

School Health Advisory Committee (SHAC)

Meeting Minutes

11/7/16 – 3:40 to 5:00pm

Barre Town Library

Co- Chairs: Tanya Crawford-Stempel and Laura Thygesen

“The School Health Advisory Committee creates supports and implements programs and policies that utilize knowledge, skills and experiences to support and sustain life-long healthy choices and connect health and learning for students, parents, staff, and community.”

In Attendance:

Laura Thygesen

Tanya Crawford-Stempel

Gage Simpson, 6th grade student

Tara Simpson, Parent

Karen Nelson, VDH School Health Liaison

PJ LaPerle, SAP Counselor

Karen Moran, Parent

Scott Griggs, Co-Principal

Bob Hildebrant, Abbey Group

Tara Reil - Parent

Introductions

Approval of October meeting minutes

YRBS Update: Laura reporting seeing the data link on website. PJ has a cmt of students (BC, BT, SHS) to review data and plan next steps.

King Arthur Flour Program

- 4-7th grade If did 5-6 would be 170 kids. Chef Bob will apply. Discussed logistics for bread distribution, and set up.

Email Communication to Parents: Scott

- Met w/ Diane Stacy. To look at capabilities through IC, looks like has capability. SHS uses these features

Kitchen Report: Bob

- Harvest Meal for k/1st grade guests. Will have one for Holiday meal 2nd/3rd grade, Spring meal 4th grade
- New staff including new grad from the Capstone Kitchen Project
- Considering middle school meals with parents, grandparents, etc
- Evening school, activity, spring sports, with parents, can be food service PTO, Student Council, and AD (James Carpenter)

Fuel Up to Play - PJ

- Grant submitted for updating kitchen equipment, food for taste testing, circus kit for classroom activities/addition to PE curriculum. , ping pong mid winter community night. 6-8 weeks to hear back

Action Plan - Laura/Tanya

- Action Plan Accepted
- Will be presented to School Board, on BTMES Website, suggestion of adapting for Implementation Plan for BTMES Wellness Policy
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Action Plan Walk Around Activity - All

Next Steps:

- Contact Student Council, PTO, AD, Crops By Kids to discuss May school/family night
- King Arthur Flour Application - Bob
- Continue with brainstorming work next meeting regarding Action Plan