

**PA GET HELP NOW**  
Find Drug and Alcohol Treatment Services

[1-800-662-4357 \(HELP\)](tel:1-800-662-4357)



## Family Resource Websites by Topic

### What is Addiction (Substance Use Disorder)?

It is estimated that in Chester County alone, there are 35,000 residents who suffer from a Substance Use Disorder (SUD). According to the Substance Abuse and Mental Health Administration (SAMHSA), SUD's are defined as mild, moderate, or severe to indicate the level of severity, which is determined by the number of diagnostic criteria met by an individual. SUD's occurs when the recurrent use of alcohol and/or other drugs causes clinically and functionally significant impairment, such as health problems, disability, and failure to meet major responsibilities at work, school, or home.

Addiction and dependence are components of SUD's, addiction being the most severe. Addiction is a chronic brain disease characterized by one's compulsion, or lack of self-control, leading them to engage in drug seeking behavior regardless of consequences. Addiction begins with someone using alcohol or other drugs. Over time, these substances can alter the chemistry in the brain's reward center resulting in increased tolerance. Increased tolerance means that a person needs more of the substance to achieve the same effect or "high". As a person's tolerance increases, so does the potential for withdraw. Withdrawal is the group of symptoms that can occur when a person has decreased use or is no longer using. Withdrawal can include emotional, physical, behavioral, or physiological symptoms. The person then becomes dependent on the substance, which means the person begins using the substance to function "normally" in order to prevent them from going into withdrawal from that substance.

Finding support for substance use and related issues can be challenging. This Resource Guide, developed by the Chester County Department of Drug and Alcohol Services' Advisory Council, was created to guide you in connecting to the services needed. Compiled with the assistance of individuals and family members who have lived experience as well as representatives from recovery and treatment organizations, the guide includes resources for every step of the treatment and recovery journey. Our hope is that it will help you, your loved one and your family, find support healing and the rewards of sustained recovery for each person and family member impacted.

**Please note:** The resources listed are subject to change at any time and are not an endorsement by Chester County Department of Drug and Alcohol Services and/or its Advisory Council. This is not an inclusive list of all resources available and was last updated as of 12/1/18.

If you have suggestions/changes, please send an email to [familyresourceguide@chesco.org](mailto:familyresourceguide@chesco.org).

## Prevention Services in Chester County

### **Chester County Overdose Prevention Taskforce**

<https://stopodchesco.org/>

<https://stopodchesco.org/contact-us/>

- The Chester County Overdose Prevention Task Force was formed in March 2015 to coordinate overdose death prevention efforts between various organizations. The Chester County Overdose Prevention Task Force offers educational presentations on overdose and prevention strategies.

### **The COAD Group**

<http://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/coad/>

610-363-6164

- Through education, networking, and linking of services and resources, The COAD Group's Community Prevention services are designed to support individuals, organizations, and communities in developing and promoting healthy and substance free lifestyles. All of the following drug and alcohol prevention and education services are offered free of charge.
- Alcohol, Tobacco and Other Drug Resource Library, Community Events and Speaking Engagements, Telephone Information and Referral (I&R) Line: The Drug and Alcohol Information and Referral Line can be reached at 1-866-286-3767.

### **Drug and Alcohol Services Chester County PA**

<http://chesco.org/2699/School-Based-Prevention>

610-344-6000

- Prevention is action taken to prevent youth from using alcohol, tobacco, or illicit drugs. Prevention primarily targets children but also includes parents, school, and community. Prevention targets all forms of drug abuse, including tobacco, alcohol, marijuana, inhalants and other drugs. Prevention needs to begin early, and be age appropriate, and long term.

### **Holcomb Behavioral Health Systems - Chimes**

<http://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/>

610-280-3270

- Holcomb Behavioral Health Systems joined Chimes Family of Services in 2000. We provide a comprehensive range of services and supports for people with mental health, substance abuse, intellectual and developmental disabilities, and co-occurring disorders. Additionally, we provide an array of prevention and educational programs for youth, parents, and adults to encourage healthy choices and lifestyles.

## **Legal**

- If you have a loved one who is legally involved, including incarceration, follow up with the appropriate legal entity such as pre-trial, probation, public defender, etc.

## **Naloxone (Narcan®)**

- Naloxone (brand names Narcan®, EVZIO) is a medication that can reverse an opioid overdose. When given during an overdose, naloxone blocks the effects of opioids on the brain and restores breathing within two to eight minutes. You can get naloxone at most pharmacies. Although naloxone may not be available for same-day pick up, it can often be ordered and available within a day or two. Although it should not be needed, you can present the pharmacist with the Pennsylvania's standing order (a prescription written for the general public) issued by the Pennsylvania Physician General. The standing order is kept on file at many pharmacies, or may be downloaded [here](#). Or, you can also ask your doctor for a prescription. For more information, [click here](#).

## **Newsletter**

- All Human Services Department newsletters (including the Department of Drug & Alcohol newsletter) are now being sent via email. To sign up for our newsletter, and/or other Human Services newsletters, please click [here](#).

## **Pennsylvania Alliance of Recovery Residences (PARR)**

- Certifying Recovery Residences to the National Alliance of Recover Residences (NARR) Standard and promoting effective delivery of recovery support services within community-based, residential settings.
- For a location near you, [click here](#).

## **US Department of Justice: Operation Prevention**

<https://www.operationprevention.com/>

- The DEA and Discovery Education have joined forces to combat a growing epidemic of prescription opioid misuse and heroin use nationwide. Operation Prevention's mission is to educate students about the true impacts of opioids and kick-start lifesaving conversations in the home and classroom. Since its launch, Operation Prevention has reached over 1M students nationwide.

## **Intervention Services In Chester County**

We understand that families that have reached this point are surrounded by chaos, and that conversations within the family have become incredibly difficult. These resources are available and recommended for precisely this reason. Bringing calmness and a plan to the family is essential at this time in order to fight the common enemy of addiction and begin the process of full family healing.

Utilizing multiple methods of facilitating these conversations, specialists work with the family in guiding their loved one to the help they desperately need. While partnering with families through all stages of the treatment process, specialist's first work in preparing everyone involved in building a message out of love and concern. We continue supporting families to come together in supporting meaningful recovery.

**No cost:**

**Advanced Treatment Systems (Methadone)**

1825 E. Lincoln Highway  
Coatesville, PA 19320  
610-466-9250

**Creative Health Services**

100 1<sup>st</sup> Avenue  
Phoenixville, PA 19460  
610-933-1223

**Holcomb Behavioral Health Systems**

920 E. Baltimore Pike  
Kennett Square, PA 19348  
610-388-9225

**Mirmont Outpatient Services**

825 Springdale Drive  
Exton, PA 19341  
484-565-1130

**Recovery Centers of America, Devon PA – Contact Center: 1-800-732-6837**

-Invitational, Family Systemic, CRAFT and Johnson Methods  
-Certified Intervention Professionals

**Low cost:**

**JusticeRain, West Chester PA – Contact: Rich Mollica: 610-809-9641**

-Johnson method only

**Variable Cost:**

**Intervention First, West Chester PA – Contact Carol Lawyer: 484-678-3796**

**Therapeutic Alliance, Malvern PA – Contact Patrick Dowling: 610-783-3557**

## Other Helpful Information

Most treatment providers have a family component to their programs. If your loved one is participating in treatment with a provider, you may want to explore their family Orientation, Educational Series and/or family sessions.

### **Pennsylvania Department of Drug and Alcohol Services**

<https://www.ddap.pa.gov/overdose/Pages/community%20resources.aspx>

### **Substance Abuse and Mental Health Service Administration**

<https://www.samhsa.gov/>

## Education

### **D.A.R.E.**

<https://dare.org/>

(800) 223-3273

- The D.A.R.E. program teaches students good decision-making skills to help lead safe and responsible lives. Founded in 1983 by Los Angeles Police Department, today more than 15,000 D.A.R.E. officers and deputies are in over 10,000 communities nationwide educating America's youth and serving as the first line of defense in America's schools. **The D.A.R.E. program is taught in all 50 states, and 49 other countries. All curricula are science-based, age appropriate, and written by a national panel of curriculum and prevention experts.**

### **NOPE Task Force**

<http://nopetaskforce.org/chapter-chester.php>

814-419-6673

- Prevention organization programming aimed at presentations for middle schools, high schools and colleges about the consequences of drug consumption. Family programs are also facilitated.

## Grandfamilies Support Groups

### **Government Services Center**

601 Westtown Road, Room 250

West Chester, PA 19382

Call for dates

Register:

Jenna Giersch 610-344-5770 Adoption Services Counselor

[jgiersch@chesco.org](mailto:jgiersch@chesco.org)

Shandell Quinones 610-344-5670 Adoption Manager

[squinones@chesco.org](mailto:squinones@chesco.org)

Monday's 6:30-8pm

### **ReTURNing Hearts ReEntry House**

23 S. 5<sup>th</sup> Avenue

Coatesville, PA 19320

Childcare provided for Children under 12

Register:

Deborah Willett 610-246-2261

[dwillettadvocacy@gmail.com](mailto:dwillettadvocacy@gmail.com)

## Chester County Family Support Groups

- **Ala-non**

Al-Anon Family Groups is a "worldwide fellowship that offers a program of recovery for the families and friends of alcoholics, whether or not the alcoholic recognizes the existence of a drinking problem

<https://pa-al-anon.org/>

- **Christ's Healing Hands**

460 Manor Avenue, Downingtown, PA 19335

St. Joseph Parish, Downingtown

Addiction Prayer Service - 1st Sunday of every month at 7:00 p.m. – Chapel

Finding Christ Spirituality & the 12 Steps - 3rd Sunday of every month at 7:00 p.m. – Chapel

- **Cornerstone Addiction Recovery**  
 426 W. Gay St., West Chester, PA 19382  
 Meeting begins at 7:30 p.m. and ends at 9 p.m.  
 This group is bible-based, Christ-centered, open, honest, real and a safe place for all members to attend without judgement.
- **Exton Parent and Family Support Group**  
 114 E. Swedesford Rd., Exton, PA 19341  
 This group meets every Wednesday at 7:00 p.m. - 8:30 p.m.
- **Hope for Parents**  
 101 Phoenixville Pike, Malvern, PA 19355  
 This group meets every Thursday at 7:00 p.m.
- **Kennett Square Parent Support Group**  
 First Baptist Church, 415 West State Street, Kennett Square, PA 19348  
 This group meets every Thursday from 7:00 p.m. - 9:00 p.m.
- **Main Line Parent Support Group**  
 1225 Montrose Ave., Bryn Mawr, PA 19010  
 This group meets every Wednesday at 7 p.m. - 8:30 p.m.
- **Parenting Prodigals/Mending Hearts**  
 95 W Devon Drive, Downingtown, PA 19335  
 This group generally meets on the 2nd & 4th Monday of the month at 7 p.m. - 9 p.m.
- **Parkeburg Parent Support Group**  
 Upper Octorara Presbyterian Church - 1121 Octorara Trail (Route 10), Parkeburg, PA 19365  
 Group meets every Tuesday from 7:00 - 8:00 p.m. and allows time afterwards for networking.
- **PRO-ACT Chester County**  
 16 Mystic Lane, Ste. 100  
 Malvern, PA 19335  
[proactchesco@gmail.com](mailto:proactchesco@gmail.com)                      Facebook:      PRO-ACT Chester County

PRO-ACT Family Education Program is a 3-week program held at the Malvern address, the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Wednesday of the month, 7 p.m. – 9 p.m. It is for family members who have loved ones struggling with substance use disorder. It is not for children under the age of 14 or for the person with the substance use disorder.

- **SMART Recovery for Family & Friends - Bryn Mawr**  
1084 Lancaster Avenue, Suite #104, Bryn Mawr, PA 19010  
12:00 p.m. - 1:00 p.m.

SMART Recovery for Family & Friends is a science-based support program based on the cognitive skills tools of SMART Recovery and CRAFT (Community Reinforcement & Family Training).

- **West Chester Parent and Family Support Group**  
10 West Pleasant Grove Road, West Chester, PA 19382  
This group meets every Tuesday from 7:00 p.m. - 9:00 p.m.
- **West Chester (Newcomers) Parent and Family Support Group**  
10 West Pleasant Grove Road, West Chester, PA 19382  
This group meets every Monday from 7:00 p.m. - 9:00 p.m.

### Other Family Support Sites

[www.conversation.zone/parents](http://www.conversation.zone/parents)

[www.drugfree.org](http://www.drugfree.org) Offers Parent Toll-Free Helpline that will provide a parent mentor to another parent.  
1-855-378-4373

### **Support Groups, Sober Fun, Social Media and other resources:**

| Type           | Website   | Details  |
|----------------|---|--|
| Support Groups | <a href="https://al-anon.org">https://al-anon.org</a>   | Al-Anon Family Groups                              |
| Support Groups | <a href="http://www.aisdv.org/">http://www.aisdv.org/</a>   | Al-Anon Information Service of the Delaware Valley |
| Support Groups | <a href="http://www.celebraterecovery.com">www.celebraterecovery.com</a>  | Celebrate Recovery                                 |
| Support Groups | <a href="http://www.cleanacresna.org/">http://www.cleanacresna.org/</a>   | Chester County Narcotics Anonymous Meetings        |
| Support Groups | <a href="https://www.chesco.org/216/Drug-and-Alcohol">https://www.chesco.org/216/Drug-and-Alcohol</a>                     | Chester County PROACT Family Education Program     |
| Support Groups | <a href="https://www.centerforfamilies.com/">https://www.centerforfamilies.com/</a>                                       | Every Thursday 7PM                                 |
| Support Groups | <a href="https://www.espenshadecounseling.com/weekly-meetings/">https://www.espenshadecounseling.com/weekly-meetings/</a> | Family groups, Big Book Studies, SMART recovery    |



|                |   |   |
|----------------|---|---|
| Support Groups | <a href="http://honeybrooktwp.com/grandfamilies-support-group-to-meet/">http://honeybrooktwp.com/grandfamilies-support-group-to-meet/</a>   | Grandfamilies Support Group (Mondays 6:30 – 745 PM)                             |
| Support Groups | <a href="https://www.kaciescause.com/">https://www.kaciescause.com/</a>   | Kennett Square, Every Thursday, 7pm-9pm<br>Parkesburg, Every Wednesday, 7pm-8pm |
| Support Groups | <a href="http://www.supportgroupproject.org/support_groups/limerick-parent-and-family-support-group/">http://www.supportgroupproject.org/support_groups/limerick-parent-and-family-support-group/</a> | Limerick Parent and Family Support Group (Wednesdays 7-8:30 PM)                 |
| Support Groups | <a href="http://www.supportgroupproject.org">www.supportgroupproject.org</a>  | Listed by zip code  |
| Support Groups | <a href="http://www.recoverysupportservices.net/">http://www.recoverysupportservices.net/</a>   | Lost Dreams Awakening   |
| Support Groups | <a href="https://www.addiction.com/meetingfinder/">https://www.addiction.com/meetingfinder/</a>   | Meeting finder  |
| Support Groups | <a href="http://www.malverncenter.org/meetings-2/">http://www.malverncenter.org/meetings-2/</a>   | Malvern Center Clubhouse  |
| Support Groups | <a href="https://www.newleafclub.org/">https://www.newleafclub.org/</a>   | Recovery-related events, activities, lectures, education and support groups.    |
| Support Groups | <a href="https://pa-al-anon.org/">https://pa-al-anon.org/</a>   | PA Area Al-Anon Family Groups   |
| Support Groups | <a href="https://www.smartrecoverytest.org/local/">https://www.smartrecoverytest.org/local/</a>   | SMART Recovery Meeting Finder   |
| Support Groups | <a href="https://www.aasepia.org/">https://www.aasepia.org/</a>   | Southeastern PA Intergroup AA Meeting finder                                    |
| Support Groups | <a href="http://www.307club.org/meetings.html">http://www.307club.org/meetings.html</a>   | West Chester Clubhouse  |

| Type                       | Website   | Details  |
|----------------------------|---|--|
| Churches w. Support Groups | <a href="http://stjosephrc.org/events/christs-healing-hands-a-substance-abuse-ministry-prayer-service/">http://stjosephrc.org/events/christs-healing-hands-a-substance-abuse-ministry-prayer-service/</a> | Addiction prayer service (1 <sup>st</sup> Sunday every month 7PM) Finding Christ Spirituality & the 12 steps (3 <sup>rd</sup> Sunday of every month 7PM) |
| Churches w. Support Groups | <a href="http://cornerstonewestchester.com/">http://cornerstonewestchester.com/</a>   | Bible based/Christian centered meeting 7:30 – 9 PM   |
| Churches w. Support Groups | <a href="http://uopc-epc.org/welcome/">http://uopc-epc.org/welcome/</a>   | Every Tuesday 7-8 PM   |
| Churches w. Support Groups | <a href="https://conversation.zone/meetings/exton-sibling-support-group/">https://conversation.zone/meetings/exton-sibling-support-group/</a>   | Exton Baptist Church (Wed., 7-8:30 PM)<br>Group meets on the 2nd Wednesday of each month.<br>*Must be 18 years or older to attend.                       |
| Churches w. Support Groups | <a href="http://www.firstbaptistkennettsquare.com/">http://www.firstbaptistkennettsquare.com/</a>   | Parent support group (Thursday 7-9 PM)   |
| Churches w. Support Groups | <a href="http://westminsterpc.org/">http://westminsterpc.org/</a>   | West Chester Parent and Family Support Group (Tuesdays 7-9 PM) Newcomers (Monday 7-9PM)  |

| Type      | Website   | Details                              |
|-----------|---|--------------------------------------|
| Sober Fun | <a href="https://www.chesco.org/216/Drug-and-Alcohol">https://www.chesco.org/216/Drug-and-Alcohol</a> | Chester County PROACT Calendar       |
| Sober Fun | <a href="http://www.307club.org/">http://www.307club.org/</a>   | Meetings and Sober Events            |
| Sober Fun | <a href="https://www.aasepia.org/">https://www.aasepia.org/</a>                                       | Southeastern PA Intergroup AA        |
| Sober Fun | <a href="https://www.newleafclub.org/">https://www.newleafclub.org/</a>                               | Wellness and recovery-related events |

| Type                     | Website   | Details  |
|--------------------------|---|--|
| Social Media – Instagram | <a href="https://www.instagram.com/convozone/">https://www.instagram.com/convozone/</a>                         | Conversion Project   |
| Social Media – Twitter   | <a href="https://twitter.com/convozone">https://twitter.com/convozone</a>                                       | Conversion Project   |
| Social Media – Facebook  | <a href="https://www.facebook.com/beapartoftheconversion/">https://www.facebook.com/beapartoftheconversion/</a> | Conversion Project   |
| Social Media – Facebook  | <a href="https://www.facebook.com/centeronaddiction/">https://www.facebook.com/centeronaddiction/</a>           | National Center on Addiction and Substance Abuse                       |
| Social Media – Facebook  | <a href="https://www.facebook.com/proactchesco/">https://www.facebook.com/proactchesco/</a>                     | Pro-Act Chester County   |
| Social Media – Facebook  | <a href="https://www.facebook.com/samhsa/">https://www.facebook.com/samhsa/</a>                                 | SAMHSA   |
| Social Media – Twitter   | <a href="https://twitter.com/samhsagov">https://twitter.com/samhsagov</a>                                       | SAMHSA   |
| Blog posts               | <a href="http://www.livingsober.org.nz/">http://www.livingsober.org.nz/</a>                                     | Warmth, wisdom, support, encouragement and understanding about Alcohol |

| Type               | Website   | Details                                     |
|--------------------|---|---|
| Connecting Parents | <a href="https://conversation.zone/">https://conversation.zone/</a>   | Healthy coping skills and accessing support |
| Connecting Parents | <a href="http://www.drugfree.org">www.drugfree.org</a>  | 1-855-378-4373 – hotline                    |
| Connecting Parents | <a href="https://drugfree.org/?gclid=CjwKCAiAz-7UBRBAEiwAVrz-9ba_iHy-J3P8fG24rRop57-5EO3T3EWWzYZpCL1vzZMjSd7ohYlzeBoCsKoQAvD_BwE">https://drugfree.org/?gclid=CjwKCAiAz-7UBRBAEiwAVrz-9ba_iHy-J3P8fG24rRop57-5EO3T3EWWzYZpCL1vzZMjSd7ohYlzeBoCsKoQAvD_BwE</a> | Partnership for Drug Free Kids              |

| Type               | Website   | Details  |
|--------------------|---|--|
| Grief/Loss Support | <a href="http://www.surveygizmo.com/s3/1637709/FLO-DP-Enrollment-Form">http://www.surveygizmo.com/s3/1637709/FLO-DP-Enrollment-Form</a> | Family Lives On  |
| Grief/Loss Support | <a href="http://www.familyliveson.org/">http://www.familyliveson.org/</a>   | Family Lives On  |
| Grief/Loss Support | <a href="https://www.tcf.org.uk/">https://www.tcf.org.uk/</a>   | Find different types of grief/loss support   |
| Grief/Loss Support | <a href="http://ccdelco.com/">http://ccdelco.com/</a>   | Griefshare (Thursday 7PM)  |
| Grief/Loss Support | <a href="http://www.griefnet.org">www.griefnet.org</a>  | Has email support group  |
| Grief/Loss Support | <a href="http://grasphelp.org/community/meetings/">http://grasphelp.org/community/meetings/</a>   | Search support groups by county  |
| Grief/Loss Support | <a href="http://www.firstpreswc.com/">http://www.firstpreswc.com/</a>   | Support group - West Chester (Thursday 7-9 PM)                                       |
| Grief/Loss Support | <a href="https://www.newleafclub.org/">https://www.newleafclub.org/</a>   | Support group – Wednesdays 5:30 PM   |
| Grief/Loss Support | <a href="https://philaymca.org/">https://philaymca.org/</a>   | Support group - 1 <sup>ST</sup> & 3 <sup>RD</sup> Wednesday of every month at 6:30pm |
| Grief/Loss Support | <a href="http://www.linwoodumchurch.com/unity.htm">http://www.linwoodumchurch.com/unity.htm</a>   | Unity in the Community   |

| Type                                    | Website   | Details                     |
|---|---|-----------------------------|
| Chester County Libraries with Resources | <a href="http://www.atglenpubliclibrary.org/">http://www.atglenpubliclibrary.org/</a>     | Atglen Public Library       |
| Chester County Libraries with Resources | <a href="http://www.avongrovelibrary.org/">http://www.avongrovelibrary.org/</a>           | Avon Grove Library          |
| Chester County Libraries with Resources | <a href="http://www.chesterspringslibrary.org/">http://www.chesterspringslibrary.org/</a> | Chester Springs Library     |
| Chester County Libraries with Resources | <a href="https://coatesvillearealibrary.org/">https://coatesvillearealibrary.org/</a>     | Coatesville Public Library  |
| Chester County Libraries with Resources | <a href="http://downingtowntownlibrary.org/">http://downingtowntownlibrary.org/</a>       | Downingtowntown Library     |
| Chester County Libraries with Resources | <a href="http://www.easttownlibrary.org/">http://www.easttownlibrary.org/</a>             | Easttown Library            |
| Chester County Libraries with Resources | <a href="http://chescolibraries.org/">http://chescolibraries.org/</a>                     | Henrietta Hankin Library    |
| Chester County Libraries with Resources | <a href="http://www.kennettlibrary.org/">http://www.kennettlibrary.org/</a>               | Kennett Library             |
| Chester County Libraries with Resources | <a href="http://www.malvern-library.org/">http://www.malvern-library.org/</a>             | Malvern Public Library      |
| Chester County Libraries with Resources | <a href="http://oxfordpubliclibrary.org/">http://oxfordpubliclibrary.org/</a>             | Oxford Public Library       |
| Chester County Libraries with Resources | <a href="https://www.tredyffrinlibraries.org/">https://www.tredyffrinlibraries.org/</a>   | Paoli Library               |
| Chester County Libraries with Resources | <a href="https://www.parkesburglibrary.org/">https://www.parkesburglibrary.org/</a>       | Parkersburg Library         |
| Chester County Libraries with Resources | <a href="https://phoenixvillelibrary.org/">https://phoenixvillelibrary.org/</a>           | Phoenixville Public Library |
| Chester County Libraries with Resources | <a href="https://wcpubliibrary.org/">https://wcpubliibrary.org/</a>                       | West Chester Public Library |

| Type   | Website   | Details                              |
|--|---|--------------------------------------|
| Facilities/Centers that Offer Family Education/Support | <a href="https://www.caron.org/">https://www.caron.org/</a>   | Caron Foundation                     |
| Facilities/Centers that Offer Family Education/Support | <a href="https://www.centerforfamilies.com/">https://www.centerforfamilies.com/</a>   | Center for Families                  |
| Facilities/Centers that Offer Family Education/Support | <a href="https://motivationandchange.com/">https://motivationandchange.com/</a>   | Center for Motivation/Change - CRAFT |
| Facilities/Centers that Offer Family Education/Support | <a href="https://www.facebook.com/proactchesco/">https://www.facebook.com/proactchesco/</a>   | Pro-Act Chester County               |
| Facilities/Centers that Offer Family Education/Support | <a href="https://recoverycentersofamerica.com/programs/family-program/">https://recoverycentersofamerica.com/programs/family-program/</a> | Recovery Centers of America          |

**The CLEAN & SOBER Radio WWDB-AM860 Friday, 3**

## Pennsylvania Overdose Grief Supports (by County)

Revision Date 03/01/2018

This is a list of grief supports for those who have experienced the loss of a loved one to drug or alcohol overdose. This list will be updated as new information is found. If you have information to add or change on this list; please email the information to Kathy Jo Stence at [kstence@pa.gov](mailto:kstence@pa.gov)

### Berks

- **Berks County GRASP Chapter**  
Lori Kuhn 610-334-9845  
meetings will be held on the 1st and 3rd Tuesday of each month
- **Still Waters Ministries (No Fee/Grief Counseling)**  
Conestoga Mennonite Church, 2779 Main Street, Morgantown, PA 19543  
Contact 610-286-9555

### Bucks

- **Bucks County GRASP Chapter**  
Bucks County Office Complex, At PRO-ACT/Southern Bucks Recover Center  
1286 Veterans Hwy (formerly New Rogers Rd./ Rt. 413, Bristol, Pennsylvania 19007  
Barbara Hentosh 215-264-6768 or Dave Hentosh 215-264-4943  
First and third Thursday of each month, 7:00 pm - 8:30

### Chester

- **A Path to Healing**  
8 Week Support Group, March 27 – May 15, 7:00 pm  
St. John's Lutheran Church, 335 St Johns Circle, Phoenixville, PA 19460  
Register/Info Pam Moules, 610-247-1920
- **At A Loss**  
First Presbyterian Church of West Chester  
130 West Miner St, West Chester, PA 19382  
Thursdays, 7 pm – 9, FREE

- **Family Lives On Foundation**  
582 Wharton Blvd, Exton, PA 19341  
Call 610-458-1690
- **If Love Were Enough**  
Drop-in Grief Support  
Wednesday, 7:30 pm  
Unionville Presbyterian Church (House across the street)  
815 Wollaston Rd, Kennett Square, PA 19348  
610-347-2327

## Delaware

- **Delaware County GRASP Chapter**  
Siloam United Methodist Church, 3720 Foulk Road, Garnet Valley, PA 19060  
Barbara Bosacco, 610-608-1224  
1st Friday of each month, 6:30 pm to 8
- **Grief Share**  
Calvary Chapel of Delaware County, 500 Brandywine Drive, Chadds Ford, PA 19317  
Fran & Carol Krawiec  
Thursday, 7:00 pm, FREE
- **Ryan's Hope Program**  
336 King of Prussia Rd, Radnor, PA 19087  
[kim@petersplaceonline.com](mailto:kim@petersplaceonline.com)  
8 Weeks – fall & spring sessions
- **Unity in the Community**  
Linwood Heights United Methodist Church, 1625 Chichester Ave, Linwood, PA 19061  
Pastor Ethel F. Guy, Pastor, Call 610-485-2300

## Montgomery

- **Life After Loss**  
New Leaf Club, 1225 Montrose Ave, Rosemont, PA 19010  
Fran Gerstein, LCSW  
Wednesday, 5:30 pm  
\$20 per class

- **Montgomery County GRASP Chapter**  
Horsham Clinic - Conference Center, 722 Butler Pike, Ambler, PA  
Ginny Murray, 215-884-3916  
2nd Friday of every month  
Pre-Registration required
- **Pottstown YMCA**  
724 Adams St, Pottstown, PA 19464  
Rev. John Smolik: 610-323-7300, [lseponski@philaymca.org](mailto:lseponski@philaymca.org)  
1<sup>ST</sup> & 3<sup>RD</sup> Wednesday of every month at 6:30 pm

### Philadelphia

- **Philadelphia Gift of Life Organ Donation Grief Counseling**  
Jackie 215-557-8090  
8 free counseling sessions if victim was an organ donor
- **Philadelphia, PA (North East) GRASP Chapter**  
St. Timothy Lutheran Church 7965 Filmore St. (Huntingdon Pike) Philadelphia, PA 19111  
Fran Ciabattoni - 215-745-4591/ 267-968-7792  
Meet every Wed. at 7:30 pm to 9:00
- **Philadelphia, PA GRASP Chapter**  
PRO-ACT - Pennsylvania Recovery Organization-Achieving Community Together  
444 North 3rd Street Suite 307, Philadelphia, PA 19123  
Fred Martin - 215-923-1661  
Every Wednesday at 7:00 pm – 8:30

### Additional Grief Supports Resources/Websites

- **SAMSHA – Grief Tip Sheet** <https://store.samhsa.gov/product/SMA17-5035>
- **Family Lives On** <http://www.surveygizmo.com/s3/1637709/FLO-DP-Enrollment-Form>
- **Grief Net** [www.griefnet.org](http://www.griefnet.org) (Has an email support group (loss-from-substances) \$10 a month to join)
- **Grasp** [www.grasphelp.org](http://www.grasphelp.org)