

Parkland Middle School Lunch Menu February 2019

Monday

Tuesday

Wednesday

Thursday

Friday



4 The Main Events
turkey sausage patty
yogurt
Sidelines
french toast sticks
hash brown rounds

5 The Main Events
chicken fajita
cheeseburger on roll
Sidelines
steamed brown rice
celery sticks w/dip

6 The Main Events
mac & cheese
chicken patty sandwich
Sidelines
dinner roll
steamed broccoli

7 The Main Events
chicken fryz
hot dog on roll
Sidelines
pierogies
baked beans

1 The Main Events
meatballs in sauce
chicken patty sandwich
Sidelines
pasta w/sauce
steamed broccoli

8 The Main Events
cheesesteak on roll
chicken nuggets
Sidelines
tater tots
steamed corn

Additional daily choices of “The Main Event” include pizza, salad bar, sandwiches, wraps, and PBJs. Additional daily choices of “Sidelines” include 3 different vegetables and 3 different fruits.

Lunch includes fruit and milk

Menu subject to change without prior notice

Prices:

Student @ \$2.85

Reduced @ \$.40

Adult @ \$3.85

Monday**Tuesday****Wednesday****Thursday****Friday**

11 The Main Events
 mini corn dogs
 cheddar cheese meatloaf
 sandwich on roll
Sidelines
 mashed potatoes w/gravy

**18 HOLIDAY
 (no school)**



25 The Main Events
 mozzarella sticks w/ sauce
 cheeseburger on roll
Sidelines
 dinner roll
 tossed salad

12 The Main Events
 trojan chicken bowl
 mozzarella sticks w/sauce
Sidelines
 dinner roll
 steamed broccoli

19 The Main Events
 chicken patty sandwich
 stuffed crust sticks w/sauce
Sidelines
 baked beans
 french fries

26 The Main Events
 chicken tenders
 hot dog on roll
Sidelines
 soft pretzel rod
 steamed green beans

13 The Main Events
 nachos
 w/Bush's taco fiesta
 black beans
 turkey & cheese melt
 on pretzel bun
Sidelines
 steamed brown rice

20 The Main Events
 teriyaki chicken over
 steamed brown rice
 bacon cheeseburger on roll
Sidelines
 vegetable egg roll

27 The Main Events
 walking taco
 w/Bush's taco fiesta
 black beans
 chicken nuggets
Sidelines
 steamed brown rice

14 The Main Events
 pasta w/meat or marinara
 sauce
 hot dog on roll
Sidelines
 dinner roll
 tossed salad

21 The Main Events
 chicken & cheese quesadilla
 w/salsa
 hot dog on roll
Sidelines
 tortilla chips w/salsa
 steamed green beans

28 The Main Events
 parkland deli hoagie
 mini corn dogs
Sidelines
 french fries
 celery sticks w/dip

15 NO SCHOOL

 (snow make-up,
 4th lost day)

22 The Main Events
 egg mctrojan
 yogurt
Sidelines
 french toast sticks
 tater tots

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Reduced @ \$.40

Adult @ \$3.85

Breakfast Menu

Middle Schools and High School

Monday	Tuesday	Wednesday	Thursday	Friday
mini pancakes	egg, turkey sausage, & cheese on english muffin	mini turkey sausage wrapped in pancake	egg, turkey sausage, & cheese on english muffin	mini waffles
OR	OR	OR	OR	OR
donut, wg	cereal, wg and yogurt, 4 oz	donut, wg	cereal, wg and yogurt, 4 oz	donut, wg
OR	OR	OR	OR	OR
bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese
OR	OR	OR	OR	OR
PBJ sandwich	PBJ sandwich	PBJ sandwich	PBJ sandwich	PBJ sandwich



**breakfast includes choice of fruit,
juice, and milk**

**student prices: \$.00 to free
 \$.30 to reduced
 \$1.60 to paid**