

# After School Activities 2018-2019



Session 2  
January 14 - March 22

# Lower School

## Monday

ASA Title	
<i>Zumba</i>	
Day of the Week	Grade Range
Monday	Grades 3 - 8
Location	Teacher
Auditorium	Jamie Sanchez
Description	
Let's dance! Zumba is an excellent way to exercise and to have fun at the same time. We'll get our hearts pumping and our bodies moving. Wear light clothing, comfortable sneakers, and bring a full water bottle.	

ASA Title	
<i>Erhu for Beginners</i>	
Day of the Week	Grade Range
Monday	Grades 2, 3, 4
Location	Teacher
Room C301	Liu Bin (Leon), Sam Bateman
Description	
Erhu for beginners will introduce students to the basic techniques for using the bow and finger placement on the strings. This is a “taster” course which will give students the opportunity to have exposure to this traditional instrument with over 1000 years history. Mr Liu Bin (Mr Leo) is a graduate of Music Institute of Nanjing University of the Art with specialism in Erhu. Instruments are provided by the school for use during the ASA.	

ASA Title	
<i>Chinese Paper Cutting</i>	
Day of the Week	Grade Range
Monday	Grade 2 - 6
Location	Teacher
Room F104	Misha Sheng
Description	



Students will be going to practice cutting different shapes of paper and make their own projects.

ASA Title	
<i>Fun Reading</i>	
Day of the Week	Grade Range
Monday	Grade 3 - 4
Location	Teacher
Room E101	Jane Yu, Zoe Qin
Description	
<p>fun reading provides us with the following activities: use an easy and fun read to make a relaxed and pleasant atmosphere for us to study English. students can share experience of reading by all kinds of ways such as read aloud with expression, self-directed and acting the scenes of novel, make speeches, watch movies and many other interesting games to training their reading skills, also the speaking and listening ability can be improved.</p>	

ASA Title	
<i>Chinese Rhythm and Movement</i>	
Day of the Week	Grade Range
Monday	Grade K - 2
Location	Teacher
Room F105	Joyce Chen
Description	
<p>Lots of traditional Chinese games such as kicking shuttlecocks, jump rope and fun dancing. Making rhythms from everyday objects.</p>	

ASA Title	
<i>Lego Challenges</i>	
Day of the Week	Grade Range
Monday	Grade K – 1
Location	Teacher
STEAM Room	Zoë Woodcock
Description	
<p>We will be solving various challenges with Lego and our wits and STEAM knowledge. I'll provide the Lego, you bring your wits and we will develop more STEAM knowledge!</p>	

ASA Title	
<i>Urban Dance</i>	
Day of the Week	Grade Range
Monday	4 - 12
Location	Teacher
Dance Room	Sherry Li
Description	
<p>Urban dance club will combine different dance style, students will be able to learn jazz, hip-hop, LA.. different dance styles, all course will at least learnt one MV dance, and have chance to take a video of it.</p>	

## Tuesday

ASA Title	
<i>Story Making</i>	
Day of the Week	Grade Range
Tuesday	Grades K, G1, G2
Location	Teacher
F104	Eda Go, Ruan Cloete
Description	
<p>Students will use their own imagination in creating their own characters and stories. They will showcase their stories through dramatic play, or movie making.</p>	

ASA Title	
<i>Touch Rugby</i>	
Day of the Week	Grade Range
Tuesday	Grades 1 – 2
Location	Teacher
Big Field	Danielle Kemp
Description	
<p>Touch rugby It is played by two opposing teams, each attempting to score more touchdowns than the other by placing an oval-shaped football on the ground within the opposing team's touchdown zone. It is a minimal contact sport that encourages fitness, communication, team spirit and decision-making. It is fully inclusive, catering for both boy and girl participants of any age, and requires only a football to get a game started.</p>	

ASA Title	
<i>Fun Games</i>	
Day of the Week	Grade Range
Tuesday	Grades K – 1
Location	Teacher
C003	Julie Zhu, Jo Zhu, Ivy Zhang
Description	
The students will explore different outside games and board games (like Mr. Wolf, What Time Is It? Tag, Uno, memory games, etc.) Please bring water bottle.	

ASA Title	
<i>Yoga and Mindfulness</i>	
Day of the Week	Grade Range
Tuesday	Grades 2 - 3
Location	Teacher
W101	Ms Cassie Franklin, Miss Christi-Ann Moody
Description	
Students will have the opportunity to reflect, meditate and practice mindfulness through art and yoga.	

ASA Title	
<i>Paper Folding</i>	
Day of the Week	Grade Range
Tuesday	Grade K - 2
Location	Teacher
Room W102	Andrea Shen, Mia Zhou
Description	
Can you imagine what we can do just with a piece of paper? Let us create a mini book, a rabbit and a flower.....Students will follow the instructions to fold the colored paper and draw what they want creatively on their work with their imagination. Please join us and have fun together!	

ASA Title	
<i>Photography</i>	
Day of the Week	Grade Range
Tuesday	Grade 4 - 5
Location	Teacher
Room C104	Patricia Shomo
Description	
Students will learn new techniques, choose a subject each week, and edit using digital software.	

ASA Title	
<i>Digital Media Skills</i>	
Day of the Week	Grade Range
Tuesday	Grade 4 - 7
Location	Teacher
Library	Sarah Scanzoni, with G8 students Deiter Armstrong, Bill Zhang, Jerry Zong
Description	
Digital Media and Technology has transformed how we teach, learn and present. In this ASA skills that you can use in and outside of the classroom will be taught. These new media and digital tools can enhance learning, teaching and performance. They will extend and enhance your engagement and captivate your audience.	

# Thursday

ASA Title	
<i>Math Club</i>	
Day of the Week	Grade Range
Thursday	Grade 4 – 5
Location	Teacher
Room C102	John Koski, Olina Li
Description	
Got Math? Come to the HIS Math Club! We will be playing games, solving problems, finding solutions for challenging puzzles, and providing homework support. Interested? Join Ms. Olina and Mr. Koski in room C102 (Grade 4A).	

ASA Title	
<i>Fun with Chinese Reading</i>	
Day of the Week	Grade Range
Thursday	Grade K – 2
Location	Teacher
Room C202	Amy Yi
Description	
This ASA is providing students with more exploration in Chinese reading. Good books make reading fun. Stories for students will be of all kinds – folktales, funny tales, exciting tales, tales of the wondrous and stories that tell of everyday things. We will present books and stories in various ways, including audio listening, pictures imagination, video demonstration, read aloud, role play etc. Students are encouraged to listen, ponder, make comments, and ask questions. Students will read aloud from content and we will have games and activities to make reading enjoyable.	

ASA Title	
<i>Art &amp; Literacy Club</i>	
Day of the Week	Grade Range
Thursday	Grade 2 – 3
Location	Teacher
Room B202	Brianna Maxwell, Michelle Dierker
Description	
The Art & Literacy Club gives students with a love of both art and reading the opportunity to connect the two components together. Using picture books as mentor texts, children will read a book each week which will then be used as the inspiration to create a meaningful art piece! Come join us as we explore some wonderful books and create beautiful artwork in the process.	

ASA Title	
<i>Chess Club</i>	
Day of the Week	Grade Range
Thursday	Grades 3 - 5
Location	Teacher
Room F103	Louise Zhu
Description	
Chess is one of the world's most popular games! It is a recreational and competitive game played between two players. Beginners are welcome. Competitors welcome!	

ASA Title	
<i>Folkloric Dance</i>	
Day of the Week	Grade Range
Thursday	Grade K – 1
Location	Teacher
Dance Room	Andrea Stubbs
Description	
In this ASA, you will be exposed to different styles that we dance in different regions of Mexico. Energy, enthusiasm, commitment, interest for other forms of dance, and a good attitude are recommended!	

ASA Title	
<i>Chinese Board Games</i>	
Day of the Week	Grade Range
Thursday	Grades 1 – 6
Location	Teacher
Room C105	Bella Mao, Sunny Sun, with Grade 8 students Maggie Wang, Randy Yang, and Terrence Xu
Description	
Learning about a culture, the Chinese culture to be exact, can have us better understand our life, and the experience of others. From traditional Chinese board games, learners are able to discover more about our culture. At the same time, we can broaden our views of everything, from food to history, to festivals and religions.	



ASA Title	
<i>Jump Rope</i>	
Day of the Week	Grade Range
Thursday	Grades 3, 4, 5
Location	Teacher
Hall	Cilla Giannopoulos
Description	
<p>Jump Rope is a great way to keep our hearts healthy while learning lots of cool skipping tricks. Children will be warming up their bodies, learning different jumping skills individually and in groups and choreographing their own jump rope routines. They need to wear clothes that they can exercise in.</p>	

ASA Title	
<i>Rascal Fun</i>	
Day of the Week	Grade Range
Thursday	Grade 3 – 4
Location	Teacher
C004	Erika Huayanca, Jackie Cloete
Description	
<p>In this ASA, we are going to develop our creativity within the arts (dancing, painting, cooking, singing) Requirements: Bring your risk-taker hat with you! Get ready to have fun.</p>	

## Friday

ASA Title	
<i>Art Club</i>	
Day of the Week	Grade Range
Friday	Grade 4 - 12
Location	Teacher
US Art Room	Haru Sukegawa, Jamie Sanchez
Description	
<p>This fantastic club is run by Haru Sukegawa and Ms. Jamie. Students will collaborate in a variety of art projects that will benefit the HIS community. Some examples of these tasks could be designing posters for events, creating illustrations for the school newsletter, or constructing bulletin boards.</p>	

ASA Title	
<i>Board Games and More</i>	
Day of the Week	Grade Range
Friday	Grade 3 - 6
Location	Teacher
Room B108	Bonnie Wilson
Description	
Play board games, solve picture puzzles, act out charades, and more!	

ASA Title	
<i>Computer Programing</i>	
Day of the Week	Grade Range
Friday	Grade 3 – 5
Location	Teacher
Library Lab	Simon Dobson
Description	
Come and try your hand at computer programming. We'll be introducing students to coding and creating art, and small games.	

ASA Title	
<i>Art</i>	
Day of the Week	Grade Range
Friday	Grade K – I
Location	Teacher
W101	Nidhi Sikri
Description	
<p>In this ASA we will be working on the color theory. We will be focusing on process over product. By allowing the children to explore the materials they become familiar with the way color works and have opportunities to use domain vocabulary (i.e. color names). The more practice they have mixing colors, holding a paint brush and feeling confident in their skills, the more they will love being artist!</p>	

# Upper School

## Multiple Days

ASA Title	
<i>Robotics Club</i>	
Day of the Week	Grade Range
Monday and Fridays	Grade 6 – 12
Location	Teacher
Room B306	Matthew Tupper, Alice Zhang
Description	
<p>If you would like to build robots and start an HIS Competitive Robot team, please join us in the Design Lab on Mondays and Fridays. Students will learn how to design, create, program, control, and compete against other teams with robots. Students will design robots to solve practice problems. This ASA will finish after the Final competition on March 1<sup>st</sup>.</p>	

## Monday

ASA Title	
<i>Philosophy Club</i>	
Day of the Week	Grade Range
Monday	Grade 9 - 12
Location	Teacher
Room A301	Andrew Riege
Description	
<p>The Philosophy Club discusses philosophical questions in an informal setting. The goal is to have stimulating conversation and learn to look at everything from different perspectives. We will frequently watch short videos introducing topics and then discuss them. This ASA increases independent thought and problem-solving skills.</p>	

ASA Title	
<i>Urban Dance Club</i>	
Day of the Week	Grade Range
Monday	Grades 4 - 12
Location	Teacher
Dance Room	Sherry Li
Description	
Urban dance club will combine different dance styles. Students will be able to learn jazz, hip-hop, <b>LA. different dance styles, all course will at least learnt one MV dance, and have chance to take a video of it.</b>	

ASA Title	
<i>Beaded Jewelry Making</i>	
Day of the Week	Grade Range
Monday	Grade 6 - 8
Location	Teacher
Room CI05	Veronica Jenner
Description	
Students will be learning to design and make their own jewelry using beads. Some materials will be provided - bring your own if you want something special.	

ASA Title	
<i>Zumba</i>	
Day of the Week	Grade Range
Monday	Grades 4 - 12
Location	Teacher
Auditorium	Jamie Sanchez
Description	
Let's dance! Zumba is an excellent way to exercise and to have fun at the same time. We'll get our hearts pumping and our bodies moving. Wear light clothing, comfortable sneakers, and bring a full water bottle.	

ASA Title	
<i>The Write Stuff: Writing for the IB</i>	
Day of the Week	Grade Range
Monday	Grade 10, 11, 12
Location	Teacher
Room B003	Marisa Confait
Description	
Students will be learning the 9 types of expository writing required for an academic context (all IB subjects). They will learn structure/tool boxes/and analyze best practice exemplars. They can apply the theory to current written tasks required for assessment.	

ASA Title	
<i>Chinese Paper Cutting</i>	
Day of the Week	Grade Range
Monday	Grade 2 - 6
Location	Teacher
Room F104	Misha Sheng
Description	
Students will be going to practice cutting different shapes of paper and make their own projects.	

ASA Title	
<i>HSK Chinese Preparation</i>	
Day of the Week	Grade Range
Monday	Grade 9 - 12
Location	Teacher
B004	Yoyo Zhang
Description	
HSK preparation, build vocabulary and grammar structure.	



ASA Title	
<i>Conflict Mediators Training</i>	
Day of the Week	Grade Range
Monday	Grade 9 - 11
Location	Teacher
B201	Jennifer Widi
Description	
<p>Students will learn the techniques involved in conflict mediation. Conflict mediation will be targeted at grades 6, 7, and 8. Because this will be a new program at HIS, this ASA will require additional planning with Ms. Koenig and Ms. Long.</p>	

## Tuesday

ASA Title	
<i>Model United Nations (MUN)</i>	
Day of the Week	Grade Range
Tuesday	Grade 6 – 8 Grade 9 - 12
Location	Teacher
A001	Yolande du Plooy, Terry Strombeck, Brianna Maxwell
Description	
<p>Model United Nations or MUN is an after-school activity in which students roleplay delegates to the United Nations and simulate UN committees. In MUN students will step into the shoes of ambassadors from UN member states to debate on current global issues. MUN involves researching, public speaking, debating and writing. Students also gain the opportunity to learn or enhance skills such as critical thinking, teamwork and leadership.</p> <p>This quarter upper school students will participate in the CISSMUN conference in Shanghai in January 2019.</p>	

ASA Title	
<i>HIS Fashion Club</i>	
Day of the Week	Grade Range
Tuesday	Grades 8 - 12
Location	Teacher
DP Room	Jess Koenig supporting Minju Kim, Grade 11
Description	

Students who are interested/passionate in fashion come together, express their interest, share, discuss and design their own style. Other than discussing fashion, students can also express their fashion through ways such as: Fashion Magazine- trend analysis, Fashion Haul, Fashion Videos - Look book, what to wear in XX, XX inspired look etc.

Fashion show:20<sup>th</sup> March- Joined with Arts Coffee House or 21<sup>th</sup> March- Free day with no event.

ASA Title	
<i>Guitar Club</i>	
Day of the Week	Grade Range
Tuesday	Grade 7 - 12
Location	Teacher
B005	Kyle Kresge
Description	
Do you play guitar? Do you want to learn how to play some of your favorite songs? Then the Guitar Club ASA is for you! Join us for some guitar-playing, music-making fun.	

ASA Title	
<i>Digital Media Skills</i>	
Day of the Week	Grade Range
Tuesday	Grade 4 - 7
Location	Teacher
Library	Sarah Scanzoni, with G8 students Deiter Armstrong,Bill Zhang, Jerry Zong
Description	
Digital Media and Technology has transformed how we teach, learn and present. In this ASA skills that you can use in and outside of the classroom will be taught. These new media and digital tools can enhance learning, teaching and performance. They will extend and enhance your engagement and captivate your audience.	

## Thursday

ASA Title	
<i>Global Issues Network (GIN)</i>	
Day of the Week	Grade Range
Thursday	Grade 8 - 12
Location	Teacher
Library	Matthew Baxter, Lily Lin

<b>Description</b>
To empower young people to collaborate locally, regionally, and globally in order to create project based sustainable solutions for our shared global issues. To recognize and nurture youth empowerment.

<b>ASA Title</b>	
<i>Erhu for Beginners</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Thursday	Grades 6, 7, 8
<b>Location</b>	<b>Teacher</b>
Room C301	Liu Bin (Leon), Sam Bateman
<b>Description</b>	
Erhu for beginners will introduce students to the basic techniques for using the bow and finger placement on the strings. This is a “taster” course which will give students the opportunity to have exposure to this traditional instrument with over 1000 years history. Mr Liu Bin (Mr Leo) is a graduate of Music Institute of Nanjing University of the Art with specialism in Erhu. Instruments are provided by the school for use during the ASA.	

<b>ASA Title</b>	
<i>Business Club</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Thursday	Grade 9 - 12
<b>Location</b>	<b>Teacher</b>
Room B016	Andrew Haltom
<b>Description</b>	
Students will prepare for business competitions through case studies. A lecture series will cover business lessons as demanded by the members.	

ASA Title	
<i>Board Games and More</i>	
Day of the Week	Grade Range
Thursday	Grade 3 - 6
Location	Teacher
Room B108	Bonnie Wilson
Description	
Play board games, solve picture puzzles, act out charades, and more!	

ASA Title	
<i>Table Tennis</i>	
Day of the Week	Grade Range
Thursday	Grade 8 - 12
Location	Teacher
Tables	Tom Jenner
Description	
<p>The main tournament season is over, so now is the time for anyone to join in and learn this great sport and have some fun practicing without the pressure of team competition. Hopefully some of you will be able to enter tournaments for the school next year. Paddles and balls will be provided, but you can bring your own paddle, if you have one. If there is space, it may be possible for Grade 6 and 7 students to join us.</p>	

ASA Title	
<i>Chinese Board Games</i>	
Day of the Week	Grade Range
Thursday	Grades 1 – 6
Location	Teacher
Room C105	Bella Mao, Sunny Sun, with Grade 8 students Maggie Wang, Randy Yang, and Terrence Xu
Description	
<p>Learning about a culture, the Chinese culture to be exact, can have us better understand our life, and the experience of others. From traditional Chinese board games, learners are able to discover more about our culture. At the same time, we can broaden our views of everything, from food to history, to festivals and religions.</p>	

# Friday

ASA Title	
<i>Baking Club</i>	
Day of the Week	Grade Range
Friday	Grade 6 - 12
Location	Teacher
Room A111	Danielle Bowers
Description	
During this ASA we will learn baking skills by baking different deserts and other treats. Due to space and materials, there is a limit of 6 students.	

ASA Title	
<i>Wheels Around Hangzhou</i>	
Day of the Week	Grade Range
Friday	Grade 6 - 12
Location	Teacher
Front Gate	Jessamine Koenig, Nora May
Description	
Students will explore Hangzhou through bicycling through the city and hiking the Hangzhou hills. Students must bring their own wheels and protective equipment (helmets) as well as water bottles, bus passes, and money for snacks. Students will be traveling off campus each week for this activity. Typically students return between 5:00 – 5:30, depending on location of weekly trip.	

ASA Title	
<i>CNY Preparation</i>	
Day of the Week	Grade Range
Friday	Grade 6 - 10
Location	Teacher
B304	Lily Lin
Description	
Prepare and practice for the CNY assembly which will happen on February 1st. After the CNY break, will create and perform puppet shows with Chinese shadow puppets.	

ASA Title	
<i>Art Club</i>	
Day of the Week	Grade Range
Friday	Grade 4 - 12
Location	Teacher
US Art Room	Haru Sukegawa, Jamie Sanchez
Description	
This fantastic club is run by Haru Sukegawa and Ms. Jamie. Students will collaborate in a variety of art projects that will benefit the HIS community. Some examples of these tasks could be designing posters for events, creating illustrations for the school newsletter, or constructing bulletin boards.	