - We have not pursued partnering with FEED yet
    - Farm to School Meeting is happening next week - Karen will be there and will bring back brochures/information

### **Ending Reflections**