School Health Advisory Committee (SHAC)
Meeting Minutes
11/7/16 – 3:40 to 5:00pm
Barre Town Library

Co-Chairs: Tanya Crawford-Stempel and Laura Thygesen

“The School Health Advisory Committee creates supports and implements programs and policies that utilize knowledge, skills and experiences to support and sustain life-long healthy choices and connect health and learning for students, parents, staff, and community.”

In Attendance:
Laura Thygesen
Tanya Crawford-Stempel
Gage Simpson, 6th grade student
Tara Simpson, Parent
Karen Nelson, VDH School Health Liaison
PJ LaPerle, SAP Counselor
Karen Moran, Parent
Scott Griggs, Co-Principal
Bob Hildebrant, Abbey Group
Tara Reil - Parent

Introductions
Approval of October meeting minutes
YRBS Update: Laura reporting seeing the data link on website. PJ has a cmt of students (BC, BT, SHS) to review data and plan next steps.

King Arthur Flour Program
- 4-7th grade If did 5-6 would be 170 kids. Chef Bob will apply. Discussed logistics for bread distribution, and set up.

Email Communication to Parents: Scott
- Met w/ Diane Stacy. To look at capabilities through IC, looks like has capability. SHS uses these features

Kitchen Report: Bob
- Harvest Meal for k/1st grade guests. Will have one for Holiday meal 2nd/3rd grade, Spring meal 4th grade
- New staff including new grad from the Capstone Kitchen Project
- Considering middle school meals with parents, grandparents, etc
- Evening school, activity, spring sports, with parents, can be food service PTO, Student Council, and AD (James Carpenter)

Fuel Up to Play - PJ
- Grant submitted for updating kitchen equipment, food for taste testing, circus kit for classroom activities/addition to PE curriculum. ping pong mid winter community night. 6-8 weeks to hear back

**Action Plan - Laura/Tanya**
- Action Plan Accepted
- Will be presented to School Board, on BTMES Website, suggestion of adapting for Implementation Plan for BTMES Wellness Policy

**Action Plan Walk Around Activity - All**

**Next Steps:**
- Contact Student Council, PTO, AD, Crops By Kids to discuss May school/family night
- King Arthur Flour Application - Bob
- Continue with brainstorming work next meeting regarding Action Plan