

DPS 2018-19
Dalton Middle School

JAN 7-11

PIZZA LINE
Tuesday

Pizza
Marinara Sauce
Leafy Green Salad
Corn
Fresh Fruit

SANDWICH LINE
Tuesday

Chicken Sandwich
Cheeseburger
Veggie Fries
Carrot Sticks
Fresh Fruit

VARIETY
Tuesday

Sweet-n- Sour Chicken
Fried Rice
Egg Rolls
Oriental Vegetable
Fresh Fruit

SPANISH
Tuesday

Taco Tuesday /Beef
Sour Cream
Pico de Gallo
Shredded Lettuce
Fresh Fruit

KITCHEN B
Tuesday

Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Wednesday

Pizza
Marinara Sauce
Leafy Green Salad
Broccoli Salad
Fresh Fruit

Wednesday

Chicken Sandwich
Turkey or Ham
w/ Cheese
Lettuce/Tomato/Pickles
Sweet Potato Fries
Fresh Fruit

Wednesday

Boneless Buffalo
Chicken
Garlic Toast
Sweet potato
Leafy Green Salad
Fresh Fruit

Wednesday

Queso & Pork
Carnitas Nachos
Rice
Fresh Pico/Salsa Verde
Shredded Lettuce
Fresh Fruit

Wednesday

Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Thursday

Pizza
Marinara Sauce
Leafy Green Salad
Black Bean Salad
Fresh Fruit

Thursday

Chicken Sandwich
Philly Beef Sub
Sauteed onions & Peppers
Sweet Potato Fries
Fresh Fruit

Thursday

Chicken Casserole
Steamed Broccoli
Cranberry sauce
Leafy Green Salad
Fresh Fruit

Thursday

Buffalo Dip
Pico de Gallo/Salsa Verde
Carrot & Celery Sticks
Leafy Green Salad
Fresh Fruit

Thursday

Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Friday

Pizza
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Friday

Chicken Tenders
w/ Sauces
Hot Dog W/Chips
Mashed Potatoes
Garlic Toast
Fresh Fruit

Friday

Chicken Tenders
w/ Sauces
Fish/ Hushpuppies
Mashed Potatoes
Garlic Toast
Fresh Fruit

Friday

Walking Tacos
Pinto Beans
Shredded Lettuce
Fresh Pico/Salsa Verde
Fresh Fruit

Friday

Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

JAN 14-18

Monday

Pizza
Marinara Sauce
Leafy Green Salad
Celery/Carrot Sticks
Fresh Fruit

Monday

Chicken Sandwich
BBQ Sandwich
Baked Beans
Cole Slaw
Fresh Fruit

DMS

Monday

Boneless Buffalo
Chicken
Garlic Toast
Sweet potato
Leafy Green Salad
Fresh Fruit

Monday

Chicken Fajita
Nachos
Black Beans
Fresh Pico/Salsa Verde
Shredded Lettuce
Fresh Fruit

Monday

Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Tuesday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Corn
Fresh Fruit

Tuesday
Chicken Sandwich
Cheesebuger
VeggieFries
Lettuce/Tomato/Pickle
Fresh Fruit

Tuesday
Lasagna
Garlic Toast
Steamed Broccoli
Green Leafy Salad
Fresh Fruit

Tuesday
Taco Tuesday
Fresh pico
Sour cream
Mexicorn
Fresh Fruit

Tuesday
Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Wednesday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Steamed Broccoli
Fresh Fruit

Wednesday
Chicken Sandwich
Turkey Or Ham Sub
Lettuce/Tomato/Pickles
Veggie Fries
Fresh Fruit

Wednesday
Breakfast For Lunch
Sausage/steak/Chicken
Diced Red Potatoes
Apple Crisp
Egg Omelet/Biscuit

Wednesday

Wednesday
Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Thursday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Roasted Garbanzos
Fresh Fruit

Thursday
Chicken Sandwich
Philly Beef Sub
Sauteed Onions
& Peppers
Green Beans
Fresh Fruit

Thursday
BBQ Plate
W/ Chip
Garlic Toast
Baked Beans
Fresh Fruit

Thursday
Buffalo Dip
Fresh Pico
Shredded Cheese/Lettuce
Corn
Fresh Fruit

Thursday
Chicken Sandwich
Pizza
Or
yogurt Box
Fresh Fruit

Friday
Pizza or Calzone
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Friday
Chicken Tenders
Garlic Toast
Breaded Squash
Hot Dog W/Chips
Fresh Fruit

Friday
Chicken Tenders
Garlic Toast
Breaded Squash
Fish W/Hushpuppy
Fresh Fruit

Friday
Walking Tacos
Shredded Lettuce/Cheese
Fresh Pico/Salsa Verde
Pinto Beans
Fresh Fruit

Friday
Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

JAN 21-25

Monday
Pizza
Marinara Sauce
Leafy Green Salad
Corn
Fresh Fruit

Monday
Chicken Sandwich
BBQ Sandwich
Veggie Fries
Coleslaw
Fresh Fruit

Monday
Country Fried Steak
Biscuit
Mashed Potatoes/Gravy
Green Beans
Fresh Fruit

Monday
Chicken Fajita Nachos
Black Beans
Fresh Pico/salsa Verde
Shredded Lettuce/Tomato
Fresh Fruit

Monday
Chicken Sandwich
pizza
Or
Yogurt Box
Fresh Fruit

Tuesday
Pizza
Marinara Sauce
Leafy Green Salad

Tuesday
Chicken Sandwich
Cheesesburger
Lettuce, Tomato, Onion

Tuesday
Spaghetti
Garlic Toast
Steamed Broccoli

Tuesday
Taco Tuesday
Fresh pico
Shredded Cheese

Tuesday
Chicken Sandwich
Pizza
Or

Celery/ Carrot Sticks
Fresh Fruit

Veggie Fries
Fresh Fruit

Leafy Green Salad
Fresh Fruit

Mexicorn
Fresh Fruit

Yoqurt Box
Fresh Fruit

Wednesday

Pizza
Marinara Sauce
Leafy Green Salad
Broccoli Salad
Fresh Fruit

Wednesday

Chicken Sandwich
Turkey or Ham Sub
Lettuce, Tomato
Sweet Potato Fries
Fresh Fruit

Wednesday

Fried Chicken
Mashed Potatoes
Green Beans
Biscuits
Fresh Fruit

Wednesday

Queso & Pork
Carnitas Nachos
Rice
Fresh Pico/Salsa Verde
Shredded Lettuce
Fresh Fruit

Wednesday

Chicken Sandwich
Pizza
Or
Yoqurt Box
Fresh Fruit

Thursday

Pizza
Marinara Sauce
Leafy Green Salad
Black Bean Salad
Fresh Fruit

Thursday

Chicken Sandwich
Philly Beef Sub
Sauteed Onions
& Peppers
Chips
Fresh Fruit

Thursday

Mozarella
Cheese Sticks
Marinara Sauce
Lima Beans
Steamed Broccoli
Fresh Fruit

Thursday

Buffalo Dip
Fresh Pico
Celery & Carrot Sticks
Shredded Lettuce
Corn
Fresh Fruit

Thursday

Chicken Sandwich
Pizza
Or
Yoqurt Box
Fresh Fruit

Friday

Pizza
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Friday

Chicken Tenders
w/ Sauces
Garlic Toast
French Fries
Hot Dog W/Chips
Fresh Fruit

Friday

Chicken Tenders
w/ Sauces
Garlic Toast
French Fries
Fish W/ Hushpuppies
Fresh Fruit

Friday

Walking Tacos
Shredded Lettuce/Cheese
Fresh Pico
Corn
Fresh Fruit

Friday

Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

JAN 28-31

Monday

Pizza
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Monday

Chicken Sandwich
BBQ Sandwich
Baked Beans
Coleslaw
Fresh Fruit

Monday

Grilled Cheese
W/ Chili
Chips
Leafy Green Salad
Fresh Fruit

Monday

Chicken Fajita Nachos
Black Beans
Fresh pico
Shredded Lettuce/Cheese
Fresh Fruit

Monday

Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Tuesday

Pizza
Marinara sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Tuesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Pickle
Veggie Fries
Fresh Fruit

Tuesday

Sweet-N-Sour Chicken
Fried Rice
Egg Roll
Oriental Vegetables
Fresh Fruit

Tuesday

Chili Cheese Fries
Fresh Pico
Sour cream
Mexicorn
Fresh Fruit

Tuesday

Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Wednesday

Wednesday

Wednesday

Wednesday

Wednesday

Pizza
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Chicken Sandwich
Turkey Or Ham
Sub Sandwich
Lettuce/Tomato/Pickles
Sweet Potato Fries
Fresh Fruit

Boneless Buffalo
Chicken
Sweet Potato
Garlic Toast
Leafy Green Salad
Fresh Fruit

Queso & Pork
Carnitas Nachos
Fresh Pico
Shredded Cheese/Lettuce
Salsa Verde
Fresh Fruit

Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Thursday

Pizza
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Thursday
Chicken Sandwich
Philly Beef Sub
Sauteed Onions
& Peppers
Chips
Fresh Fruit

Thursday
Chicken Casserole
Steamed Broccoli
Cranbrry Sauce
Leafy green Salad
Fresh Fruit

Thursday
Buffalo Dip
Chips
Sour Cream
Carrot & Celery Sticks
Fresh Fruit

Thursday
Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit

Friday

Pizza
Marinara Sauce
Leafy Green Salad
Veggie Fries
Fresh Fruit

Friday
Chicken Tenders
w/ Sauces
Garlic Toast
Mashed Potatoes
Hot Dog W/Chips
Fresh Fruit

Friday
Chicken Tenders
w/ Sauces
Garlic Toast
Mashed Potatoes
Shrimp
Hush Puppies
Fresh Fruit

Friday
Walking Tacos
Shredded Lettuce
Pinto Beans
Fresh Guacamole
Fresh Fruit

Friday
Chicken Sandwich
Pizza
Or
Yogurt Box
Fresh Fruit