

COLLEGE INKLINGS

THE ACADEMY OF THE HOLY NAMES
COLLEGE COUNSELING NEWSLETTER
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College Planning Meetings for Juniors

Juniors and their parents are required to set up a meeting during the **spring semester** with their college counselor to discuss their college goals. Please contact your counselor and provide several dates and times when you and your parents are available to meet. Appointments will be made on a first come-first serve basis throughout the spring semester.



SOPHOMORE PARENT COFFEES

The **parents of our sophomores/Class of 2021** are cordially invited to attend an **informal coffee** on **Wednesday, February 13th, 2019** at one of the following times:

- **9 AM** in the 3rd Floor Board Room.
- **4 PM** in the 3rd Floor Board Room

The college counselors will present AHN's curriculum offerings, the course selection process, and our academic placement policies.

Coffee and light snacks will be served.

For those who can't make it, the presentation will be video-taped and you can obtain access to it after the event.

Please [RSVP Here](#) for one of the Coffees. If you have any questions, please contact Mrs. Stefanie Zummo, Administrative Assistant for the high school guidance office, at 813-839-5371, x 265 or at szummo@holynamestpa.org.



College Planning Retreat for Juniors

On **Friday, February 22nd** the College Counseling Office is holding its annual College Planning Retreat for juniors! An entire day will be devoted to getting ready for the college planning process. Dress is casual and students will need to bring their own lunch. Please contact the college counseling office for more information.



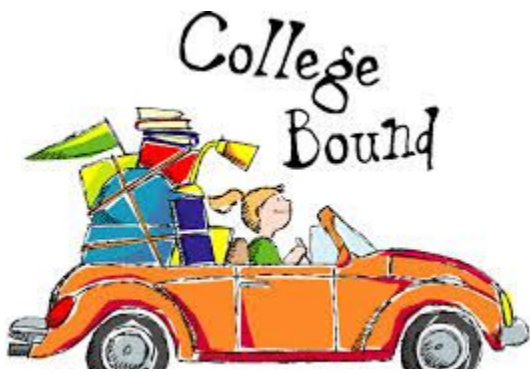
College Admission Backstory

On **Monday, February 25th** the Guidance Office is hosting **Mr. Peter Van Buskirk**, a renowned author, motivational speaker and former Dean of Admission to present **The Backstory About The College Admission Process**. He will discuss a variety of topics including "application strategies, cost and affordability factors and strategies for getting on college's 'radar screens' " for starters. The program begins at **6:30 PM in the Bailey Center**.

An engaging, humorous and insightful speaker, Mr. Van Buskirk will both enlighten and educate parents about the admissions process.

This program is primarily **geared toward parents of freshmen and sophomores**. Mark the date on your calendar – more details will follow. No RSVP necessary.

Questions? Contact College Counselors: Darcy Dwyer (A-L) or Kerry Keegan (M-Z).



Upcoming College Fairs

On **Thursday, February 28th**, AHN will host the annual **Jesuit Colleges Tour** for sophomores and juniors from **8:15 AM to 9 AM** in the Brady Center North. Over 15 Jesuit colleges and universities will be on hand to meet with students.

The annual **NACAC College Fair** will be held on **Sunday, March 10th from noon to 3 PM at the Florida State Fairgrounds**. All Academy of the Holy Names students and parents are invited to attend. Approximately 160 colleges and universities will be represented. If you plan on attending the fair be sure to go to www.gotomyNCF.com where you can register for an entrance badge with a barcode that will allow each college to scan your badge to put you on a mailing list. This will save you lots of time and energy by allowing you to bypass filling out information/interest cards for each college.



A Reminder to Seniors:

You are responsible for submitting copies of ALL college acceptance letters and copies of merit-based scholarship awards to your college counselor. ***We will not announce any of your achievements at Honors Convocation or Graduation without official documentation on file.*** Please see your counselor if you have any questions.



SOPHOMORE BLAST OFF...

Starting on Monday, February 4th, sophomores need to set up an **appointment** to begin the **College Planning Process**. Please remember you *must gain permission in advance from your teachers to be released from class*. A-L assigned to Ms. Dwyer, M-Z assigned to Ms. Keegan. Contact them to set up your appointment.



The Transition to College

The Academy of the Holy Names cordially invites you and your parents to attend a special program for the Class of 2019.

On **Monday, April 29th, 2019** the AHN College Counseling Department is hosting **Keira Kant, Associate Dean of College Life for Residential and First-Year Programs from the College Life Division at Gettysburg College, PA**. Keira will present the following session:

Transitioning to College: Living on Your Own, Making Smart Choices, and Being Your Best YOU!

6:30 PM, Brady Center North

Topics that will be covered include: Being your own advocate, navigating safety concerns, your student rights and responsibilities, the highs and lows of college life, and avoiding risky behaviors.

Please RSVP by Thursday, April 25th:
[Transition to College RSVP Link](#)

Please contact the AHN Guidance Department at 813-839-5371 if you have any questions.

Read on for more information on resources on making a smooth transition to college...



TRANSITIONS

As we all know, the college admissions business is booming. It seems that every time we turn around, someone new stands to profit from the hype and mystique that surrounds the realm of college admissions. “Experts” are calling themselves “consultants” and promising that they can best guide you to the “land of opportunity”, test preparation companies are making the big bucks guaranteeing a rise in test scores, and books abound on “the secrets to gaining entrance” to selective institutions.

For better or for worse, there is no shortage of places to turn for advice on college admissions. The upside of this surge in college admissions resources is that attention is also being paid to the need for guidance in making a smooth transition to the collegiate world once you make it past the gate. Go to any bookstore and you will find oodles of books for both students and parents on adapting to college life.

Some of the better books on this subject include:

The Freshman Survival Guide: Soulful Advice for Studying, Socializing and Everything Between by Nora Bradbury-Haehl and Bill McGarvey.

Letting Go: A Parents' Guide to Understanding the College Years, by Karen Levin Coburn and Madge Lawrence Treeger

The Launching Years: Strategies for Parenting from Senior Year to College Life, by Laura Kastner and Jennifer Wyatt

The Naked Roommate: And 107 Other Issues You Might Run Into in College, by Harlan Cohen

How to Survive Your Freshman Year, Hundreds of Heads

I'll Miss You Too, by Margo Bane Woodacre and Steffany Bane.