



2018 Spaulding High School CROSS COUNTRY

<u>Day</u>	<u>Date</u>	<u>Site/Opponent</u>	<u>Race</u>	<u>Dismiss</u>	<u>Bus</u>
Mon.	Aug. 27	@ S. Burlington Class Races – R.R. SCRIMMAGE/EXHIBITION RACE	3:30	1:30	1:45
Sat.	Sept. 1	@ Essex Invitational	9:00 am	-----	7:15
Sat.	Sept. 8*	HOME Invitational @ Millstone Hill	10:00 am	-----	-----
Tues.	Sept. 11	@ Mt. Abraham	3:30	1:00	1:15
Sat.	Sept. 15	@ BFA St. Albans Invitational	9:30 am	-----	7:15am
Tues.	Sept. 18	@ Milton	3:30	1:00	1:15
Sat.	Sept. 29	@ U-32 Invitational	1:00	-----	11:15
Sat.**	Oct. 6**	@ Thetford Woods Trail Run	10:00	-----	8:15
Tues.	Oct. 9	@ BFA Fairfax Relays	3:30	1:15	1:30
Sat.	Oct. 13	@ Harwood Invitational	1:00	-----	11:15
Tues.	Oct. 16	@ Hazen	4:00	2:15	2:30
Sat.	Oct. 20	@ NVAC Championships @ MVU	2:30	-----	10:45
Mon.	Oct. 22	@ Enosburg Invitational	4:30	1:45	2:00
Sat.	Oct. 27*	State Championship @ Thetford	11:00	-----	8:30
Sat.	Nov. 10	NE Championships @ TBA	TBA	-----	TBA

* = ACT Testing Date
** = SAT Testing Date

For updates please visit the athletic link at: www.shsU61.org

October 3, 2018