

School Health Advisory Committee (SHAC)

Meeting Minutes

10/5/15 – 3:40 to 5:00pm

Barre Town Library

Co- Chairs: Tanya Crawford-Stempel and Laura Thygesen

Notes submitted by Laura Thygesen

“The School Health Advisory Committee creates supports and implements programs and policies that utilize knowledge, skills and experiences to support and sustain life long healthy choices and connect health and learning for students, parents, staff, and community.”

In attendance: Laura Thygesen, Tara Simpson, Leah Finch, Bob Hildebrand, Karen Nelson, Angie Carpenter-Henderson

Lauren Singer, Sarah Drohan, Tanya Crawford-Stempel

Introductions

May mtg minutes approved

Norms reviewed, nothing added

Some signed up for snack, Leah agreed to be our secretary this year!

Announcements:

Chef Bob reported 375 served at open house meal, \$850 profit given to CBK garden. Members wondered if the Harvest Mkt/dinner could be open to the whole school (not just K-4)

He is looking into a program where we would be donating surplus foods. Tanya offered to watch the webinar with Bob. Tanya, Jen, and Karen can meet to discuss action steps

Tanya presenting at the School Nutrition Association mtg in Oct. on SHAC

Walk to School: Wed, Oct 7

Old Business:

Taste Testing-need more parent involvement. Oct 9 1st one

Awareness Walks-need more community and school involvement. Discussion of how older students could organize a walk as a project (connect with James Carpenter, PSTL)

New Business:

Whole School, Whole Community, Whole Child -Karen gave this overview (video and handouts)

Action Plan-read, no action taken to approve it

#1(Inform and Educate the School Community about WSCC model)

Tanya and Laura will be on the staff mtg agenda to share model with staff

#2 (Develop a Sustainable PA system K-8)

#3 (Increase Family and Community Involvement in the BTMES Community)

Laura will be attending the Oct PTO mtg,

Getting a volunteer list, talents of folks and availability