



# **DHS Discipline Report**

**November, 2018**

## DISCIPLINE DATA AUGUST THROUGH NOVEMBER FROM 2016-2018





# The Roots of Disruptive/Unsafe Behavior: Mental Health

## NATIONALLY

- Increase in teen anxiety & depression
- Teen Suicide up 70% since 2008
  - Factors: Social Media, Academic & Personal Stress. & TRAUMA

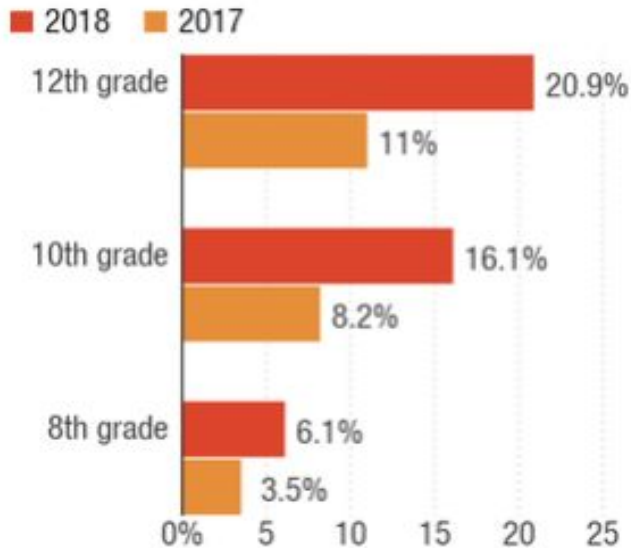
## LOCALLY

(Fall of 18 at DHS)

- 14 Suicide Evals
- 8 Hospitalizations due to mental health
- Significant increase in TIME

# The Roots of Disruptive Behavior/Unsafe Behavior: Substance Abuse

Prevalence Of Nicotine Vaping



Monitoring The Future survey/New England Journal of Medicine

- 75% increase in use of e-cigarettes amongst high schoolers in 2018 compared to 2017 (FDA)
- 25% of teens using marijuana
- Perception of Risk:  
2016 17.1%  
2017 14.1%



## **WHAT HAVE WE DONE AT DHS**

- Chris Shaffner (JOLT Foundation)
- Hult Center
- Extensive time meeting with counselors, part time social worker, administration
- Education for teachers/students
- Eagle Education
- Exploring local resources



## WHAT OTHERS ARE DOING

### East Peoria High School

- Clinical mental health counselor (Tazwood Center for Wellness)
  - Started early October
  - Full case load
    - 7 students a day (45 min sessions)

### Pekin High School

- Clinical mental health counselor (Tazwood)


### Washington and Morton High Schools

- Share a crisis counselor

*Bringing counselors and psychiatrists into schools is effective: "This is considered a preferable model of care," she says. These programs are new, but data shows that school counseling for kids at risk for substance abuse leads to less absenteeism and better school performance.*

**Sharon Hoover, co-director of The National Center for School Mental Health,  
University of Maryland School of Medicine**





## **DHS Needs Assistance w/Substance Abuse & Mental Health Concerns**

- Hire a full-time social worker for DHS only (currently posted)
- Hire a full-time licensed clinical mental health counselor, OR contract those services out independently





**THANK YOU!**

Any questions?