

CPMS KNIGHT REPORT

EXCELLENCE

RESPONSIBILITY

1

COMMUNITY

RESPECT



Canyon Park Middle School Principal: Sebastian Ziz	23723 - 23 rd Ave. SE Bothell, WA 98021	Editor: Tina Neil
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Welcome to CPMS!	December 2018	December 19- January 1 st . 2019. Winter break School resumes on January 2 nd , 2019.
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It's the most wonderful time of the year! At Canyon Park, the air is filled with energy as classes, festivities, and the season's general hustle-bustle has everyone on their toes preparing for Winter Break. I'm sure you are looking forward to spending some quality time with friends and family.

I'd like to take this time to acknowledge some hard-working groups in our school community. The CPMS students and staff collected 2201 pairs of socks were donated to "Threads and Treads." In Round Table classes, students are learning about the power of giving and gratitude at a time of year that it's easy for students to focus on receiving. This will culminate next week in an activity of where students will write thank you cards to express gratitude. Lastly, I would like to recognize the efforts of our PTSA Board and the committee members who work tirelessly each month to provide exciting staff appreciation events as well as hosting of some of our popular school activities throughout the year. Thank you, everyone!

Students are working diligently in preparation for the break. I recommend that students take this opportunity during the break to check where they are at academically, get organized, and clean out/check backpacks for school supply refills. This is a good time to reflect, set goals, and make resolutions for academic successes for the coming New Year. When we return from break there will be one month remaining of first semester.

I hope you have had an opportunity amid all of your busy preparations to take part in some of our wonderful holiday events, such as the drama production or the performances of our band, vocal, and orchestra students. From the staff at CPMS, we wish you and yours a very happy holiday and a well-deserved restful break. See you in 2019!

Sebastian Ziz, Principal

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<u>Mark Your Calendar</u>
January 2 nd – Back to school
January 15 th – Honor Society Meeting
January 21 st – Martin Luther King Day No school
January 28 th - No school

Canyon Park Junior High is a Community Dedicated to the Educational Excellence and Success of All Students

School Parking Lots: Safety First - To protect our children, please follow these safety rules:

- Do not enter the bus area between 8:00am and 3:00pm.
- All student drop-offs and pick-ups must occur either from the sidewalk or at the designated student drop-off area.
- Only CPMS staff may drive beyond the fire lane gates.
- Do not put students and adults at risk by passing other vehicles in the student drop-off area. We have had some near misses caused by impatient drivers.
- Students are not allowed on campus before **8:00 am** unless accompanied by a parent—as **supervision is not available**.
- Safety must precede all other concerns. Please help keep our children safe.

School Hours

- School hours are from 8:20am to 2:55pm; Monday, Tuesday, Thursday, Friday; and 8:20am to 1:25pm on Wednesday.
- The office is open from 7:30am to 4:00pm.
- To excuse absences, call 425.408.6310 in the morning; you can leave a message if you call before/after school.

Odds and Ends

- We will have activity buses for sports, clubs, and detention. These buses will run on M/T/Th/F, leaving CPMS at 4:45pm.
- **Bicycles**, skateboards, roller blades, scooters or other wheeled devices cannot be ridden on campus at any time. Bicycles must be secured to bike racks located near the school's readerboard and other wheeled devices must be able to be stored in lockers.
- **Backpacks**, large bags, cinch bags, or any items worn on the back must be stored in lockers.
- CPMS is a **closed campus to student visitors** during school hours all year long.
- District policy requires that all **visitors** to CPMS must first check into the Main Office before entering any campus areas.
- **Electronics/digital devices** and headphones must be turned off and stored prior to entering instructional areas, assemblies, and emergency drills and remain stored during class time (including hallways, bathrooms, etc.), unless organized and approved by a staff member for academic purposes. Confiscated equipment is released to parents only, and an Admin referral may result.
- **Student insurance** brochures are available in the Main Office.
- Washington state law does not permit students to carry **prescription** or **over-the-counter** medication to school. Please read the health and nursing services information sheet in this newsletter regarding distribution of medication. If your student has any life threatening diseases or allergies, please make arrangements to meet with the nurse before or on the first day of s

NATIONAL HONOR SOCIETY:

Canyon Park Middle School will continue the tradition of belonging to the National Junior Honor Society! If your student maintains a 3.5 GPA and is able to complete eight hours of community service between **May 1, 2017** and **April 30, 2018**, then he or she can be inducted into Honor Society! We meet three times a year and have other activities. If you have questions, contact Cheryl Klemz at cklemz@nsd.org or 425 408-6356. More information will also be available on the CPMS website under "Clubs and Activities".

The second **Canyon Park Honor Society** meeting of the year will be on **Tuesday, January 15th** from 3:05 pm – 4:35 pm in the CPMS Little Theatre. For more information, please see our website under Activities>National Honor Society.

The **LOST & FOUND bins** in the cafeteria are REALLY FULL! If your student is missing anything – please have them check the bins before winter break. All unclaimed items will be donated to *Threads & Treads* during the winter break!

ATHLETICS:

**2.0 GPA ON SEMESTER REPORT CARDS &
PASSING 5 OF 6 CLASSES BEFORE AND DURING THE SEASON**

MIDDLE SCHOOL SPORT OFFERINGS AT CANYON PARK

SEASON 1	SEASON 2	SEASON 3	SEASON 4
7/8 Volleyball (G)*	7/8 Basketball (B)	7/8 Basketball (G)	6/7/8 Track (C/NC)
Soccer (G) 6 th grade boys and girls	6 th Boys Basketball (NC)	6/7/8 Wrestling (C/NC)	7/8 Soccer (B) and (G)
6/7/8 Cross Country (C/NC)		6 th grade Girls Basketball (NC/C)	7/8 Tennis (G)
7/8 Tennis (B)			6 Volleyball (G/NC)

B=Boys, G=Girls, C=Co-ed, NC=No Cut

** 7th graders may try out – if they make the team they cannot participate in Season 4 volleyball*

Eligibility and How-to Information: Practice times: Typically 3:10-4:40 daily

Sport registration is online at familyid.com. Physical forms may be downloaded from the district site or picked up at Canyon Park and must be turned in prior to the start of the sports season. A CPMS ASB card is a requirement for eligibility.

- Have a physical on file ready for the first day of turn-out. (Physicals are good for 2 years.)
- Pay the junior high participation fee(s).

PLEASE NOTE: Transportation will be provided for practices. Transportation to away games and matches will continue to be one way only. This will necessitate the need for students to find alternative transportation after games and matches either with a parent or in a carpool with other parents.

Girls Basketball and Coed Wrestling: 3rd season sports registration is now open.

- Basketball tryouts for 7th and 8th grade girls will start on **January 22nd**.
 - Basketball practice for 6th grade girls will start on **January 29th**. This is a no cut sport.
 - Coed wrestling practice for 6th, 7th, and 8th grade students will start on **January 22nd**. This is a no cut sport.
- For more information, please see our website under Activities>Sports.

CPMS CLUBS AND ACTIVITIES

Art Club	Green Club
Junior Honor Society	Jazz Band
Science Olympiad Team	Robotics Dance

Cafeteria Guidelines

Our kitchen staff asks for your help in the following ways.

Please follow these helpful lunchroom guidelines:

- ✓ Bring checks or cash **directly** to the kitchen in morning to put on your account.
- ✓ Paypam can take up to three days before money shows up on a students account. Until then, students must bring cash to cover their lunch.
- ✓ The cooks will advise your student when their balances run low. NO negative balances are allowed.
- ✓ Extra goodie items may not be purchased if you have an outstanding lunch account.
- ✓ Keep all selected lunch items on top of your tray so you may be charged appropriately.

Thank you, from your Kitchen Staff

ASB: This student run governing body supports our sports, clubs, and supplemental music offerings by providing equipment and supplies. At the middle school level we use the magazine and cookie dough drive as our only fundraiser versus running multiple fundraisers throughout the year. Because it is our only fundraiser, we hope to have your continued support to keep these worthwhile programs running effectively.

Student Recognition at CPMS

CPMS staff along with our PTSA are excited to continue our newly revamped student recognition program this year. Last year, we incorporated our 4 pillars, which are; Community, Responsibility, Excellence, and Respect to celebrate all the different and amazing things our students are doing at school. CPMS staff members will nominate students for these awards, and then celebrations will be held during Round Table. We look forward to recognizing students' actions that exemplify our four pillars. Next pillar party will be held in January 11, 2019. The pillar party will represent Responsibility.

Highly Capable Student Screening Analysis Update

The 2018-2019 Highly Capable Eligibility Process for services beginning in the 2019-2020 school year is underway! Information regarding this year's process is posted on Northshore's HiCap website. To access information regarding screening and assessment, please visit <http://go.nsd.org/hicap>.

Students in Grades K-7 have completed Step One, Universal Screening. All families of students participating in screening will receive a score results letter from the Highly Capable Department. This letter will be shared by email, as well as student backpack mail.

Screening Score Results Letter via Email: Anticipated arrival to parents is the week of January 2, 2019. Please check your email inbox, including "Spam" folder.

Screening Score Results Letter via Backpack Mail: Anticipated arrival to parents via their student's backpack is the week of January 14, 2019.

Students Who Move On to Step 2

If your student is eligible to move on to Step Two, Assessment, parent permission is required. The Screening Score Results Letter will notify you if your student is moving on to Step Two.

Please note the HiCap Department must receive your permission no later than 4 p.m., Friday, January 18, 2019. Instructions for giving permission will be included in the Screening Score Results Letter. If permission is not received by the deadline, a portfolio review later this spring will be conducted. There are no scheduled make-up dates for missed parent permission.

If you have not already done so, now is a great time to make sure your email contact information is up to date. Do this online through ParentVue or by contacting the main office at your student's school.

We appreciate your quick action in completing the permission process, should this apply to your student.



Canyon Park PTSA

Excellence | Community | Respect | Responsibility
Canyon Park Middle School (CPMS)

Important Upcoming Dates:

Dec 19-Jan 1, 2019 - NO SCHOOL - Winter Break

Jan. 7th - First Middle School Gym Nights @ Frank Love Elementary Gym - FREE

Jan. 9th - PTSA Membership Meeting - 7pm, Library

Jan. 11th - Pillar Party - Responsibility

Jan. 11th - Staff Appreciation Luncheon - Salad Bar

Jan. 12th - Northshore PTSA Council Reflections Celebration - 7-8:30pm, Eastside Foursquare Church

Jan. 16th - "Digital Safety 101" - Free Parent Education Event - 7pm, Little Theatre

Jan. 21th - Martin Luther King Jr. Day - NO SCHOOL

Jan. 28th - Non-Student Day - NO SCHOOL

Feb. 1st - Staff Appreciation - Superbowl Party

Feb. 7th - PTSA Board of Directors Meeting - 7pm, Thorndike Room @ McMenamins

Feb. 18-22rd - NO SCHOOL - Mid-Winter Break

FREE Parent Education Event:

CPMS PTSA, Skyview Middle School PTSA and Northshore PTSA Council are partnering to bring author, educator & international speaker Jo Langford in to talk about "Digital Safety 101" on Wednesday, January 16th at 7pm in the CPMS Little Theatre. Admission is FREE. This is a parents/guardians only event as Jo will help parents build their internet "savvy" & bring home tools to help their kids balance their online lives with boundaries, etiquette and good judgement. You won't want to miss this! To learn more about Jo visit <http://www.beheroes.net/>

Career Day

We're looking for members of our community who would like to come talk to the students about their career, in hopes that we can have as many career paths as possible represented. Whether you got where you are today through a traditional manner, or maybe you took a more unique route along the way. Either way, you can provide invaluable information to our students! Career Day is on March 6th and is scheduled to last the full 6-period, early release Wednesday. You will be giving a short recap of your journey, followed by some Q&A. Don't worry though, you'll be part of a panel, and the Q&A tends to be an opportunity for answers to be discussed among the whole group. If you can volunteer the entire time, that would be fantastic! If you can only volunteer for a set time during that day, that would be great, too! Visit our Volunteer Sign-Up page for more information: https://cpptsa.org/ways-to-help/volunteer-sign-ups/?sheet_id=151. Questions? Contact Susan or Matthew at careerday@cpptsa.org.

Middle School Gym Nights:

CPMS PTSA has partnered with Pete Anthony (AKA Uncle Peteza) to bring back Middle School Gym Nights! Starting January 7th and running through June, Middle School Gym Nights will take place Monday evenings from 5:00-6:15pm at the Frank Love Elementary Gym. All middle school students in Northshore School District are welcome to come play some hoops or other fun games, hang out with friends and enjoy a slice of pizza – FREE. To find out specific dates, for more information or to volunteer to help out (we'd LOVE to have you!!!), please visit this link: https://cpptsa.org/ways-to-help/volunteer-sign-ups/?sheet_id=146

Needed! Games for Round Table:

Sometimes on Fridays, during Round Table, kids can play board games with their classmates and have a little fun while socializing. The problem is that CPMS is a little short on games! If you have a gently used board game or two (with all the pieces still intact) gathering dust, consider donating it to CPMS! We'll take any family board games (ex. Monopoly, Scrabble, Uno), puzzles, decks of cards, or whatever! A bin will be placed behind the front desk for donations. As an alternative, we've also gone ahead and set up an Amazon Wish List with some games that could be purchased and delivered directly to CPMS. Visit this link to check out the list:

<http://a.co/bmF2cT9>. CPMS and the kiddos thank you!!!

Amazon Smile:

While you're doing your holiday shopping, or perhaps perusing the Amazon list of board games for CPMS, consider using Amazon Smile to give a little back to your PTSA! **Did you know that CPMS PTSA can earn money every time you shop online at Amazon.com?!?! Use [this link](#) every time you shop and the AmazonSmile Foundation will donate 0.5% of the purchase price back to the PTSA.**

Staff Appreciation:

Thank you for all the wonderful donations for the “Hot Chocolate Bar” event! It was a great success. There was cocoa, cookies and sweets galore! What a fab spread!!!

We’re looking to kick off the new year with a salad luncheon for our CPMS staff. On Friday, January 11th, we’ll provide salad with all the fixin’s as well as a few desserts. If you’d like to volunteer to provide a donation for this lunch or would like more information, visit our sign-up today: https://cpptsa.org/ways-to-help/volunteer-sign-ups/?sheet_id=150. Every donation and contribution helps!

You can always learn more about upcoming Staff Appreciation events by visiting our PTSA website @ <https://cpptsa.org/programs-activities/staff-appreciation/>. Questions? Email Susan Switzer at staffappreciation@cpptsa.org.

8th Grade Party

Stay tuned for an announcement in January with the Date, Time & Location of the 8th Grade End of Middle School Party! Are you interested in helping to plan the party? Please contact Terise & Christy at eightgradeparty@cpptsa.org.

Threads & Treads:

Looking for a new hobby for 2019? How about volunteering at Threads & Treads? Threads & Treads provides Northshore families free, quality donated clothing for school-age youth, teens, young adults and parents. All Northshore families in need of clothing assistance are welcome to shop each month for up to three outfits. Currently, there are over 200 families accessing this resource! For more information on this incredible program, including how to get involved or donate, visit this link: <https://cpptsa.org/programs-activities/threads-treads/>

We’re always looking for volunteers to help sort & stock or to help during shopping hours. Visit our PTSA Volunteer Sign-Ups webpage to sign up: <https://cpptsa.org/ways-to-help/volunteer-sign-ups/>

We are looking for someone to step up to lead this important community resource at the end of this school year!! Contact Eileen Jowell @ tandt@cpptsa.org for more information.

Walkabout:

Thank you to everyone who has volunteered so far for the Walkabout program. It is very much appreciated by the staff to have extra eyes on campus during the student’s unstructured time. If you have completed the training (either this year or last) and are ready to Walkabout, please contact us at walkabout@cpptsa.org and let us know when you would like to come in. Look for a few more training dates to be announced after Winter Break.

Nominations:

Just a heads up that the current PTSA Executive Committee (president, vice president, secretary & treasurer) have fulfilled their maximum 2-year terms and must step down at the end of this school year. Our nominating committee is on the lookout for anyone who'd like to make a positive, lasting difference for the staff and kiddos at CPMS! Click [here](#) for more information about each position. If you are interested in nominating either yourself or another, please contact the members of our Nom Com: Leah Schubert leahschubert7@gmail.com, Cathy Jones ricathy@rocketmail.com, or Theresa Ahdieh theresa@outlook.com.

Volunteer Opportunities:

THANK YOU!! It's because of our volunteers that we are able to make CPMS such a welcoming and fun community. And, it can only get better!!! Would you like to help? Our Volunteer Sign-up page is a one-stop shop with all the information on how you can help: <http://cpptsa.org/ways-to-help/volunteer-sign-ups/>.

PTSA Meetings:

All parents, teachers, staff, and students are invited to attend any (or all!) of our PTSA meetings. Meetings are usually held at 7pm in the library, unless otherwise noted. Always be sure to check our website for updates. Remaining meetings for the 2018–19 year are:

- Membership Meetings: January 9th, March 27th and May 8th
- Board of Directors Meeting: February 6th in the Thorndike Room @ McMenamin's

Membership:

Thank you to all who have joined our PTSA so far this year. Because of you, we were able to surpass last years total number by 10% and were awarded the **Gold Membership award** from the Washington State PTA!! Nice job, Knights! It's never too late to join! The benefits are endless! Membership is the heart of PTSA and together we can ALL make a difference. Become a member today and add your voice to the oldest child advocacy organization in existence! Learn more: <https://cpptsa.org/membership/>

Facebook & Website:

Most of our PTSA communication is done via our [Facebook page](#) and [website](#). "Like" our Facebook page to get reminders, important info and notifications of volunteer opportunities on your newsfeed. Check out our website for an up-to-date calendar, detailed information on events, volunteer sign-ups, quick links and handy documents.

**You