

School Health Advisory Committee (SHAC)

Meeting Minutes

2/6/17 – 3:40 to 5:00pm

Barre Town Library

Co- Chairs: Tanya Crawford-Stempel and Laura Thygesen

“The School Health Advisory Committee creates supports and implements programs and policies that utilize knowledge, skills and experiences to support and sustain lifelong healthy choices and connect health and learning for students, parents, staff, and community.”

In Attendance:

Laura Thygesen, Tanya Crawford-Stempel, Gage Simpson, Tara Simpson, PJ LaPerle, Karen Moran, Bob Hildebrant, Karen Nelson, Jen Nye,

Approval of January meeting minutes

King Arthur Flour Program. Chef Bob applied, no word back, will report to Mr Griggs No word from the company on the status of the grant. Bob will reach out to them.

Fuel Up to Play 60 Grant- PJ

Targeting middle school community night at the end of March. Looking to book at school, and are reaching out to Cabot for presentation. Representative help create press release. Kitchen equipment was ordered. Physical activity equipment is in process of being ordered.

Unified Sports

Resurrected former Barre Town School program. Snowshoeing team with 10 athletes. Mr Mills and Mr Patoine are coaching. States-wide competition is on March 3. Barre Town will partner with Barre City School for an alternative event since this is during school break.

BSU Wellness Policy

Approved at BSU level and at BTMES board level. BCEMS board will vote this month.

Youth Risk Behavior Survey

This biannual survey administered from the Vermont Department of Health, will be given on Feb, 15-16th for grades 6-8.

Parking Lot

Tara spoke with Chief Stevens about people parking in fire lane and other obstructive areas during drop off and pick up. Will collaborate with Admin and Facilities to find ways monitor and improve.

Kitchen Report-Chef Bob

Winter Feast for 2nd Grade is next week, Valentine's Day, will have strawberry milk. Cabbage is taste test of the month. Discussed having parents and student involved

(Tara and Gage Simpson, and Karen Moran) in taste testing. PK student snacks (students calling "Happy Meal") up to 60 participants. Nearly all free/reduced eligible students are electing to receive snack.

Gallery Walk 1.3 - Activities reviewed

Reviewed Gallery Walk info from the November and January meetings (Dec. mtg cancelled). Items added to the list for 1.1 and 1.2.

Next Steps:

- Jen will have Tina L create a list of all recurring annual events (Action Plan item 1.3)
- Bob will reach out to King Arthur Flour regarding application and BTMES event.
- PJ to Announce date of Fuel Up to Play 60 event