

BOARD STUDY SESSION
JANUARY 14, 2019

SCHOOL START TIMES UPDATE

STUDY SESSION OUTLINE

- School Start Time Advisory Work: Purpose and Process
- School Start and End Times in LWSD and Neighbor Districts
- Engagement Strategy – November Survey Feedback
- Future Engagement Strategy - March
- Next Steps

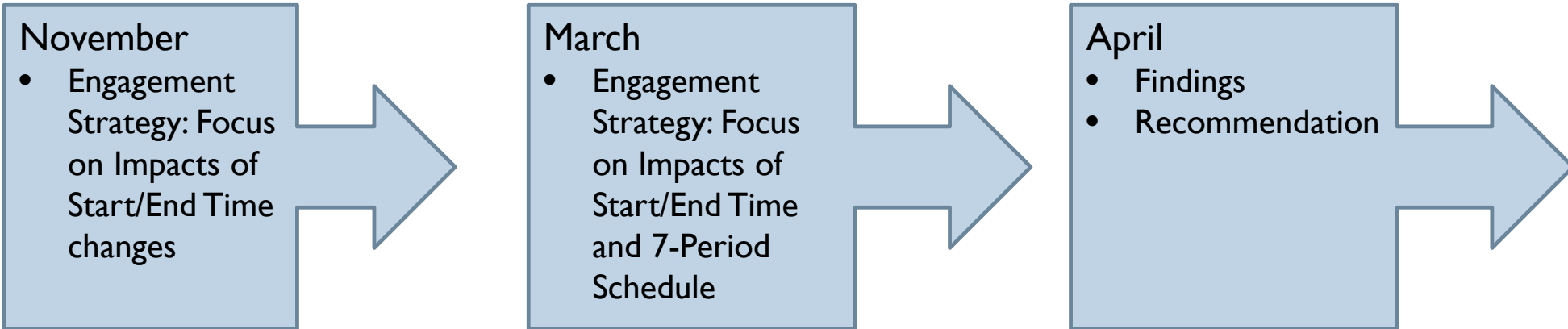
PURPOSE: LEARN ABOUT THE IMPACTS

- Family & Staff Schedules
- Before and After School Child Care
- Student Health and Well-Being
- Student Attendance and Supervision
- Extracurricular Activities, including Band and Orchestra

ADVISORY MEMBERS

- Parents
- School Staff
 - Certificated: Preschool, General Classroom, Special Education, ELL
 - Classified: School Office Managers
 - All levels represented: Elementary, Middle, High School
- Administrators
 - Schools and District
 - All levels represented: Elementary, Middle, High School

PROCESS



2018-19 START AND END TIMES: ELEMENTARY

	Lake Washington	Bellevue	Issaquah	Northshore
Start	8:50 a.m. (11) 9:20 a.m. (17)	8:00 a.m. (6) 8:05 a.m. (2) 8:40 a.m. (2) 9:00 a.m. (3) 9:05 a.m. (5)	9:05 a.m. (1) 9:15 a.m. (14)	8:50 a.m. (2) 8:55 a.m. (2) 9:00 a.m. (3) 9:05 a.m. (5) 9:10 a.m. (2) 9:20 a.m. (9) 9:25 a.m. (1)
End	3:20 p.m. (11) 3:50 p.m. (17)	2:30 p.m. (6) 2:35 p.m. (2) 3:10 p.m. (2) 3:30 p.m. (3) 3:35 p.m. (5)	3:30 p.m. (1) 3:40 p.m. (14)	3:20 p.m. (2) 3:25 p.m. (2) 3:30 p.m. (3) 3:35 p.m. (5) 3:40 p.m. (2) 3:50 p.m. (9) 3:55 p.m. (1)

2018-19 START AND END TIMES: MIDDLE SCHOOL

	Lake Washington	Bellevue	Issaquah	Northshore
Start	7:30 a.m. (2) 7:50 a.m. (1) 8:00 a.m. (2) 8:10 a.m. (2) 8:25 a.m. (1) 8:30 a.m. (1) 8:35 a.m. (3)	7:45 a.m. (2) 8:15 a.m. (1) 8:30 a.m. (1) 8:38 a.m. (1) 8:45 a.m. (1)	8:10 a.m. (4) 9:15 a.m. (1)	8:20 a.m. (4) 8:25 a.m. (1) 8:30 a.m. (1)
End	2:05p.m. (2) 2:20 p.m. (1) 2:30 p.m. (2) 2:40 p.m. (2) 2:55 p.m. (1) 3:05 p.m. (4)	2:30 p.m. (2) 3:00 p.m. (1) 3:30 p.m. (3)	2:35 p.m. (4) 3:40 p.m. (1)	2:55 p.m. (4) 3:00 p.m. (1) 3:05 p.m. (1)

2018-19 START AND END TIMES: HIGH SCHOOL

	Lake Washington	Bellevue	Issaquah	Northshore
Start	7:30 a.m. (4) 7:50 a.m. (2) 8:00 a.m. (2)	8:00 a.m. (4) 8:15 a.m. (1) 8:20 a.m. (1)	8:00 a.m. (3) 8:50 a.m. (1)	7:45 a.m. (4) 7:55 a.m. (1)
End	2:05 p.m. (1) 2:20 p.m. (3) 2:40 p.m. (2) 2:50 p.m. (2)	3:00 p.m. (4) 3:15 p.m. (1) 3:20 p.m. (1)	2:52 p.m. (1) 2:55 p.m. (2) 3:50 p.m. (1)	2:20 p.m. (4) 2:30 p.m. (1)

ENGAGEMENT STRATEGY: NOVEMBER 2018 SURVEY

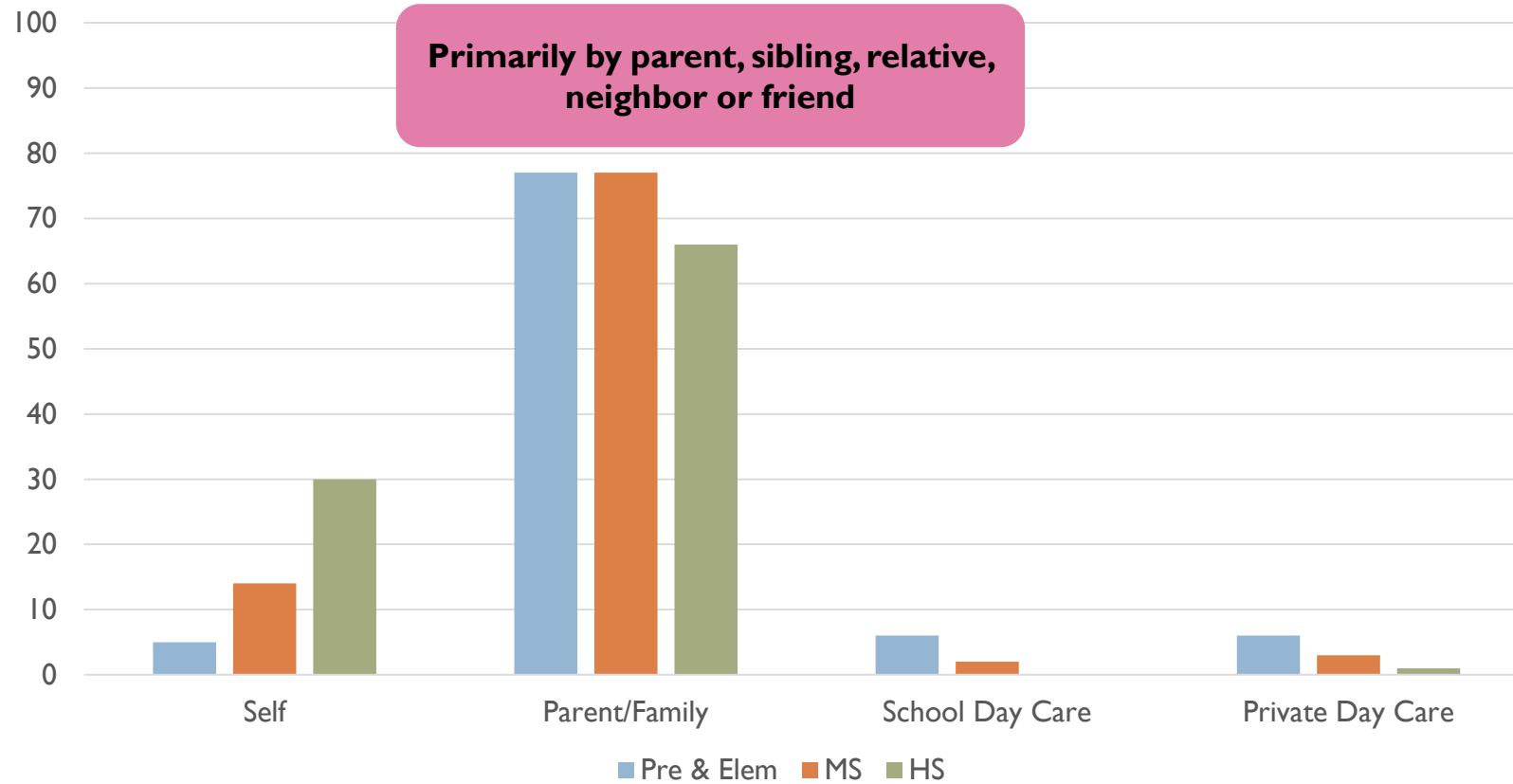
- Duration:
 - Open between Nov. 8-26, 2018
- Responses:
 - 987 parents
 - 547 staff

NOVEMBER 2018 SURVEY FEEDBACK: PARENTS

Group	Filter Rule for Disaggregation	Participants
Preschool & Elem	Parents with enrolled preschool and elementary students who may also have students in MS & HS	747
Middle School	Parents with enrolled middle school students who may also have students in preschool, elementary, and high school	307
High School	Parents with enrolled high school students who may also have students in preschool, elementary, and middle school	237

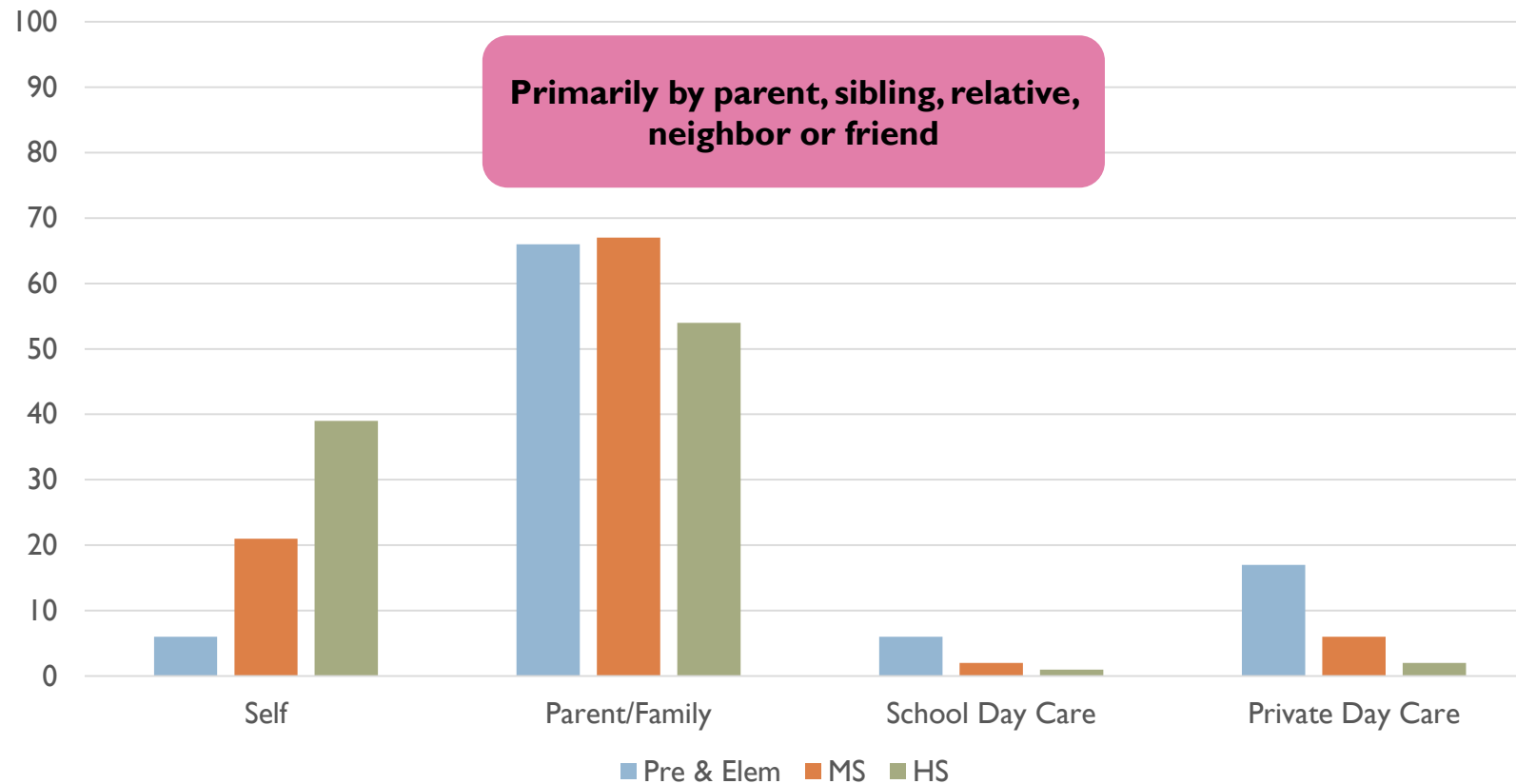
PARENTS: BEFORE SCHOOL CARE

How is your child cared for **before** the school day starts?



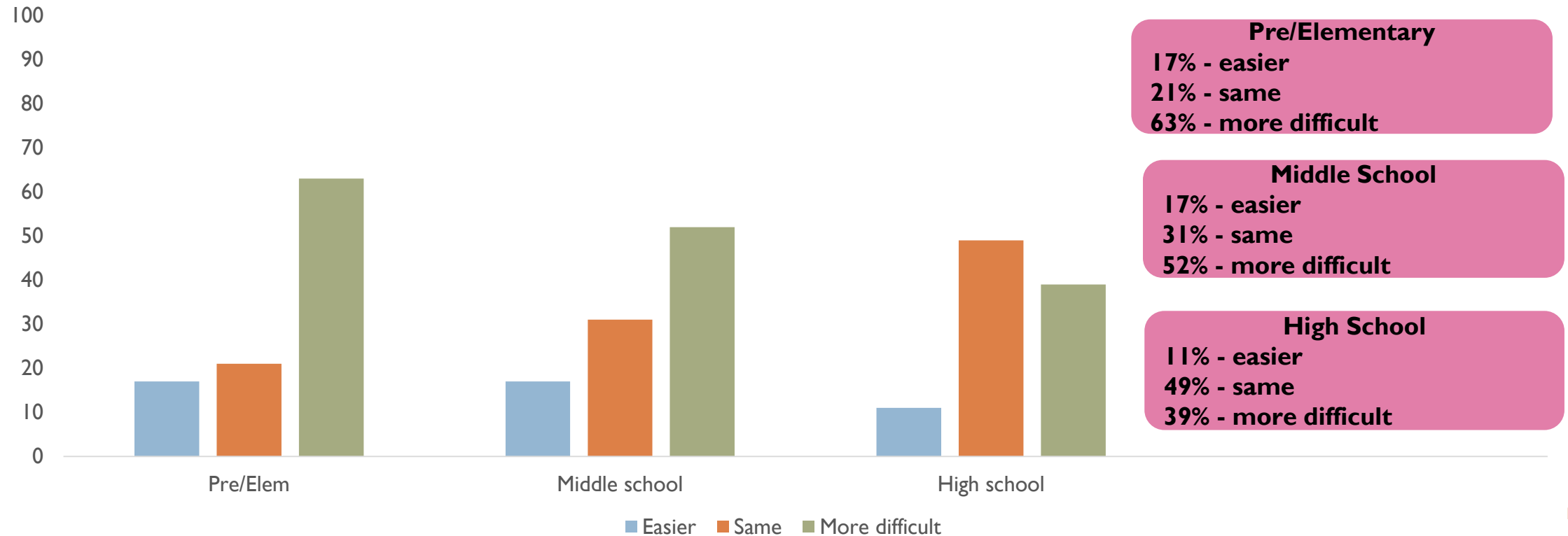
PARENTS: AFTER SCHOOL CARE

How is your child cared for **after** the school day ends?



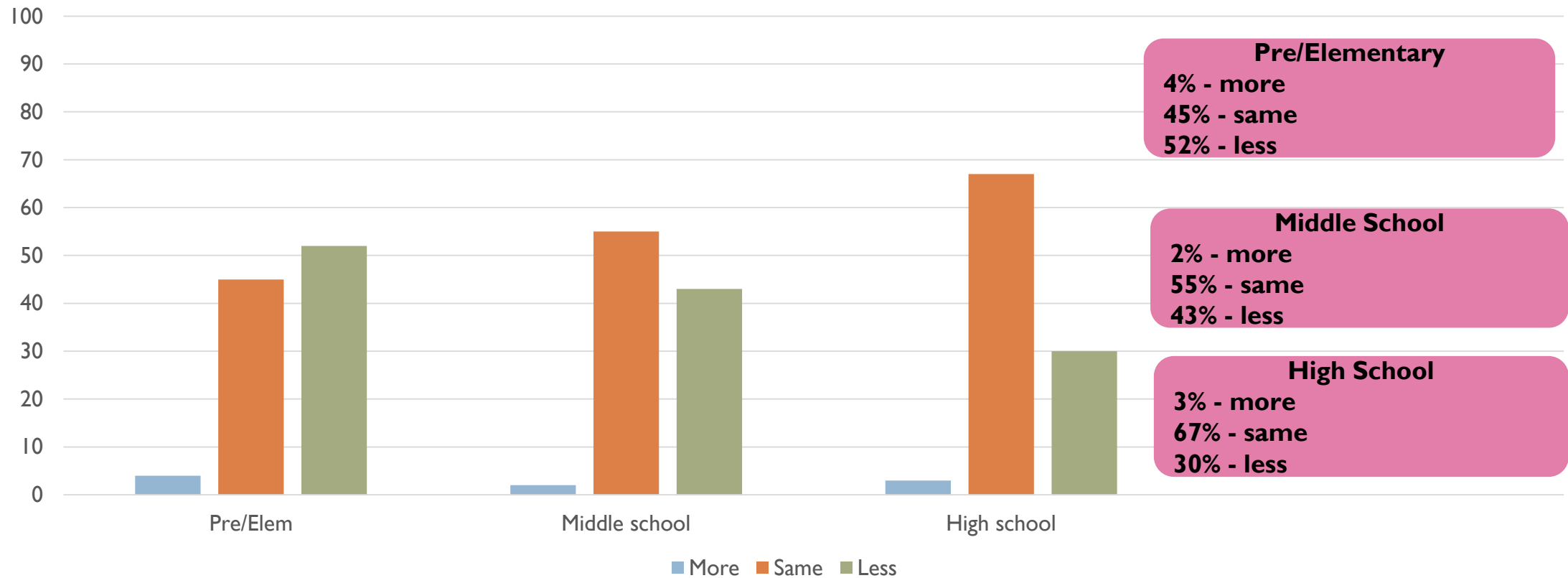
PARENTS: IMPACT ON ROUTINES

Compared to last year, how have start times affected your routines for getting children to and from school?



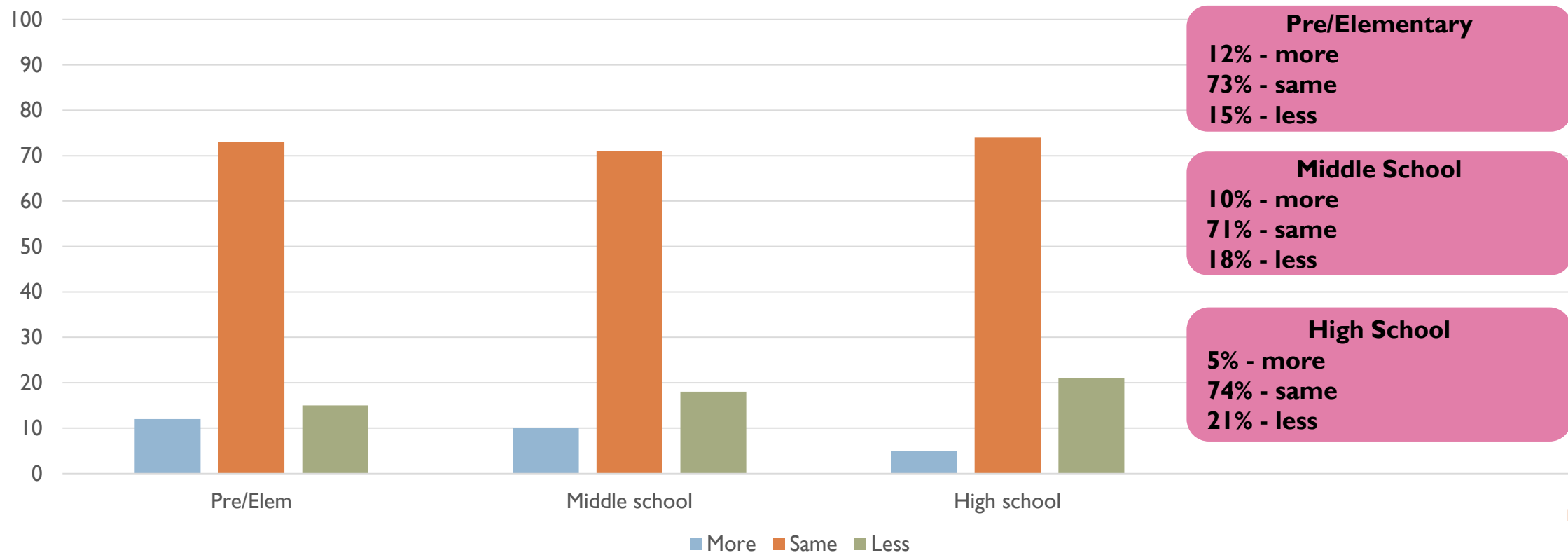
PARENTS: EXTRACURRICULAR ACTIVITIES

Compared to last year, how have start times affected your child's opportunities to participate?



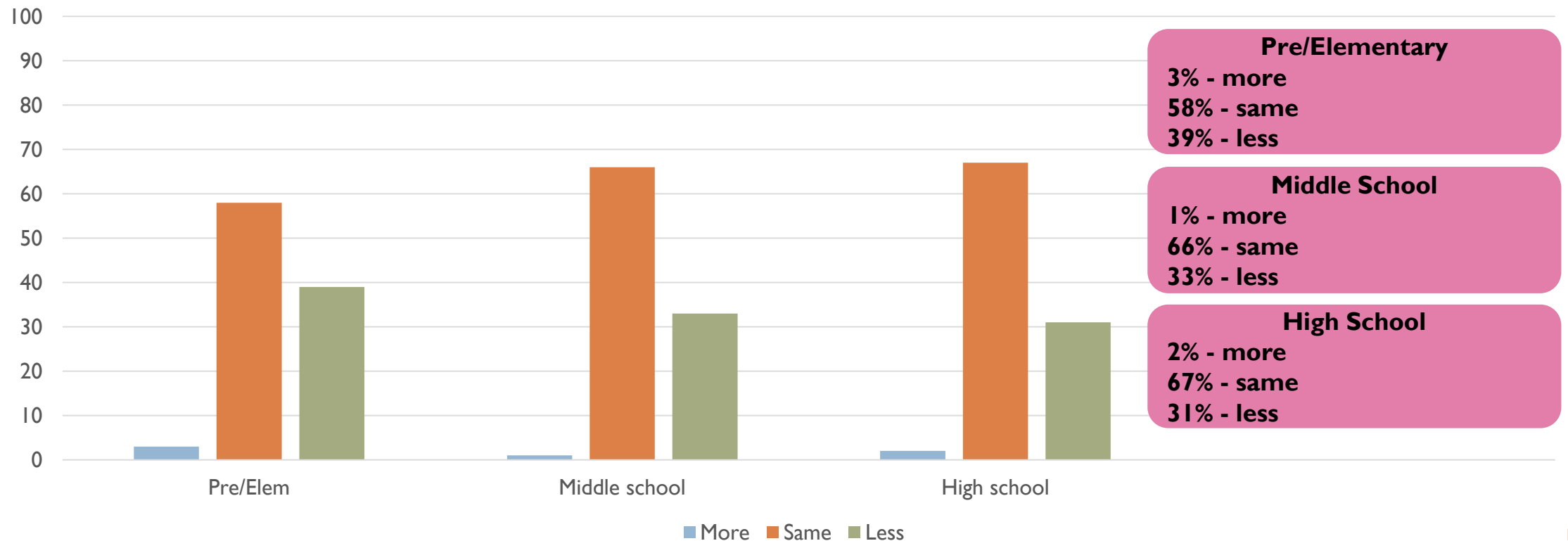
PARENTS: ACCESS TO STAFF BEFORE SCHOOL

Compared to last year, how have start times affected your opportunities to meet with staff **before** school?



PARENTS: ACCESS TO STAFF AFTER SCHOOL

Compared to last year, how have start times affected your opportunities to meet with staff **after** school?

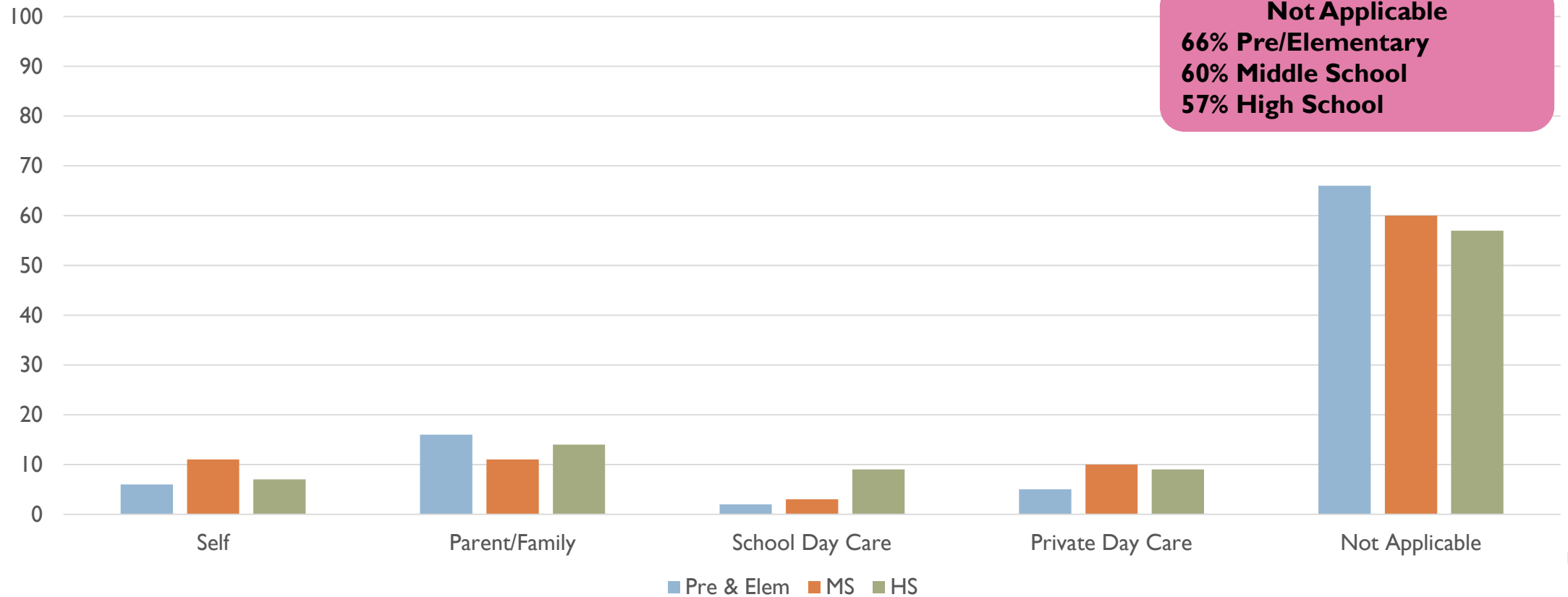


NOVEMBER 2018 SURVEY FEEDBACK: STAFF

Group	Filter Rule for Disaggregation	Participants
Preschool & Elem	All staff who identified preschool or elementary level as the location where they spend the majority of their time	344
Middle School	All staff who identified middle level as the location where they spend the majority of their time	87
High School	All staff who identified high school level as the location where they spend the majority of their time	102

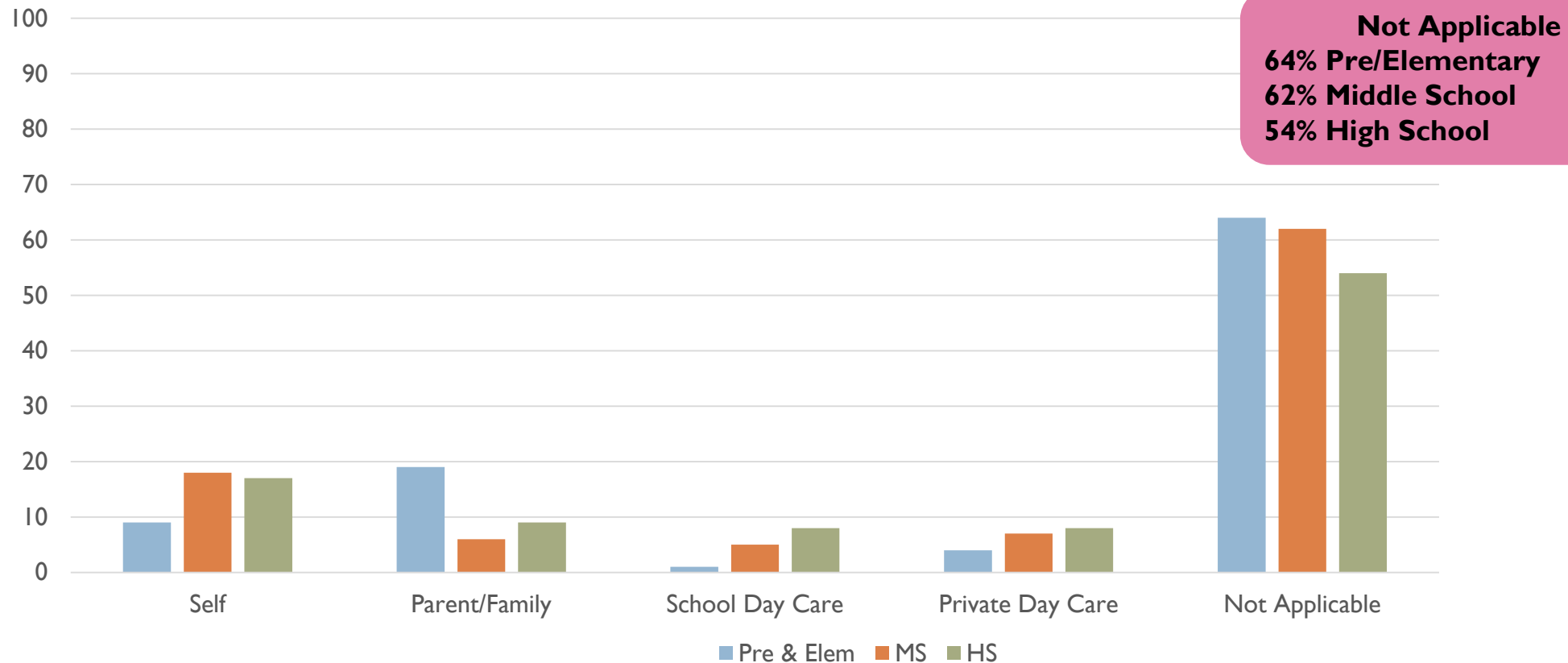
STAFF: BEFORE SCHOOL CARE

How is your child cared for **before** the school day starts?



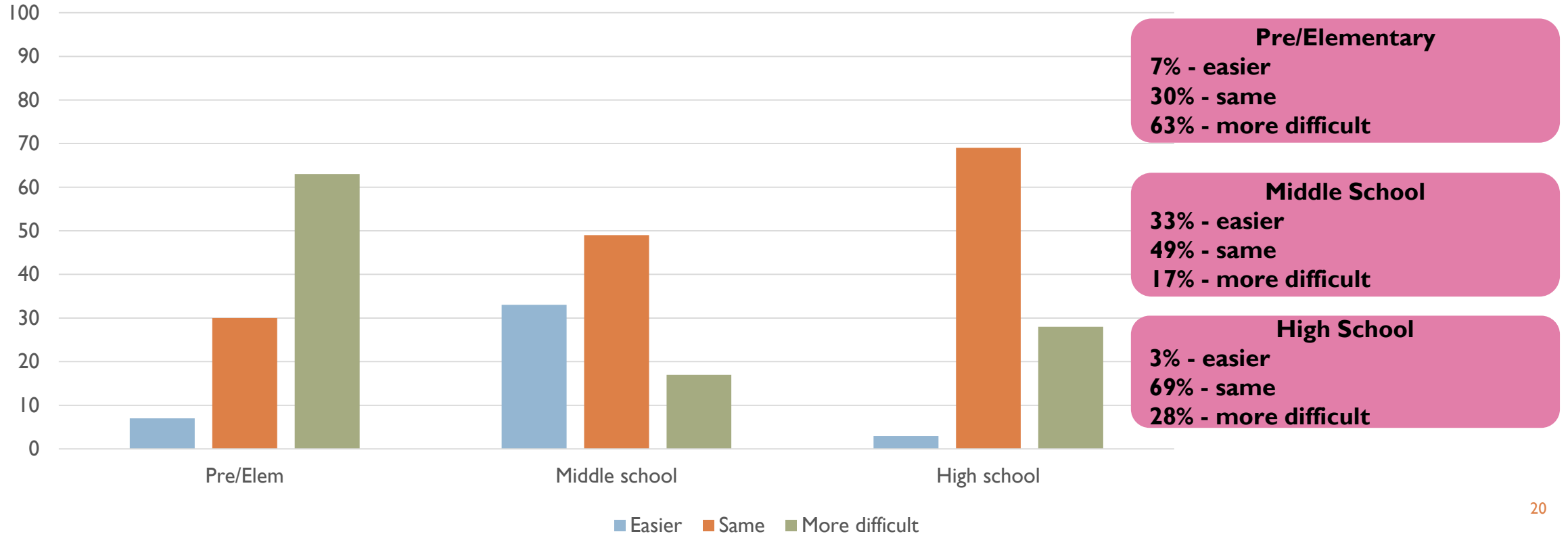
STAFF:AFTER SCHOOL CARE

How is your child cared for **after** the school day starts?



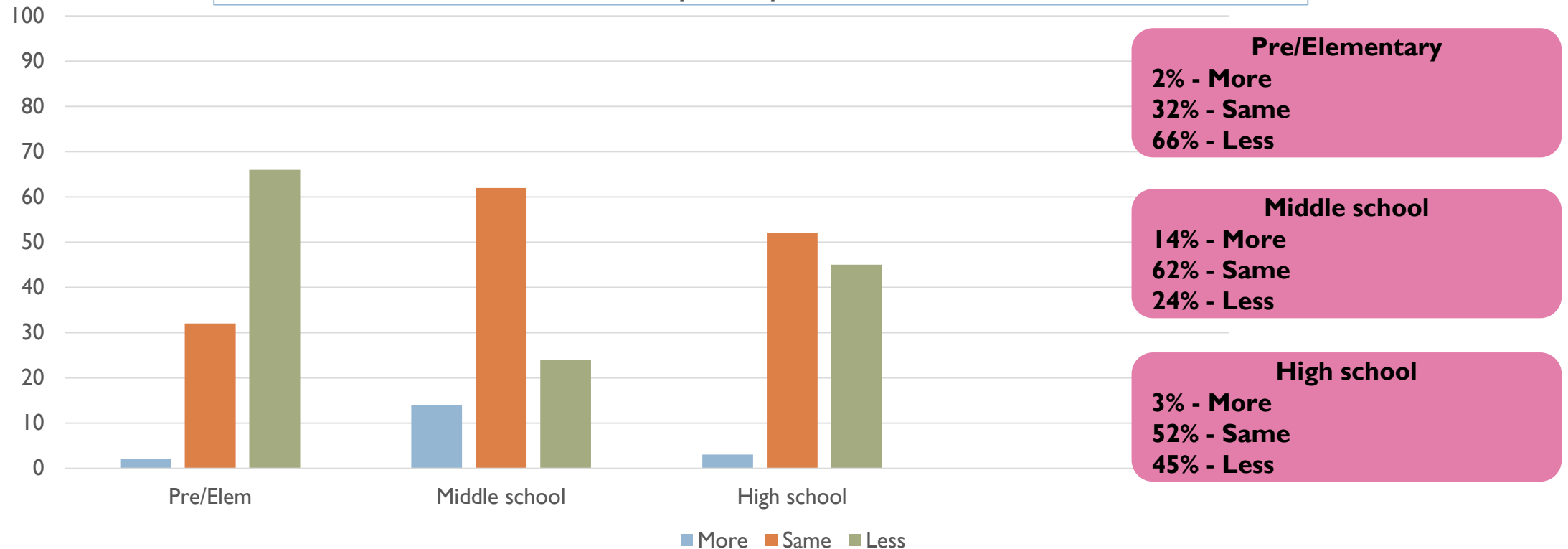
STAFF: IMPACT ON COMMUTE ROUTINES

Compared to last year, how have start times affected your routines for getting to and from school?



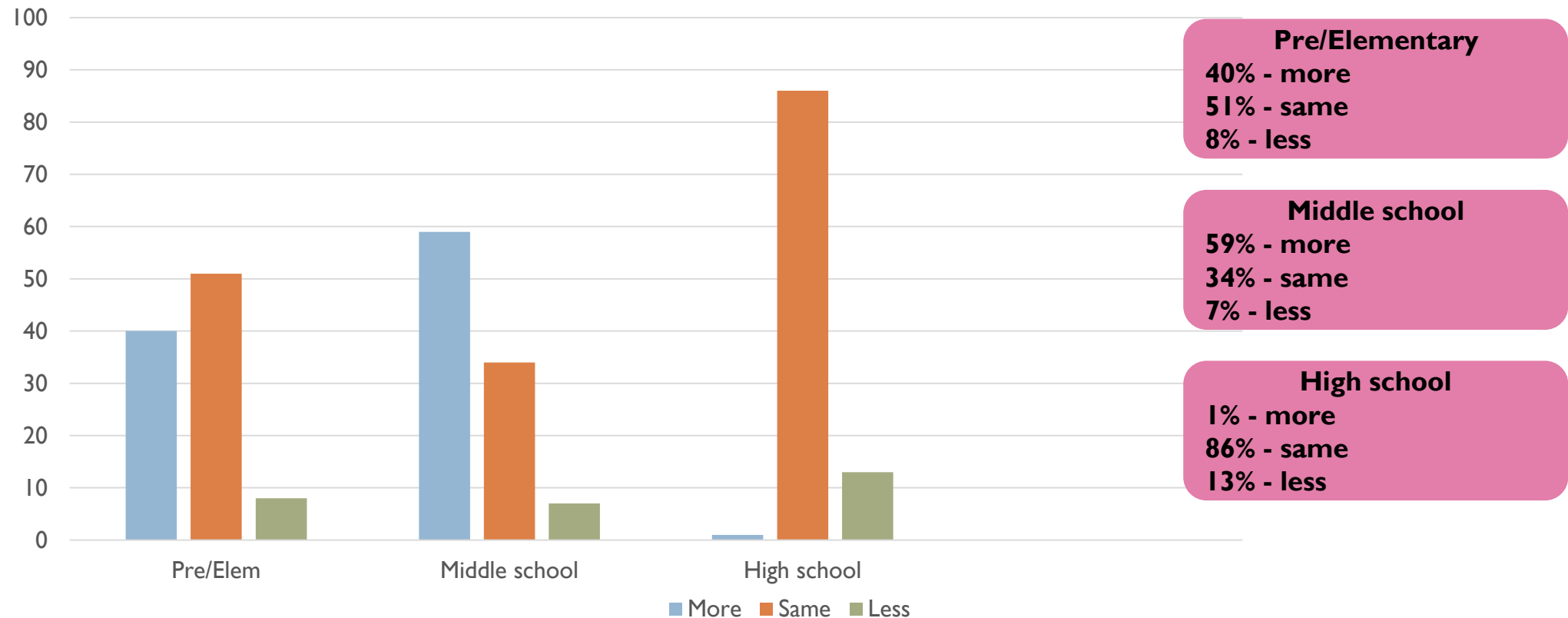
STAFF: PARTICIPATE IN PROFESSIONAL ACTIVITIES

Compared to last year, how have start times affected your opportunities to participate?



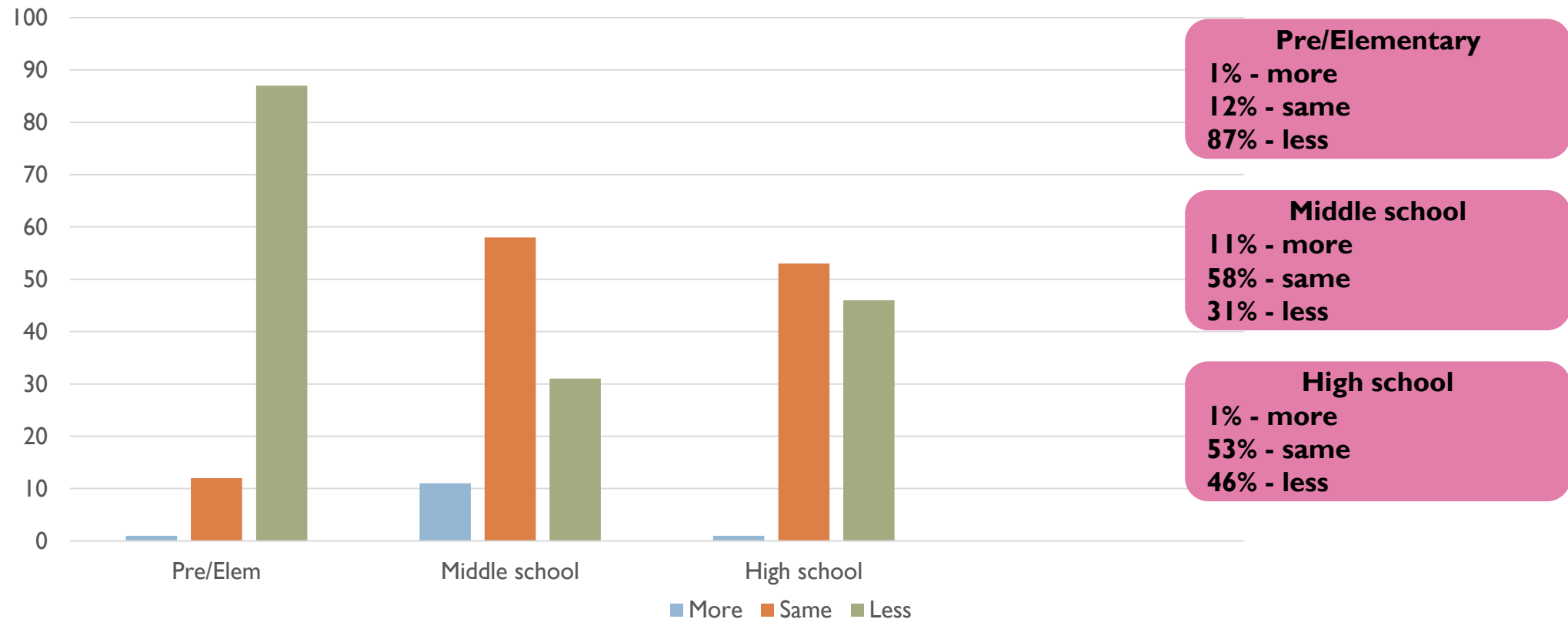
STAFF: ACCESS TO PARENTS BEFORE SCHOOL

Compared to last year, how have start times affected your opportunities to meet with parents **before** school?



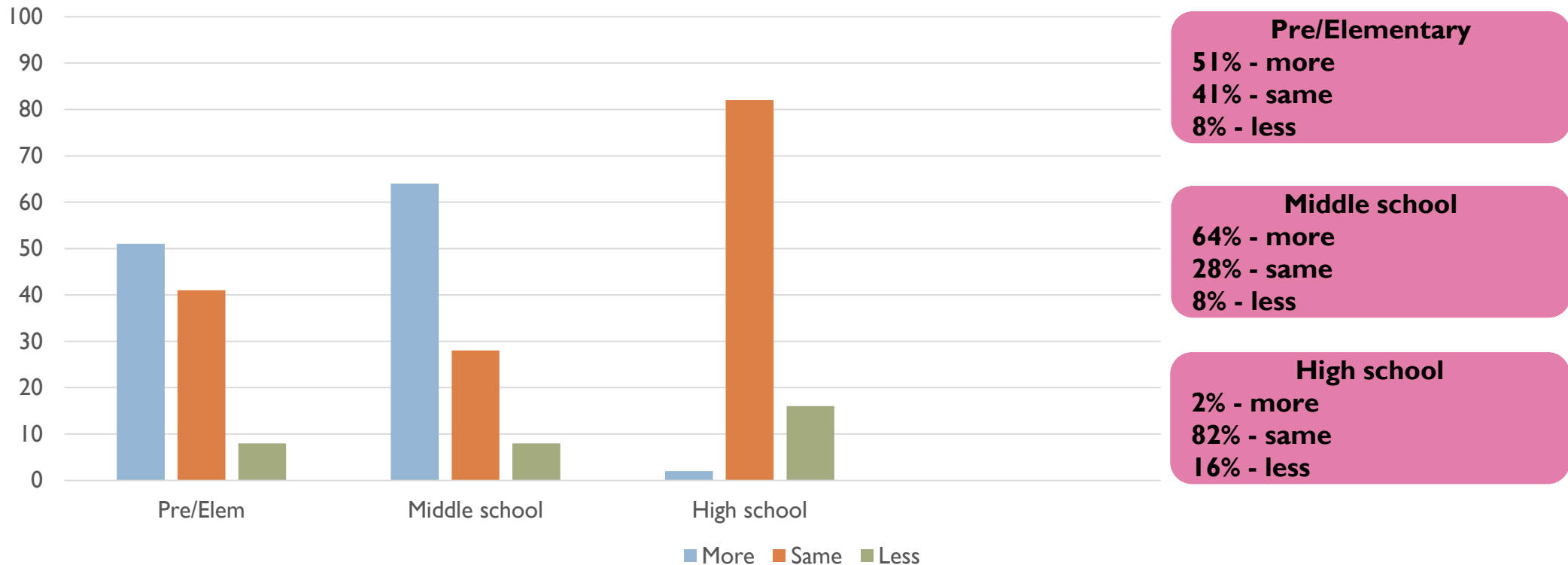
STAFF: ACCESS TO PARENTS AFTER SCHOOL

Compared to last year, how have start times affected your opportunities to meet with parents **after** school?



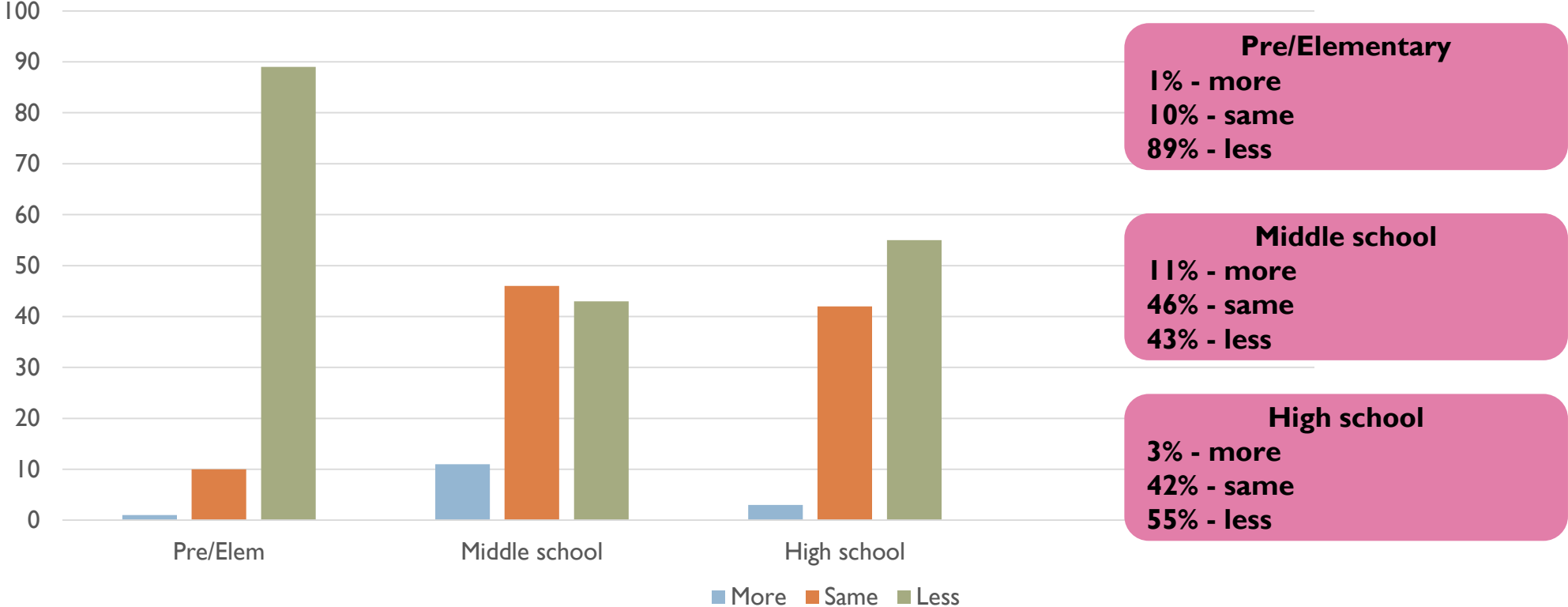
STAFF: ACCESS TO COLLEAGUES BEFORE SCHOOL

Compared to last year, how have start times affected your opportunities to meet with colleagues **before** school?



STAFF: ACCESS TO COLLEAGUES AFTER SCHOOL

Compared to last year, how have start times affected your opportunities to meet with colleagues **after** school?



SURVEY VERBATIM THEMES - PARENTS

Impact on Work Schedule

- Negative impact on parents' morning work schedules
- Creates challenges for getting to work on time and/or working a morning shift

Impact on Child Care

- Financial impact on families to provide for child care in the morning
- Lack of available openings with existing child care providers

SURVEY VERBATIM THEMES - PARENTS

Impact on Student Well-Being

- Student fatigue because of the later elementary dismissal time
- Impact of fatigue on completing homework
- Long day for students participating in before and after school opportunities
- Impact of the 7-period schedule - added stress and work load
- Want a later high school start time - current start times are too early for high school students
- Concern with elementary students in the dark at the end of the day

SURVEY VERBATIM THEMES - PARENTS

Impact on Family & Socialization

- Less time for elementary students to participate in family activities due to later dismissal time
- Impact on elementary students' ability to socialize with their friends after school

Impact on Extracurricular Activities

- Opportunities are available, but school dismissal times hinder ability to participate

SURVEY VERBATIM THEMES - PARENTS

Impact on Transportation

- Traffic congestion for parents driving students to school
- Gap in start times between elementary and middle schools creates challenge for parents who have students at both levels

SURVEY VERBATIM THEMES - STAFF

Impact on Work Schedule

- Some elementary staff report liking the longer block of planning time before students arrive
- Some middle school staff report liking the amount of planning time before students arrive, with sufficient time at the end of the day
- Elementary staff report having to work beyond the contract day – providing student supervision, waiting for congested parking lots to clear, meeting with colleagues and/or parents
- Impact on ability for staff to schedule after school personal appointments

SURVEY VERBATIM THEMES - STAFF

Impact on Instruction and Learning

- Student focus and engagement is less by the end of the student day
- Instruction is more challenging due to student fatigue
- Elementary reports longer blocks of instruction in the afternoon are challenging
- Increase in student workload with 7 classes
- Staff report more fatigue themselves as well

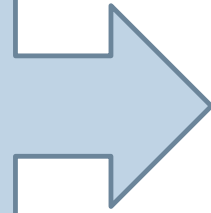
Impact on Child Care

- Some staff report increased costs to provide for morning child care because their own elementary students have a later school start time

PROCESS: NEXT STEPS

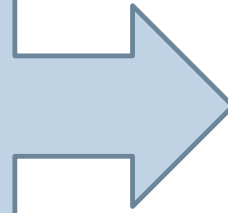
November

- Engagement Strategy: Focus on Impacts of Start/End Time changes



March

- Engagement Strategy: Focus on Impacts of Start/End Time and 7-Period Schedule



April

- Findings
- Recommendation

